

COACHING SKILLS

A two day workshop providing leaders and managers with the skills to coach their staff and teams.



In the current financial climate provider organisations have to do more for less. Managers and leaders in human services are a precious resource. They are the bridge between organisations and their staff and the quality of the support the organisation provides. Managers are the main point of human contact through which to shape practice and steer staff development.

Supervision and appraisal training is most often provided. They are a blunt instrument in delivering a quality, competent, self-reliant and well workforce. Coaching offers something more; a growth mindset.

The workshop explores

What coaching is, how it adds value & differs from other ways of working.

Stages in a coaching process.

Using coaching in the context of supervisory relationships.

The stages of coaching discussions and coaching relationships & managing those well.

Key coaching skills.

Coaching and neuroscience (creating enough space for people to think and grow).

Evaluating coaching impact, supporting growth and evidencing individual & team progress.

Plenty of practice.

Presenters in Partnership

Judith North



Judith has over 30 years of international experience and expertise in challenging her own thinking and coaching others to do the same, using their thoughts to be the people they aspire to be and overcome self-created barriers to maximum performance. Judith works with people who are neuro-diverse, have significant reputations and whom organisations describe as challenging.

Stewart Greenwell



Stewart was director of social services in both Torfaen CBC and Newport City Council, an academic for 10 years at Bristol Polytechnic and the University of Bath. His interests lie in the involvement of and control for people who get support through, amongst many things, improving practice. Stewart is currently completing a qualification in coaching and mentoring, following his interest in developing organisational and team 'coaching cultures'.

Feedback from previous participants

"The practical emphasis & getting a chance to be coach and coachee really clicked with me and helped me to understand what coaching entails"

"This course taught me a lot about myself and how to coach others on their journey"

"I learned more than I expected, really made me see a difference approach to working with colleagues and what good practice looks like"

The course costs £75 plus VAT per day. 15 places max per session

Please note, lunch is not provided unless otherwise specified and not all of our venues have lunch facilities, we therefore advise you to bring your own.

If we do not have an open course coming up please contact us if you'd like to discuss buying this course directly for your organisation.

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