



Orenda means the power in people to create change in themselves and the world

THINK ON IT

think on it offers participants a way to develop their thinking, see possibilities and take action that delivers the outcomes they want.

Our experience suggests that increasingly we are required to think and act in complex, stressful situations at speed.

Given the number and complexity of decisions we make in our work and personal lives we don't invest as much in developing our ability to think and operate with clarity as we ought to. This is a chance to learn to do that.

thinkonit is a deliberate and disciplined process, which, with regular practice, transforms thinking from being haphazard and reactive into conscious consideration.

The approach grows out of the understanding that unguided and left to roam much of our mental effort is wasted, inefficient and emotionally overloaded. With a simple, structured process to follow the brain works with more ease offering significantly greater clarity and focus for you and others who work around you.



The benefits of think on it

- The ability to carve thinking space into the most frenetic operating contexts
- The ability to treat yourself and others with kindness no matter how hard the decisions and actions we have to take
- A greater willingness to face your own and others thinking biases with courage, confidence and honesty
- Clearer insight into what is in your control
- Greater resilience, focus and self confidence