



The Regan Metcalfe Memorial Award



Regan Metcalfe has been a friend and supporter of The Care Leavers' Foundation for many years and for the whole of her short life a powerful energy force and a campaigner for change. Regan sadly passed away on 4th June 2016 following a period of devastating illness. Between bouts of hospitalisation and being confined at home to her bed, Regan remained determined to continue with the work that was her life and her passion. Regan had developed a training company specialising in educating social workers, foster carers, residential workers, police officers, mental health workers, and a wide range of other professionals in the understanding and management of self-harm. She was also a panellist on the New Belongings team; she was a person who, despite her early difficulties, loved her life and loved her work. Her one aim was to work to create a world where life both in care and after care was a little easier for those who came after her. She also campaigned on changes in the mental health system to improve understanding of the needs of young people in or from the care system and changing attitudes to self-harm.



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This special grant of up to £1,000 will be made annually out of a specific fund that will be established in Regan's memory as part of The Care Leavers' Foundation's ongoing grants programme. It will be awarded to a care leaver who is using their talents and skills to improve the lives of care leavers who come after them.

