

For repeat contraception think GP first

Sexual Health Service

Isle of Wight 
NHS Trust



We aim to provide a clinically excellent, efficient service in a supportive, non judgemental environment.

Defining Sexual Health

“Sexual health requires a positive and respectful approach to sexuality and sexual relationships and for sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled.”

adapted from *WHO, 2006*

What we will talk about today...

- Where we are & who we are
- Our provision of services to young people
- Consent & delay
- Safeguarding
- Child protection
- Sexual Offences Act/The Law
- Confidentiality

What we do....

- Contraception provision – first supply or coil / implant fit
- STI testing & treatment (inc partner notification)
- HIV care
- Hep A&B & HPV vaccinations for MSM
- Unplanned pregnancy/abortion care (by GP Ref)
- Psychosexual Counselling (by GP or healthcare professional referral)
- Vasectomy clinic (by GP referral)
- Prison inreach clinics
- Mental health services inreach clinics
- Young, vulnerable people outreach nurse
- FSRH training/student placements
- Tier 1 training
- Sexual Health & Wellbeing sessions in schools

Where we are...



Let's have a look around...





An example of our clinic rooms used for sexual history taking & examinations





We are a very busy service and people are seen for lots of different reasons.



Who we are..

We are diverse individuals of different backgrounds, genders, sexual orientations, qualifications and areas of speciality, working together to provide free advice and support in a non-judgemental environment.

SHS services for young people

- Appointments and emergency walk-ins
- Young people's (18s and under) drop in clinics

SHS Tuesdays 2.30-5pm

Ryde Health & Wellbeing Clinic 2.30-5pm

- Outreach visits as needed.
- Sexual Health & Wellbeing sessions in IOW secondary schools for years 9 and 10.
- Tier 1 training for those working with young people
- Contraception for transgender service users

Safeguarding

- Professionals working with young people are not required by law to report knowledge of under 16s sexual activity to the police.
- Any professional who knows or believes a young person is at risk of harm should not promise confidentiality. This information must be shared with the designated Child Protection lead within your agency.
- Do you know the Safeguarding/Child Protection lead in your organisation?

Fraser Guidelines- working with Under 16's

- Does the young person understand the advice given, including any potential risks and benefits?
- Has the value of parental / adult support been encouraged?
- If unwilling to discuss with parent / adult, have the reasons for this been discussed?
- Is the young person likely to begin or continue to have sex, with or without condoms or contraceptives?
- Is the young person's physical or mental health likely to suffer unless he / she receives contraceptive advice or treatment?
- Is it considered to be in the young person's interest to give contraceptive advice or treatment, including condoms?

Lord Fraser (1985)

Sexual Offences Act 2003

- The legal age of consent is 16 for both women and men, regardless of their gender or sexual orientation.
- If a young person under 13 is involved in sexual activity,
consent is not possible.

This is always a Child Protection issue and must be passed to safeguarding, health/social services, police.

Sexual Offences Act 2003

- It is an offence for anyone to have any sexual activity with a person under the age of 16. **HOWEVER:**

Home Office guidance is clear that there is **NO** intention to prosecute teenagers under the age of 16 where they are of a similar age and there is mutual consent.

(Home Office, (2004) Children and Families: Safer from Sexual Crime – The Sexual Offences Act 2003, London: Home Office Communications Directorate)

- It is also an offence for people who hold a position of trust (for example a teacher or key worker) to have any sexual contact with a person under the age of 18.

Under 16s: as professionals we must consider the following:

- Do they have a mental illness or learning disability that could impact on informed consent and decision making?
- Who else are they sharing their information with?
- Alcohol, drugs and substance misuse? Can they give informed consent? Do they need further support?
- Are we concerned about grooming? Are there issues with power/aggression/coercion or bribery?
- Take time out to listen to the young person, is there anything else that their body language is saying?

Safeguarding young people in SHS

- Under 18 proforma inc. Fraser guidelines
- Access to PARIS for 13-18 years as appropriate
- Quarterly safeguarding peer reviews with hospital safeguarding team
- Attendance at METRAC meetings
- Liaison with schools & children's ward
- MDT meetings as required
- Joint working with specialist young people's services, i.e Barnardos

Delay...

Let's think about what this means...

- waiting until **YOU** are ready to have sex
- it's ok to say no... **NO** means **NO**
- there are lots of ways to show affection
 - Talking, having a laugh, sharing interests, holding hands, cuddling & kissing
- your feelings
- no pregnancy or STI risk
- already had sex? It's ok to **WAIT** until having sex again

Consent.....

- What do we mean by consent?
- Sex should feel right, comfortable and safe
- Only have sex if both people want to
- Do not have sex if someone says no
- Do not do anything with someone that they do not consent to, say they don't like, makes them feel unsafe
- If you or someone is under the influence of alcohol or drugs you may not make safe choices, consent to sex or remember consenting to sex

Confidentiality

- What does this mean?
- Who might we need to share information with?
- Openness and transparency to the young person.

Signposting/where to get help

<http://www.chrysalis-gii.org/chrysalis-gender-identity-issues>

<https://mermaidsuk.org.uk/>

www.brook.org.uk

www.breakoutyouth.org.uk

Sexual Health Service

Tel 01983 534202

Email: SexualHealthapp@iow.nhs.uk

Or: iowsexualhealth@nhs.net(secure)

Safeguarding concerns:

Tel: 0300 300 0901

Email: iowcsprofessional@hants.gov.uk

Only on the Isle of Wight
is everyone TRULY
welcome at the Sexual
Health Service!

