

Teenage Behaviours and Relationships

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Barnardo's IOW U-Turn
Service

Activity

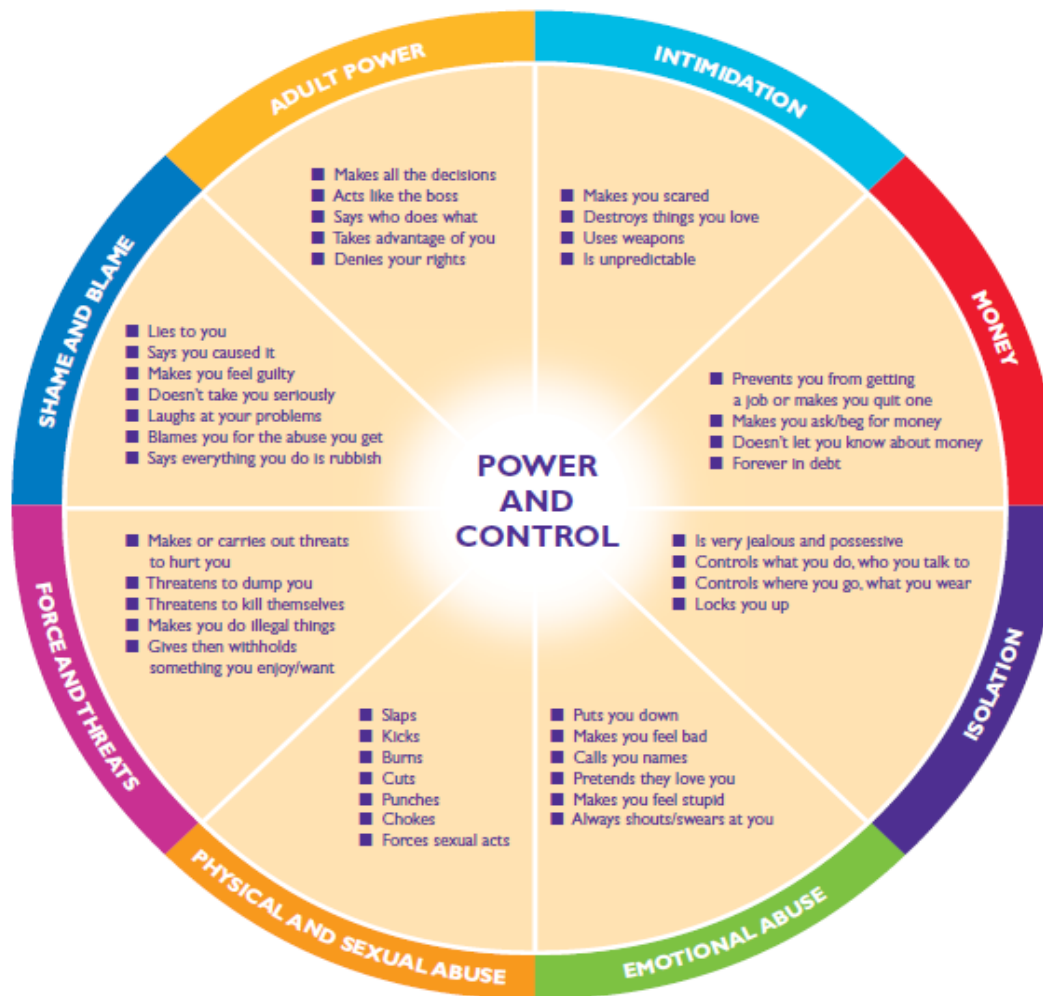
Activity

- Hides their relationship from other people
- Makes you feel safe and secure
- Sending naked images to each other
- Introducing them to their friends and family
- Giving presents
- 650 text messages sent in a month
- Controls what you do and who you talk to
- Speaks nicely to you

Recipe for a healthy relationship?



Power and Control Wheel



What does this mean for teenagers?

The Teen Brain



What can we do?

- Role model healthy relationships with the clients that we work with
- Go back to basics and do not assume children and young people know what a healthy relationship looks like
- Understand the context

And finally....

In order to develop normally a child requires progressively more complex joint activity with one or more adults who have an irrational emotional relationship with the child. Someone's got to be crazy about that kid. That's number one. First, last and always

(Bronfenbrenner quoted in NSCDC 2004)