



CHILD SEXUAL ABUSE NEWSLETTER

WHAT IS CHILD SEXUAL ABUSE?

“Involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening.

The activities may involve physical contact, including assault by penetration (for example, rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing.

They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse.

Sexual abuse can take place online, and technology can be used to facilitate offline abuse.

Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.” *Working Together to Safeguard Children*

CHILD SEXUAL ABUSE TOOLKIT

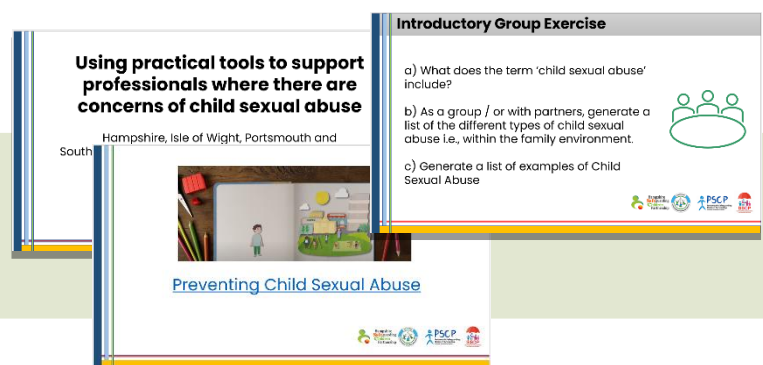
The **HIPS Child Sexual Abuse toolkit** has been developed to support all professionals who work with children and young people and their families. The material is free to access and available to all agencies/organisation on the Isle of Wight.



Learning Pack for staff training: includes Session Plan; Delivery PowerPoint; Case Study to support session plan and PowerPoint.

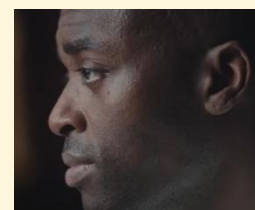
Included in the toolkit:

- What child sexual abuse is
- Information on identifying, reporting and assessing child sexual abuse
- Support and interventions
- Prevention
- Resources
- Case studies
- Learning Pack (see below)

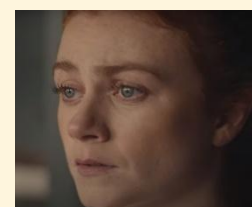


RESOURCES FOR PARENTS & CARERS

- ★ Barnardo's [Support for parents and carers Child Sexual Abuse and Exploitation](#)
- ★ Barnardo's [Support for parents and carers: Six things you should know about Child Sexual Abuse](#)
- ★ NSPCC [Talk PANTS Campaign](#): A simple conversation to help keep your child safe from Child Sexual Abuse
- ★ [NSPCC](#) provides advice and guidance on how to prevent sexual abuse and keep children safe.
- ★ [Preventing and responding to child sexual abuse toolkit](#) for parents and carers
- ★ [Preventing and responding to child exploitation toolkit](#) for parents and carers



[NSPCC Better safe video 1](#)



[NSPCC Better safe video 2](#)

NSPCC LEARNING PODCAST SERIES

[Recommendations for Change](#): **A detailed exploration of the Independent Inquiry into Child Sexual Abuse final recommendations, and what they mean for professionals working with children.**

The Independent Inquiry into Child Sexual Abuse (IICSA) published its final report in October 2022. The report was a comprehensive examination of institutional failings to protect children from sexual abuse, demonstrating the need for a wholesale change in how child sexual abuse (CSA) is tackled. The report highlighted 20 key recommendations that would contribute towards this change.

This five-part podcast series explores these recommendations in more detail.

[Episode 1: An introduction to IICSA](#)

[Episode 2: The importance of data](#)

[Episode 3: Children in care](#)

[Episode 4: Online safety](#)

[Episode 5: Justice and redress](#)

NSPCC Learning

LEARNING & DEVELOPMENT

A range of FREE learning and development opportunities in relation to child sexual abuse are available to those working with Isle of Wight children and families:

- > Child Sexual Abuse, Sexual Exploitation and Group Based Harm
- > An Introduction to Child Sexual Abuse
- > Putting the Child Sexual Abuse Response Pathway into Practice
- > Spotting the signs and indicators of child sexual abuse
- > Speaking to Children about Child Sexual Abuse
- > An Introduction to Female Genital Mutilation (FGM)

For more course information and booking links visit:

www.iowscp.org.uk/training

CENTRE OF EXPERTISE

The [Centre of expertise on child sexual abuse \(CSA Centre\)](#) note that sadly, child sexual abuse is a very common type of harm.

We estimate 1 in 10 children are sexually abused by the age of 16 in England and Wales.

To identify, respond to and prevent it, we need to have a good understanding of the essential facts about child sexual abuse.



The likelihood of experiencing child sexual abuse **does not vary significantly with ethnic group** in England, but people from some minority ethnic communities **face barriers to reporting abuse**

CENTRE OF EXPERTISE INFOGRAPHICS

Download the info graphics at [Infographics | CSA Centre](#)



Currently:



Child sexual abuse is rarely uncovered and most children are unlikely to tell at the time.



Provide dedicated training so professionals have confidence to recognise the signs and indicators of child sexual abuse



Safeguarding professionals, are not getting the training and development they need to address concerns of child sexual abuse with confidence.

The most serious and repeated offences are more likely to be committed by **known persons**



For boys, abuse by authority figures is more common



For girls, abuse by family members is more common

CSA RESPONSE PATHWAY

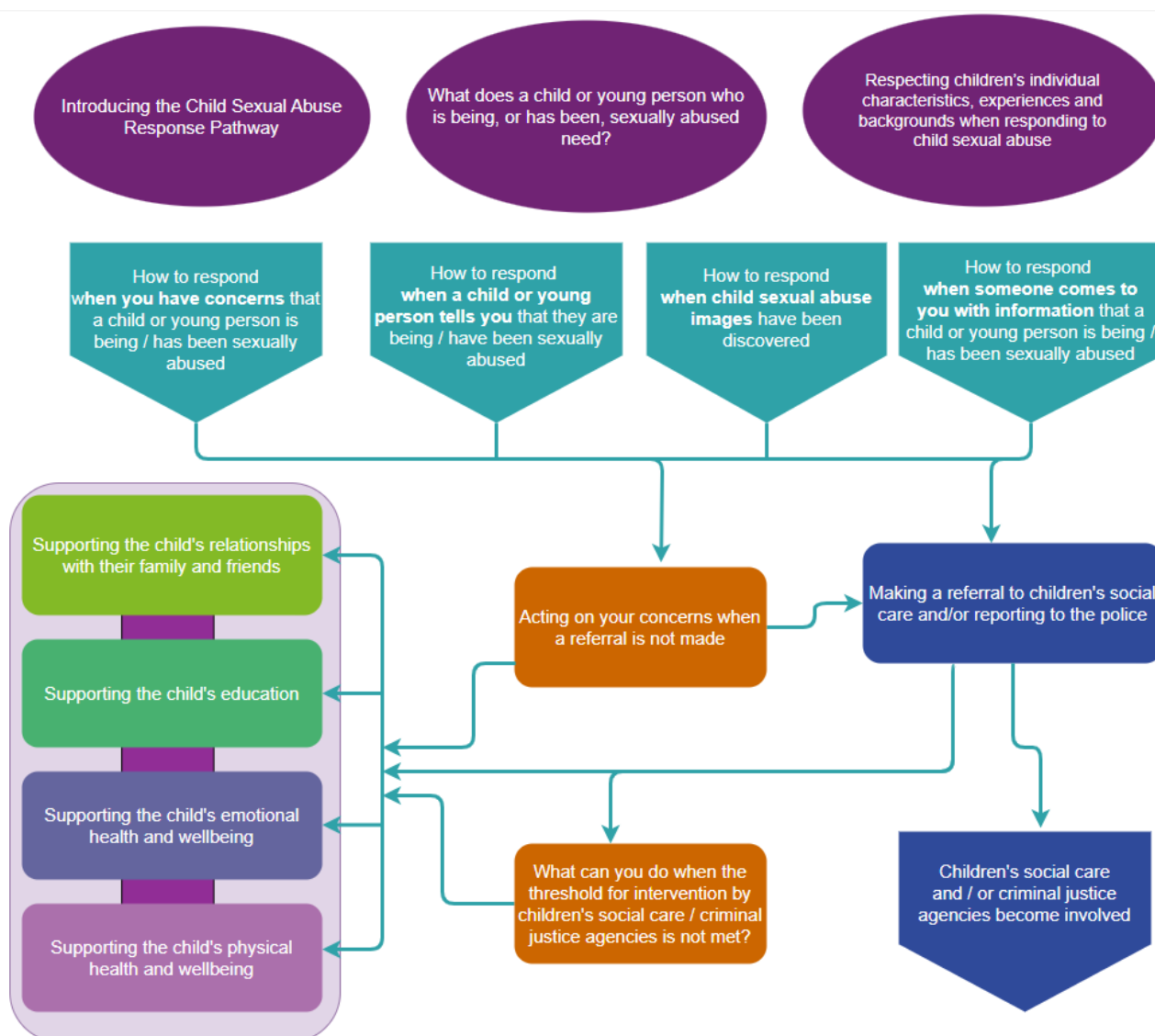
The [Child Sexual Abuse Response Pathway](#) is an interactive online resource to guide professionals through how they can protect and support children and their families when there are concerns of sexual abuse.

This step-by-step resource is centred on children's needs, how they are feeling and what they hope will happen.

It is designed to support professionals in identifying and responding to child sexual abuse, and empower them to learn more about the role they, and their colleagues, can play to best protect and support children.

It doesn't just tell professionals what to do, it helps them understand how to do it.

The Response Pathway sets out how to respond to concerns of child sexual abuse at key points: from first concerns and early help safeguarding through to child protection and criminal justice responses. Throughout, it focuses on meeting the needs of children and their families.



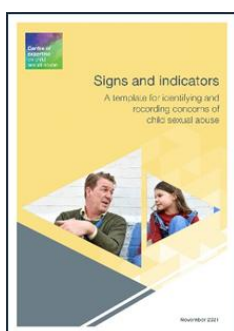
ADDITIONAL RESOURCES

- [Child-on-Child Abuse toolkit](#)
- [Child Exploitation toolkit](#)
- [HIPS Procedures](#)
- [NSPCC: Child Sexual Abuse](#)
- [Barnardo's Six things you should know about Child Sexual Abuse](#)
- [NSPCC TV ad, 'Say Something' 60 SEC](#)
- [IOWSCP Thematic Audit: The multi-agency response to child sexual abuse practitioner briefing](#)

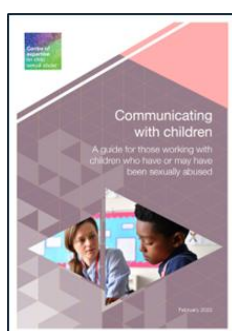
RAISING AWARENESS FACTSHEETS

- [Raising Awareness for public, including parents and carers](#)
- [Raising Awareness for Professionals](#)
- [Myth busting](#)

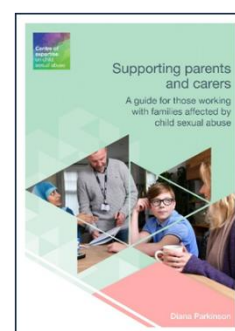
CSA CENTRE GUIDES



A [template](#) for professionals to identify and record concerns of child sexual abuse

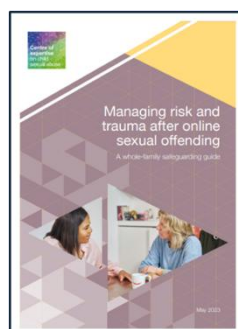
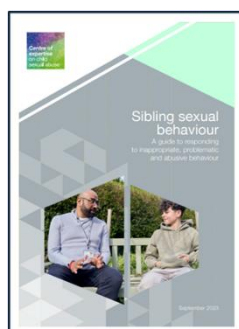
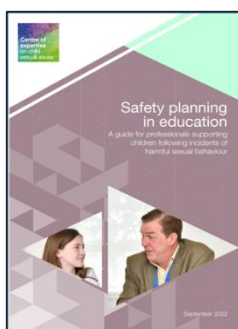


A [guide](#) for professionals working with children who have or may have been sexually abused



A [guide](#) for professionals working with families affected by child sexual abuse

FURTHER PRACTICE RESOURCES:



SUPPORTING ORGANISATION

The following organisations offer support to those affected by child sexual abuse:

The Survivors Trust

A national membership organisation supporting specialist rape and sexual abuse services in the voluntary sector. Member agencies provide a range of specialist services to survivors including counselling, support, helplines and advocacy services for women, men, non-binary people and children. These agencies are mostly charities and are completely independent of the police.

<https://thesurvivorstrust.org/support-in-your-area/>



Rape Crisis helpline

0808 500 2222

You can contact the 24/7 Rape & Sexual Abuse Support Line and speak to a specialist – at any time of the day or night.

www.rapecrisis.org.uk



National Association for People Abused in Childhood

0808 801 0331

Provides a UK-wide support line for adults who have suffered any type of abuse in childhood including physical, sexual, emotional abuse or neglect.

<https://napac.org.uk/>



SurvivorsUK

Supporting male and non-binary survivors of sexual violence, providing counselling, practical help and community on your healing journey.

www.survivorsuk.org/helpline/#section-2

