

VOLUNTEER OPPORTUNITIES – LONG TERM

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Volunteering Activity	Details	Date, times & Duration	Location	Other information	Staff contact	Apply by
ESOL READING AHEAD PROJECT	Do you have excellent reading and communication skills? Are you confident in listening to ESOL learners read? Are you able to support ESOL tutors across 10 libraries and encourage ESOL students to read for 30 minutes? If you are then please get in touch, as soon as you can, to take part in this ever so popular project. You will be able to choose your preferred library and will be	Training: Monday 4th December 2017 1.30pm to 4.30pm Friday 8th December 2017 9.30am to 12.30pm You only need to attend one of these dates.	Across the Newham libraries	<ul style="list-style-type: none"> Interviews will be scheduled in 2 weeks after your details have been forwarded on/ Training will be provided/ Timetable for your preferred library will be provided once you have been interviewed/ Need to be available for a minimum of 6 weeks 	Kolsuma Miah Kolsuma.miah@activenewham.org.uk	ASAP
VOLUNTEER SUPPORT FOR POLICE CADETS	We have an exciting opportunity to work with the Met Police. The Met Police are looking for volunteers to help with organising and assisting cadets whilst at their weekly meetings and volunteer events. The Met Police will be holding an information session which will outline the work they carry out and what your duties will be. If uniform is required then uniform will also be provided.	Jan 2018, ongoing	Across Newham	Travel and lunch expenses can be reclaimed from the Met Police.	Kolsuma Miah Kolsuma.miah@activenewham.org.uk	Friday 22nd December 2017

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ARCHIVE RESEARCH AND ORAL HISTORY VOLUNTEER WITH NEWHAM NEW DEAL PARTNERSHIP	<p>Discovering Stratford Village is a two year project aimed at engaging residents and workers of Stratford Village in researching the working lives of past and current residents through archive research and oral history collection.</p> <p>Discovering Stratford Village aims to chart and celebrate the economic and social history of "Stratford Village" over 100 years through the working lives of residents and local businesses.</p> <p>The project offers opportunities to volunteers to carry out oral histories and archival research and to help create a public talks programme, a website, a walks app and a guided walks programme.</p>	<p>Jan 2018 to Dec 2018</p> <p>Second Tuesday of each month</p> <p>6.30pm to 8.30pm</p>	Stratford	<p>-NNDP are looking for a minimum of 12 hours, plus time for training where this is offered. However, ideally, for a consistent experience and for references we suggest a minimum of 1 day p/month for 6 months.</p> <p>-When contacting Newham's Volunteers please be clear on which role you are applying for and the role description will be provided.</p> <p>-Training will be provided for both roles</p>	<p>Kolsuma Miah</p> <p>Kolsuma.miah@activewham.org.uk</p>	Friday 22nd December 2017
YOUTH OFFENDING PANEL VOLUNTEERS	<p>Are you interested in supporting young people who have found themselves on the wrong side of the law? If so, we have a wonderful opportunity for volunteers to become panel members with our youth offending team.</p> <p>Your role involves meeting young people who have been found guilty of a crime and given a referral order. You will decide on</p>	<p>Training times to be confirmed nearer to the time</p>	Canning Town	<p>If you decide to take the role on you will be required to attend training which will begin on Monday 25th January. Times TBC</p> <p>Once trained you will be asked to support the panels which take place two evenings a week on a rota basis depending on volunteer availability.</p> <p>As this is a very sensitive role which involves full training and a DBS check we ask that you think carefully about your ability to do it before signing up.</p>	<p>Kolsuma Miah</p> <p>Kolsuma.miah@activewham.org.uk</p>	

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	<p>what steps that young person must take to make amends for what they have done</p> <p>This role will suit those of you interested in the criminal justice system but equally, to those of you who have an interest in making a difference to the lives of young people within our community.</p>					
BECKTON GLOBE COMMUNITY NEIGHBOURHOOD TEAM – VARIOUS ACTIVITIES	<p>Beckton Globe community neighbourhood team are looking for some volunteers to support a number of various activities including:</p> <ul style="list-style-type: none"> • Toy Library • Get Connected • Knit & Natter • Chess club • Popcorn Film club 	Various days and times:	Beckton Globe	<p>If you require any more details on the days and times of the activities, then please contact Alison Mitchell.</p> <p>You should be friendly and enjoy working with the public and have good customer care skills</p> <p>No experience is necessary</p>	<p>Alison Mitchell Alison.mitchell@activewham.org.uk</p>	ASAP
FOREST GATE COMMUNITY NEIGHBOURHOOD TEAM – HOMEWORK CLUB	<p>Forest Gate community neighbourhood team are looking for some volunteers to assist with their homework club. You will be helping children with their homework, reading and general education.</p>	Every Saturday 10.30am - 12.30pm	Forest Gate	<p>You should enjoy working with young children and be approachable.</p>	<p>Alison Mitchell Alison.mitchell@activewham.org.uk</p>	ASAP
CAFÉ ASSISTANT	<p>A great opportunity has risen for anyone looking to gain some customer service skills and obtain</p>	2 Days a week	East Ham	<ul style="list-style-type: none"> - Meal and refreshments whilst on duty. - Development of catering skills awareness and training on food hygiene. 	<p>Kolsuma Miah Kolsuma.miah@activewham.org.uk</p>	ASAP

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	some experience in working in the food industry. We are looking for café assistant to help a local church and centre to run their café. This opportunity will require a screening process which is a basic meeting with the café manager who will have a formal chat with you.	11.30am to 3.30am		<ul style="list-style-type: none"> - On line certification for Basic food hygiene certificate after three months. - Preparation and presentation of simple menu items - Travel expenses will be paid in cash the end of shift. - A good level of communication is required as you will be serving customers 		
LUNCHTIME COMMUNITY ENRICHMENT SUPERVISOR	We have this great rewarding opportunity for all those looking to work with young pupils at secondary level. Your role will be to supervise the young pupils and award rewards to anyone who is doing something good. Sounds cool right? Then hop on board and register your interest. There is an opportunity to progress into delivering your own games sessions during lunch time.	October 2017 For a full term (6/7 weeks long)	Plaistow	As this involves working on school premises you will need to have a current DBS certificate available. Applications and interviews will be offered as a mandatory part of this recruitment process.	Kolsuma Miah Kolsuma.miah@active newham.org.uk	ASAP
FREE COURSES WITH CNN TRAINING	There is an amazing opportunity to get some free training in SIA, Customer Service, Team Leader, Management Courses and First Aid. This is one opportunity you can't miss as these courses would normally cost a fortune! So get in touch now!	TBC after showing an interest	London	<p>Here is the criteria:</p> <ul style="list-style-type: none"> -You must be a UK resident or have permanent residency to live in the UK -You must have been employed continuously for the last 4 months (no breaks) -You must earn less than £307 a week (including tax) <p>Once you have shown in interest, your details will be forward to CNN training.</p>	Kolsuma Miah Kolsuma.miah@active newham.org.uk	ASAP

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CREATING A COMMUNITY GARDEN	A new outdoor classroom, sensory zone and community garden have been designed for Plashet Park. We are looking for volunteers to assist with weaving new grow beds, digging flower patches, installing a spiral herb garden and planting a array of dye plants and herbs over the coming months.	Thursday (starting 1 June 2017) 11am-2pm	Manor Park	This is an outdoor role and involves physical tasks therefore we require volunteers who are happy to get stuck in and get a bit mucky! Previous gardening experience is not essential as you will be supervised. Volunteers who are interested in the environment and gardening will best enjoy this role. Light refreshments and travel expenses provided.	Hannah Martindale Hannah.martindale@activenewham.org.uk	ASAP
BECKTON CREEKSIDE CONSERVATION VOLUNTEER	Thames Water are establishing a project to maintain the best possible habitats for wildlife and an enjoyable experience for visitors going along to Beckton Creek. They are looking for volunteers to help with a range of conservation tasks at this new nature reserve in East London. Tasks will depend on the season but could include: Coppicing scrub using tools such as bow saws and loppers Litter picking	Occurs the Last Friday of Every Month The Next One: Monday 23th October 2017 10.00-2.30pm	Beckton	No experience is necessary; there is something for all ages and abilities. All that is needed is an interest in the local environment and a desire to help look after it. A friendly, positive attitude and an ability to work as part of a team is also important You can either sign up for one session, a few sessions or all – it is up to you!	volunteers@activenewham.org.uk	ASAP
WEST HAM CEMETERY VOLUNTEERS NEEDED	Do you have a passion for gardening and the environment and everything green? Well if this sounds like you look no further we have a Great Opportunity Volunteering at West Ham Cemetery, Their looking for committed volunteers to help with	On-going	Forest Gate	All duties will require Volunteers to wear safety boots, Protective eye wear and Gloves which will be provided on site. Training on Machinery Travel expenses will be provided via a Toped up Oyster Card	Alisha.John-Junor@activenewham.org.uk	ASAP

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	the maintenance of the Grounds. The duties require Grass Cutting, Weeding, Blowing paths and flower maintenance.			Tea, Coffee and refreshments will be provided alongside with allocated breaks.		
NCV CONSERVATION DAY	The Conservation Volunteers would love your help in Ham Creek Wood. Have fun whilst litter picking, carrying out general maintenance tasks, path clearance, possible tree clearance and a trim and cut of the wild meadow.	Occurs the Second Sunday of Every Month 12TH November 2017 10.00-3.30pm	West Beckton	No experience required so all abilities are welcome as you will be supported by the Newham Conservation Volunteers This is a wonderful opportunity to learn some new skills whilst having fun and helping improve the environment Unfortunately, as the NCV is a very small charity, travel expenses are not covered	Alisha John-Junor Alisha.John-Junor@activenewham.org.uk	ASAP
COMMUNITY DAY CENTRE SUPPORT VOLUNTEER	The Community Resource Centre is a day centre which offers activities, lunch and stimulation to isolated older and/or disabled residents. The staff and visitors of the centre hugely benefit from the support of volunteers, which help in a varying capacity. Whether you can support an activity, share a conversation, serve meals or offer some admin support, we would love to hear from you.	This is a flexible role which requires a minimum of 4 hours per week on a day(s) of your choice (Mon-Fri)	Plaistow	Full training will be given (including safeguarding, confidentiality, lone working and understanding boundaries) This is a fantastic opportunity if you're looking to gain experience in an adult social care setting or working towards a health and social care qualification. For further information and/or to express an interest, please contact Hannah The Resource Centre has recently opened a new café and would be keen to hear from volunteers wishing to support this during the hours of 10am-2pm	Hannah Martindale Hannah.martindale@activenewham.org.uk	ASAP
PROPERTY GUARDIANS	Dot Dot Dot lets people who do great volunteering live as property	Various	Various	As a Property Guardian, there is an eligibility criteria and application process.	Habebur.rahman@activenewham.org.uk	

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	guardians in buildings that would otherwise be empty. We turn empty buildings from a blight into an asset for property owners, guardians and local communities.			You must also undertake regular volunteering as part of the conditions of taking on the property guardian role. For more info, please contact Habs.		
SUPPORTING OLDER, VULNERABLE OR ISOLATED RESIDENTS 'BEFRIENDING'	<p>Whether you would like to befriend an elderly person, support someone to go shopping, help at the local day centre or deliver books to someone that finds it difficult to leave their home, we have a number of exciting and challenging roles to suit you.</p> <p>This is an ideal role if you are looking to gain experience in a health and social care setting or simply want to help or offer company to a vulnerable/isolated person.</p>	Minimum requirement of 1 hour per week – great if your spare time is limited!!	Across Newham	<p>The role benefits from a learning support package which includes adults safeguarding, lone working and confidentiality. You will be required to undergo a DBS (formerly CRB) check. You will need to be 18+ to apply for this role.</p>	<p>Hannah Martindale</p> <p>Hannah.martindale@activenewham.org.uk</p>	ASAP
OUTDOOR LEARNING VOLUNTEER	Green Space Friendly Schools is funded by the City Bridge Trust. The Project connects local primary schools with the outdoor environment at West Ham Park. From physics experiments in the playground; inspiration for poetry in the nature gardens and dynamic maths lessons on the playing fields, the Park offers an engaging setting to enrich all curriculum subjects. We	Commitment of 3 months needed, flexible and negotiable.	West Ham	<p>We are looking for people who are available during weekdays to support sessions for up to three hours in length, as and when school bookings occur.</p> <p>More info available on request.</p>	Habebur.rahman@activenewham.org.uk	

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	are currently recruiting volunteers who are keen to support primary aged outdoor education sessions.					
CHILDREN'S CENTRE ROLES	<p>Are you interested in supporting young people and families? Are you looking for a career in childcare? If so then this opportunity may be for you.</p> <p>We are looking for volunteers to support children's centres across the borough.</p> <p>As an Early Start Volunteer you will be volunteering alongside trained professionals delivering Parent/Carer and Toddler sessions.</p>	3 hours per week on a rota basis ongoing	There are a number of sites across the borough which require support so we will try and match volunteers to their closest one	<p>This is a fantastic opportunity if you are looking for a career in childcare or working with young people. However, it is not suitable if you are looking at using this towards a childcare placement. Ideally you will be a parent.</p> <p>There is a fantastic training package along with ongoing support, supervision and mentoring</p> <p>All volunteers will require a DBS check and an induction with the Children's Centre staff.</p>	volunteers@activevenham.org.uk	ASAP

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GARDEN SUPPORT VOLUNTEERS	<p>Our partners at Cody Docks are looking for volunteers to support them with their outdoor space and gardens.</p> <p>There are a number of roles on offer including assisting in maintaining clear paths through weeding and sweeping; watering the gardens; general weeding and clearing across the site; helping in planning and planting; supporting the seed and vegetable harvesting</p>	Wednesday and Saturday from 10am-2pm	Canning Town	<p>This opportunity would suit volunteers who have an interest in gardening, community involvement, ecology, conservation and wildlife habitats</p> <p>However, if you are not sure if this is right for you they have one off 'have a go' sessions each Wednesday and Saturday for you to have a try.</p> <p>There will be lots of opportunities ongoing if you join the team including in house training, workshops and possible opportunities for paid employment in the future</p>	volunteers@activenewham.org.uk	ASAP
TOWPATH RANGERS	<p>Join a brand new team who will help to open a new part of the canal in the Olympic park, Stratford, which will also become the home of a unique double gated radial lock. Not only will the lock be the only one of its kind in the UK, but the transparent casing will give the public a chance to see its inner workings.</p> <p>As a towpath rangers you will engage with the public to let them know about the lock, restoration and newly opened waterways; Communicate some of the local heritage, with free workshops offered by the Canal and River</p>	<p>Start as soon as possible</p> <p>Volunteers should be available 2-4 hours per week and 4-5 hours for one off events. Times are flexible to suit volunteers availability</p>	Stratford	<p>There will be a half day induction for all volunteers with specific training through their buddy system as you develop in the role.</p> <p>This will suit people with an interest in waterways, love the outdoors, enjoy meeting new people and discovering new parts of London</p> <p>If you are interested you will need to complete an application form and attend the induction.</p>	volunteers@activenewham.org.uk	ASAP

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	Trust; feedback public opinion of the Bow Back Rivers and Carpenters Road Lock area; measure the number of visitors to the lock and surrounding area and monitor the towpaths and canals for signs of vandalism and repairs					
WILD EAST VOLUNTEERS	<p>Our friends at City of London are looking for volunteers to support them with 2 wonderful roles.</p> <p><u>Wild East Ambassador</u> The purpose of this role is to support the Open Spaces Learning team to raise awareness of and champion the Wild East Project. You'll be supporting the Wild East Project Officer in setting up and delivering information stalls at community hubs such as libraries. You'll help explain the project to the general public and encourage people to volunteer</p> <p><u>Wild East Welcomer</u> The purpose of this role is to support our Open Spaces Learning team to champion green spaces and connect more local people with them. You'll be welcoming people to Wanstead Flats and West Ham</p>	1 – 2 days per month – flexible to suit the availability of volunteers	West Ham and Wanstead	<p>City of London manage almost 4,500 hectares of natural open space for public recreation and health. Their green spaces, most of which are charitable trusts, are run at little cost to the communities that they serve. Their spaces are in and beyond the City of London and have over 23 million visits each year.</p> <p>There are many benefits associated with both roles including on-going support and training</p> <p>For more information please get in touch with us</p>	volunteers@activenewham.org.uk	ASAP

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	Park, through conversation, stories, use of props and activities. You'll help them to explore the hidden and remarkable story of these two spaces and how beneficial they've been to both people and wildlife. You'll also help people to discover wildlife where they least expect it.					
THE GARDEN COMMUNITY CAFE	<p>The Garden Community Café is a vibrant community space with the aim of building community spirit in Custom House. The running of the kitchen ensures a sustainable future for the café</p> <p>Your role will be to support the general running of the café by preparing and cooking food, taking orders and serving customers.</p>	One Day per week (Monday to Friday) 8am-2pm OR 10am-4pm	Custom House	<p>Full Training provided on-site; including food hygiene, health and safety and equipment demonstrations.</p> <p>Travel expenses and lunch provided</p> <p>No experience is required, but you should have a willingness to learn and help others. You should also be understanding and accepting of the wide variety of individuals that use the café, including those with mental health issues and learning difficulties.</p>	Hannah Martindale Hannah.martindale@activenewham.org.uk	ASAP
VOLUNTEER SUPPORT AT THE POWERHOUSE WOMEN ONLY TO APPLY	Volunteers will be assisting with sessions for women with learning disabilities. Duties will involve making/assisting to make drinks, talking to members, participating and assisting in sessions including art, dance, music, drama, group discussions, gardening, cooking, learn project, ICT, reporting to the session leader,	<p>Each: Monday 10am – 3pm</p> <p>Wednesday 10am – 3pm</p> <p>Friday 12pm – 1pm</p>	Canning Town East Ham	<p>The Powerhouse for Women Charity exists to provide advocacy support that promotes the rights and choices of women with learning difficulties in the society and to raise awareness of issue that affect their lives.</p> <p>As a volunteer you should have:</p> <ul style="list-style-type: none"> • Good communication skills (written and verbal). 	volunteers@activenewham.org.uk	<p>ASAP</p> <p>If you are only able to do 1 day a week please still get in touch as we can be flexible.</p>

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	any incidents or issues' issuing information packs to new referrals, representing the organisation at community meeting forums & support the users.			<ul style="list-style-type: none"> A commitment to a service which provides support to vulnerable individuals, and which is respectful and according to the individuals needs Computer literacy skills, including Microsoft Office, Outlook and internet Discretion and confidentiality Excellent facilitative and verbal communication skills Excellent phone manner <p>This is a truly rewarding role that will benefit a great organisation. Volunteers will gain experience in an admin and support role. This will look great on your CV.</p> <p>You will also get travel and lunch expenses and a reference.</p>		All those who apply will have their contact details shared so an informal chat can take place prior to be taken on
VARIOUS LIBRARY OPPORTUNITIES ACROSS THE BOROUGH	How would you like to support your local library? There are 10 libraries in Newham and they all run a series of different and exciting activities and sessions, which run during the day, in the evenings and on the weekends. Most require volunteer support. They range from: Homework clubs, chess club, do it online, storytelling, book club, stay and play, arts and crafts, family film club & movie nights,	Various days and times	Newham borough wide	<p>These opportunities are a fantastic way to gain a variety of different skills, increase your confidence levels, leadership skills and work as part of a team.</p> <p>This is also a great way to help engage the community and inspire them to become more active. No experience is necessary, just a smile on your face and lots of enthusiasm.</p>	<p>Alison Mitchell</p> <p>Alison.mitchell@active.newham.org.uk</p>	Ongoing long term opportunities

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	games club, English conversation club, toy library, community champion, get connected, basic computer skills, and so much more.			If you require specific details on any sessions in any of the libraries, please email Alison Mitchell.		
FOOTBALL CHAMPIONS LEAGUE AGE - 16 +	Are you interested in football? Would you like to get involved with assisting to run a 5-a side football tournament for 16+? Then read on! This will be for a 2 month period initially and roles will include supporting with registration, scores, event assistance, and general support.	Every Tuesday 7.00-10.00pm	Newham Leisure Centre	Football knowledge is not necessary, however we are looking for someone who has a passion for football with good customer service skills and a friendly manner.	Alison Mitchell Alison.mitchell@activeenham.org.uk	
NEWHAM & ESSEX BEAGLES ATHLETICS CLUB VOLUNTEER ATHLETICS COACHES IN TRACK AND FIELD NEWHAM & BEAGLES ATHLETICS CLUB CONNECTED SOCIAL CO-ORDINATOR	Newham & Essex Beagles is a very long established Athletics club which has been running for a number of years. They are looking for enthusiastic volunteers with an interest in athletics to support the coaches in track and field in the preparation to the world athletics championships 2017. The club will soon be relocating to the Queen Elizabeth Olympic Park and committed volunteers will be offered free training to develop their skills. They are also looking for a social co-ordinator whose role will be to	Mondays & Wednesdays 6.30-8.30pm Saturday 9.30-11.30am	Plaistow	If you have an interest in athletics and supporting a local club, then this role is for you. Free training opportunities will be offered to volunteers who show a commitment to the club. Your role will be fun, rewarding and you will have the opportunity to develop your coaching skills, working as part of a team and leadership skills. Desirable to have some experience in coaching but not essential	Alison Mitchell Alison.mitchell@activeenham.org.uk	N/A Ongoing

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	<p>organise social events, awards ceremonies, disco and quizzes.</p> <p>Skills required: Excellent people skills Enthusiasm Organisational skills Time management skills Budget management experience Event organisation experiences</p>			Desirable to have a DBS check or willing to undergo one		
NEWHAM & BEAGLES ATHLETICS CLUB CLUB VOLUNTEER PHYSIOTHERAPIST	<p>The club are currently looking for a volunteer physiotherapist to assist in the assessment, treatment and rehabilitation of the club athletes.</p> <p>The role includes:</p> <ul style="list-style-type: none"> • Educating club coaches on injury prevention and management • Assist or lead the cool down stretching sessions • Supporting the club at athletics competitions • Producing an injury audit on a monthly basis 	<p>Every Monday & Wednesday</p> <p>Time: 6.00-8.00pm</p>	Plaistow	<p>Benefits of this role will include training opportunities in partnership with England Athletics and the club will support volunteers with a continuous professional development programme.</p> <p>Requirements:</p> <ul style="list-style-type: none"> • Qualified Physio / sports masseuse or working towards the qualification • Confident in providing treatment and advice for injuries • Reliable and responsible • Friendly and approachable • Full DBS required • Will be required for 2 hours per week 	<p>Alison Mitchell</p> <p>Alison.mitchell@activenewham.org.uk</p>	N/A Ongoing
TENNIS ASSISTANTS COACHING AND ADMINISTRATION	We are looking for keen and enthusiastic volunteers who have an interest in tennis to support weekly tennis sessions in Stratford, East Ham and Newham Leisure	Every Tuesday 3.45-6.00pm	East Ham leisure centre	<p>You should enjoy working with children and have an interest in tennis.</p> <p>Desirable to have some experience in coaching but not essential</p>	<p>Alison Mitchell</p> <p>Alison.mitchell@activenewham.org.uk</p>	N/A Ongoing

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	Centre. The role will involve general help setting up sessions, administration and coaching tennis to young people.	Every Thursday 4.00-6.30pm	Newham Leisure centre	Must to have a DBS check or willing to undergo one Volunteer training will be provided to those who show a commitment to this programme		
EAST LONDON FOOTBALL ACADEMY	ELFA are a long established football academy and are looking for volunteers to support them by assisting with the coaching and mentoring of young people, refereeing matches, registration of club members and general support. Also to assist with the large number of matches they have during the weekends.	Every Saturday Time: 11.00am – 12.30pm	Manor Park	If you have an interest in football and supporting a local club, then this role is for you. Your role will be fun, rewarding and you will have the opportunity to develop your coaching skills, working as part of a team and leadership skills. Desirable to have some experience in coaching but not essential Desirable to have a DBS check or willing to undergo one	Alison Mitchell Alison.mitchell@activenewham.org.uk	N/A Ongoing
NEWHAM CRICKET CLUB	Newham cricket club are a long established club and are looking for volunteers, with some cricket experience to support them with the coaching, mentoring of young people, umpiring, scoring, registration of club members and keeping an inventory of the kit merchandise. Also, managing and coaching colts' teams and helping to get them to matches.	Every Sunday Time: 10.00am-12.00pm Every Tuesday evening from 5pm	East Ham	If you have an interest in cricket and would like to support a local sports club, then this role is for you. Desirable to have some experience in cricket.	Alison Mitchell Alison.mitchell@activenewham.org.uk	N/A Ongoing