

## VOLUNTEER OPPORTUNITIES – LONG TERM

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Volunteering Activity	Details	Date, times & Duration	Location	Other information	Staff contact	Apply by
<b>VOLUNTEER CALL CENTRE REPRESENTATIVE</b>	<p>We have got an exciting opportunity to volunteer at our very own busy Call Centre. You will need to:</p> <ul style="list-style-type: none"> <li>- Be able to speak English fluently</li> <li>- Have excellent telephone manner</li> <li>- Be flexible with your availability (weekdays, evenings and weekends)</li> <li>- Show a good level of commitment</li> <li>- Be able to work under pressure</li> <li>- Be ready to learn and work on new systems</li> </ul> <p>Training will be provided with a possibility of a Customer Service training and a job offer. This will depend on how well you grasp things during your volunteering at the call centre.</p>	<b>To start on week commencing 17<sup>th</sup> December</b>		You will be required to attend an informal chat with the Call Centre Manager and will undertake a simple test, which requires you to speak on the phone.	Kolsuma Miah <a href="mailto:Kolsuma.miah@activenewham.org.uk">Kolsuma.miah@activenewham.org.uk</a>	13 <sup>th</sup> December
<b>SCHOOL ADMINISTRATOR</b>	This is new exciting role for anyone looking to work in schools in the future. You will be working in the school reception taking calls, assisting parents, carrying out some work on the computers, working	<b>To start ASAP 8am to 4pm (you can volunteer anytime)</b>	<b>Manor Park</b>	You will be required to send in your CVs to the school and attend an informal chat. You will be required to carry out a DBs check with the school.	Kolsuma Miah <a href="mailto:Kolsuma.miah@activenewham.org.uk">Kolsuma.miah@activenewham.org.uk</a>	

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	with staff to make school resources (cutting/laminating etc) and other basic office duties.	<b>between these hours)</b>				
<b>CHARITY SHOP SUPPORT</b>	Enthusiastic volunteers are needed to help in a busy charity shop in Forest Gate. Duties will include sorting donations, pricing items, answering calls, rotating and coordinating sales.	<b>Monday – Saturday</b>  <b>One day or two half days per week</b>	<b>Forest Gate</b>	Travel and lunch expenses provided.  Full induction and training provided.  You will be required to complete an application form for this role.	Hannah Martindale <a href="mailto:Hannah.martindale@activenewham.org.uk">Hannah.martindale@activenewham.org.uk</a>	ASAP
<b>RIPPLEWAY AFC GRASSROOTS FOOTBALL CLUB</b>	Are you passionate about football? Would you like to gain some coaching skills and volunteer for a well-established football club?  Rippleway FC are looking for some volunteers to assist with coaching and management of a grassroots football team where the current age groups are U8's and U11's.  Roles will also include planning and delivering training sessions, managing match day requirements, and reporting back to the club secretary.	<b>Every Wednesday</b>  <b>5.30 – 7.00pm</b>  <b>Match days Every Sunday</b>	<b>Capel Road Forest Gate</b>	Volunteers would be required to assist with training on Wednesday evenings from 5.30 – 7.00pm and on match days which take place on Sundays.  Volunteers who show a regular commitment to the club, will be offered to be put through an FA level 1 coaching award and a DBS check.	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	Ongoing
<b>AUTUMN / WINTER PARKLIVES</b>	Parklives Autumn / Winter programme is back and it's time to get out and about in the fresh air and get some wind in your hair!!! Once again activeNewham will be	<b>Various dates and times</b>	<b>Various parks across Newham</b>	To find our more information, please contact Alison for a timetable and to sign up to a session.	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	Ongoing

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	<p>running a series of fun activities across the parks such as social tennis, tai chi, walking yoga, multi-sports, basketball and much more! Why not come along with your families and all join in with the fun while you are volunteering and keeping fit and healthy together? Everyone is welcome, mums, dads, aunties, uncles, grandparents, neighbours and friends so what are you waiting for? Just sign up and come along!</p> <p>Volunteers will help coaches to set up and down, engage people in the park to join in with the fun!!</p>			No experience is necessary, just some enthusiasm and a smile on your face!		
<b>FOREST GATE COMMUNITY NEIGHBOURHOOD TEAM – ESOL READING ASSISTANT</b>	We are looking for volunteers interested in supporting Forest Gate library to deliver a reading session to English learners. You will be helping a small group of students by reading through a simple book with them, assisting with word pronunciation and word meanings.	<p><b>Monday 10.30 - 11.30am &amp; 12.30-1.30pm</b></p> <p><b>Tuesday 11.00am-12.00pm</b></p> <p><b>Friday 9.30-10.30am</b></p>	<b>Forest Gate</b>	<p>Training will be provided.</p> <ul style="list-style-type: none"> <li>• You should speak good English</li> <li>• Have people skills</li> <li>• Confidence to assist others with English</li> </ul>	<p>Alison Mitchell  <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a></p>	Ongoing

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<b>NAMASTE CARE SERVICE VOLUNTEER</b>	Namaste Care is a person centred approach. It supports people with dementia to engage in meaningful activity to promote an improved quality of life. Namaste Care is delivered by volunteers using a combination of multisensory techniques and personalised resources. Examples of activities you may undertake include reading a favourite book, listening to favourite songs, using fragrances, hand massage and hair brushing.	<b>1-2 hours per week</b>  <b>Minimum 6 months commitment</b>	<b>Newham</b>	<p>Full training provided.</p> <p>You don't need any previous experience, just good communication and listening skills, empathy and flexibility</p> <p>You must be 18 or over to apply for this role.</p> <p>Travel expenses provided.</p> <p>Refreshments provided during all training sessions.</p> <p>As the sessions take place in people's homes, you will require to undergo a DBS check.</p>	<p>Hannah Martindale</p> <p><a href="mailto:Hannah.martindale@activenewham.org.uk">Hannah.martindale@activenewham.org.uk</a></p>	<b>20 October 2018</b>
<b>ACTIVENEWHAM SATALITE SPORTS PROGRAMME</b>	<p>activeNewham's sports development team are running a series of multi-sports sessions to engage young people through sports such as basketball, tapeball cricket, football and handball.</p> <p>We are looking for volunteers who enjoy sports and working with young children and can offer some</p>	<p><b>From 10<sup>th</sup> September 2018 for 30 weeks</b></p> <p><b>Multi-Sports Tuesday's 5.00-6.30pm</b></p> <p><b>Multi-Sports</b></p>	<b>Royal Victoria Gardens</b>	<ul style="list-style-type: none"> <li><b>You should have a DBS check,</b> however if you are interested and do not have one, activeNewham will process one for you for <b>FREE</b>.</li> <li>You should be friendly, approachable and interested in sports delivery.</li> <li>We are looking for one volunteer to support each session</li> </ul>	<p>Alison Mitchell</p> <p><a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a></p>	<b>ASAP</b>

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	support to the coaches with set up and down and running of the sessions.	<p><b>Wednesday's</b> 5.00-6.30pm</p> <p><u>Tapeball</u> <u>Cricket</u> <b>Wednesday's</b> 5.00-6.30pm</p> <p><u>Multi-Sports</u> <b>Thursday's</b> 5.00-6.30pm</p> <p><u>Tapeball</u> <u>Cricket</u> 1.00-2.00pm</p> <p><u>Tapeball</u> <u>Cricket</u> 3.00-4.00pm</p>	<p>Little Ilford Park &amp; Odessa Road</p> <p>Florence Road</p> <p>Star Lane Rec</p> <p>Flanders Field</p> <p>Rokeby Road MUGA</p>	<ul style="list-style-type: none"> <li>Gain some coaching skills,</li> <li>Gain valuable skills working with young children</li> <li>Develop your leadership skills and working as part of a team</li> </ul>		
<b>NEW WAY SHELTER HOME</b>	We are working with this shelter home to provide support to the homeless people living in Newham. The shelter home works with 14 Churches in Newham to support homeless people with providing food, place to stay overnight and help maintain the shelter homes by tidying up and keeping the shelter homes nice and clean.	<p><b>Morning shift –</b> 7am to 8.30am</p> <p><b>Evening shift –</b> 6pm to 9.30pm</p>		<p>- Please send email us with your interest and we will email you with further details.</p> <p>PLEASE NOTE: You may be asked by the organisers to assist with the night shift which involves you staying over at the shelter homes. Please note we are not supporting this shift therefore if you decide to support the homes with the night shift, it will be at your own risk.</p>	<p>Kolsuma Miah <a href="mailto:Kolsuma.Miah@activenewham.org.uk">Kolsuma.Miah@activenewham.org.uk</a></p>	ASAP

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	<p>There are 2 shifts available which are supporting:                      Morning shift consists of preparing and serving breakfast, clearing away beds and beddings.                      Evening shift requires you to set up the beds and beddings, serve dinner, wash away dishes and tidying up afterwards.</p>					
<b>VIBRANT MINDS AFTER SCHOOL CLUB PLAYWORKER</b>	<p>This is an exciting opportunity for anyone who is looking to gain some experience in working with children aged 4- 11. Your role will be to set up activities, collect the children from the primary school, prepare snacks, clear away all equipment after use, facilitate activities, interact with the children and work closely with the staff members.</p> <p>If you are successful in the trial period then Vibrant Minds will employ you and offer you a paid role.</p>	<b>Mon-Fri 2.30pm to 6pm</b>	<b>Royal Docks</b>	<ul style="list-style-type: none"> <li>- Please email Kolsuma with your interest who will then email you with further details.</li> <li>- You will need to have your CVs ready to send to Vibrant Minds.</li> </ul>	Kolsuma Miah <a href="mailto:Kolsuma.Miah@activenewham.org.uk">Kolsuma.Miah@activenewham.org.uk</a>	<b>ASAP</b>
<b>CAFÉ ASSISTANT</b>	<p>A great opportunity has risen for anyone looking to gain some customer service skills and obtain</p>	<b>2 Days a week</b>	<b>East Ham</b>	<ul style="list-style-type: none"> <li>- Meal and refreshments whilst on duty.</li> <li>- Development of catering skills awareness and training on food hygiene.</li> </ul>	Kolsuma Miah <a href="mailto:Kolsuma.miah@activenewham.org.uk">Kolsuma.miah@activenewham.org.uk</a>	<b>ASAP</b>

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	some experience in working in the food industry. We are looking for café assistant to help a local church and centre to run their café. This opportunity will require a screening process which is a basic meeting with the café manager who will have a formal chat with you.	<b>11.30am to 3.30am</b>		<ul style="list-style-type: none"> <li>- On line certification for Basic food hygiene certificate after three months.</li> <li>- Preparation and presentation of simple menu items</li> <li>- Travel expenses will be paid in cash the end of shift.</li> <li>- A good level of communication is required as you will be serving customers</li> </ul>		
<b>BLACK ARROWS BADMINTON CLUB</b>	Black Arrows is a well established junior badminton club, providing structured coaching to young people aged 8-17 years. We are looking for volunteers who have an interest in badminton and working with young people and would like to support the club on a regular basis. You will be assisting qualified coaches, supervising small groups, helping with setting up and down and fun games.	<b>Every Saturday morning 10.00am – 12.00pm</b>	<b>East Ham</b>	<ul style="list-style-type: none"> <li>• Learn valuable coaching skills in badminton</li> <li>• Learn good communication and delivery skills</li> <li>• Working as part of a team</li> <li>• No training is required for this role, however you will be inducted by the head coach to ensure you are suitable for this role</li> <li>• A DBS check is not required for this role, however DBS checks can be carried out by Badminton England.</li> </ul>	Alison Mitchell <a href="mailto:Alison.mitchell@activewham.org.uk">Alison.mitchell@activewham.org.uk</a>	Ongoing
<b>ESOL READING AHEAD PROJECT</b>	Do you have excellent reading and communication skills? Are you confident in listening to ESOL learners read? Are you able to support ESOL tutors across 10 libraries and encourage ESOL students to read for 30 minutes?	<b>Negotiable depending on the library</b>	Plaistow, Canning Town, Manor Park and Beckton	<ul style="list-style-type: none"> <li>• Interviews will be scheduled in 2 weeks after your details have been forwarded on</li> <li>• Training will be provided</li> <li>• Timetable for your preferred library will be provided once you have been interviewed</li> <li>• Need to be available for a minimum of 6 weeks</li> </ul>	Kolsuma Miah <a href="mailto:Kolsuma.miah@activewham.org.uk">Kolsuma.miah@activewham.org.uk</a>	ASAP

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	If you are then please get in touch, as soon as you can, to take part in this ever so popular project. You will be able to choose your preferred library and will be					
<b>BECKTON GLOBE LIBRARY – COMMUNITY NEIGHBOURHOOD TEAM</b>	<p>Beckton Globe library are looking for some ongoing support with a variety of activities.</p> <p>There are also a variety of volunteer roles depending on the activity you will be supporting.</p>	<p><b>Stay and Play – Every Saturday 10.50am - 12.15pm</b></p> <p><b>Chatterbox reading club – Every Monday 4.00 - 4.45pm</b></p> <p><b>Basic English club – TBC with volunteer</b></p> <p><b>Jazz night – Every Saturday 5.30 – 7.00pm</b></p> <p><b>Get Connected – TBC with volunteer</b></p> <p><b>Art Club Every Saturday 2.00 – 3.00pm</b></p>	Beckton Globe	You should enjoy working with members of the public, children, adults, plus be enthusiastic and reliable.	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	Ongoing



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		Table tennis table top games Every Saturday 11.00am – 1.00pm				
<b>EAST HAM COMMUNITY NEIGHBORHOOD TEAM - ARTS AND CRAFTS (Children and adults)</b>	East Ham Community neighbourhood team are looking for volunteer support for their ongoing arts and crafts sessions. They ideally would like 1 volunteer to support a member of the team with the delivery of the sessions, engaging with customers and children, and promoting up and coming activities in the library.	<b>Every Tuesday 10.00am – 1.00pm (Adults)</b>  <b>Every Friday 4.30 – 7.30pm (Children)</b>	East Ham	You should be welcoming, friendly, have good communication skills, and be reliable, and comfortable working with children.  This is a great opportunity if you are looking to start a career working with children.	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	Ongoing
<b>EAST HAM COMMUNITY NEIGHBOURHOOD TEAM – PIT – STOP GARDENING</b>	East ham community neighbourhood team are looking for 1 volunteer to assist them with their gardening sessions for young children. You should enjoy working with young children and have a friendly approach.	<b>Every Friday from the 27<sup>th</sup> July until further notice 2.00 - 4.00pm</b>	East Ham	Benefits: <ul style="list-style-type: none"> <li>• Developing skills in communication</li> <li>• Working as part of a team</li> <li>• Working with children</li> <li>• Experience in supervision</li> <li>• Time management experience</li> </ul>	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	Ongoing
<b>CHILDREN'S AFTER SCHOOL CLUB – MANOR PARK</b>	Manor Park Community neighbourhood team are looking for 3 volunteers to support their homework club which runs daily. You should enjoy working with	<b>Every Monday – Saturday 3.15 – 5.00pm</b>	Manor Park	You should be child friendly, creative and have a passion for teaching children to read.  Refreshments will be provided.	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	ASAP

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	children and roles include helping children to read, doing craft based activities based on reading, playing word games and helping with chess and Lego.					
<b>ARCHIVE RESEARCH AND ORAL HISTORY VOLUNTEER WITH NEWHAM NEW DEAL PARTNERSHIP</b>	<p>Discovering Stratford Village is a two year project aimed at engaging residents and workers of Stratford Village in researching the working lives of past and current residents through archive research and oral history collection.</p> <p>Discovering Stratford Village aims to chart and celebrate the economic and social history of “Stratford Village” over 100 years through the working lives of residents and local businesses.</p>	<p><b>Jan 2018 to Dec 2018</b></p> <p><b>Second Tuesday of each month</b></p> <p><b>6.30pm to 8.30pm</b></p>	<b>Stratford</b>	<p>-NNDP are looking for a minimum of 12 hours, plus time for training where this is offered. However, ideally, for a consistent experience and for references we suggest a minimum of 1 day p/month for 6 months.</p> <p>-When contacting Newham’s Volunteers please be clear on which role you are applying for and the role description will be provided.</p> <p>-Training will be provided for both roles</p> <p>- The project offers opportunities to volunteers to carry out oral histories and archival research and to help create a public talk programme, a website, a walks app and a guided walks programme.</p>	<p>Kolsuma Miah</p> <p><a href="mailto:Kolsuma.miah@activenewham.org.uk">Kolsuma.miah@activenewham.org.uk</a></p>	<b>Jan 2018</b>
<b>MAINTENANCE OF MEMORIAL GARDEN WOODGRANGE PARK</b>	Any plans for 2018? This is for those Volunteers who have a warm heart and an interest in Gardening and helping an elderly orientated support group in need of 3 to 4 Volunteers ½ day a week. The role of maintenance will consist of light Gardening, weeding, and a general tidy up.	<b>Ongoing</b>	<b>Forest Gate</b>	<p>Tea and Coffee is also provided along with refreshment facilities if you choose to use. This willing and warm hearted project needs Volunteers who our passionate about gardening and supporting the upkeep of the memorial Garden.</p> <p>Travel expenses are also provided</p>	<p>Kolsuma Miah</p> <p><a href="mailto:Kolsuma.Miah@activenewham.org.uk">Kolsuma.Miah@activenewham.org.uk</a></p>	<b>Spring 2018</b>

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<b>BECKTON GLOBE COMMUNITY NEIGHBOURHOOD TEAM – VARIOUS ACTIVITIES</b>	Beckton Globe community neighbourhood team are looking for some volunteers to support a number of various activities including: <ul style="list-style-type: none"> <li>• Toy Library</li> <li>• Get Connected</li> <li>• Knit &amp; Natter</li> <li>• Chess club</li> <li>• Popcorn Film club</li> </ul>	<b>Various days and times:</b>	<b>Beckton Globe</b>	If you require any more details on the days and times of the activities, then please contact Alison Mitchell.  You should be friendly and enjoy working with the public and have good customer care skills  No experience is necessary	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	<b>ASAP</b>
<b>FOREST GATE COMMUNITY NEIGHBOURHOOD TEAM – HOMEWORK CLUB</b>	Forest Gate community neighbourhood team are looking for some volunteers to assist with their homework club. You will be helping children with their homework, reading and general education.	<b>Every Saturday 10.30am - 12.30pm</b>	<b>Forest Gate</b>	You should enjoy working with young children and be approachable.	Alison Mitchell <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	<b>ASAP</b>
<b>CREATING A COMMUNITY GARDEN</b>	A new outdoor classroom, sensory zone and community garden have been designed for Plashet Park. We are looking for volunteers to assist with weaving new grow beds, digging flower patches, installing a spiral herb garden and planting an array of dye plants and herbs over the coming months.	<b>Thursday 11am-2pm</b>	Manor Park	This is an outdoor role and involves physical tasks therefore we require volunteers who are happy to get stuck in and get a bit mucky! Previous gardening experience is not essential as you will be supervised. Volunteers who are interested in the environment and gardening will best enjoy this role.  Light refreshments and travel expenses provided.	Hannah Martindale <a href="mailto:Hannah.martindale@activenewham.org.uk">Hannah.martindale@activenewham.org.uk</a>	ASAP
<b>BECKTON CREEKSIDE CONSERVATION VOLUNTEER</b>	Thames Water are establishing a project to maintain the best possible habitats for wildlife and an enjoyable experience for visitors	<b>Occurs the Last Friday of Every Month</b>	Beckton	No experience is necessary; there is something for all ages and abilities.	<a href="mailto:volunteers@activenewham.org.uk">volunteers@activenewham.org.uk</a>  Kolsuma Miah	ASAP

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	going along to Beckton Creek. Volunteers will assist with a range of tasks at this new nature reserve in East London. Tasks will depend on the season but could include: Coppicing scrub using tools such as bow saws and loppers litter picking.	<b>10.00-2.30pm</b>		All that is needed is an interest in the local environment and a desire to help look after it.  A friendly, positive attitude and an ability to work as part of a team is also important  You can either sign up for one session, a few sessions or all – it is up to you!	<a href="mailto:Kolsuma.Miah@activenewham.org.uk">Kolsuma.Miah@activenewham.org.uk</a>	
<b>NCV CONSERVATION DAY</b>	The Conservation Volunteers would love your help in Ham Creek Wood. Have fun whilst litter picking, carrying out general maintenance tasks, path clearance, possible tree clearance and a trim and cut of the wild meadow.	<b>Occurs the Second Sunday of Every Month</b>  <b>10.00-3.30pm</b>	West Beckton	No experience required so all abilities are welcome as you will be supported by the Newham Conservation Volunteers This is a wonderful opportunity to learn some new skills whilst having fun and helping improve the environment Unfortunately, as the NCV is a very small charity, travel expenses are not covered	Kolsuma Miah <a href="mailto:Kolsuma.Miah@activenewham.org.uk">Kolsuma.Miah@activenewham.org.uk</a>	ASAP
<b>PROPERTY GUARDIANS</b>	Dot Dot Dot lets people who do great volunteering live as property guardians in buildings that would otherwise be empty. We turn empty buildings from a blight into an asset for property owners, guardians and local communities.	<b>Various</b>	Various	As a Property Guardian, there is an eligibility criteria and application process. You must also undertake regular volunteering as part of the conditions of taking on the property guardian role. For more info, please contact Habs.	<a href="mailto:Habebur.rahman@activenewham.org.uk">Habebur.rahman@activenewham.org.uk</a>	
<b>SUPPORTING OLDER, VULNERABLE OR ISOLATED RESIDENTS</b>  <b>'BEFRIENDING'</b>	Whether you would like to befriend an elderly person, support someone to go shopping, help at the local day centre or deliver books to someone that finds it difficult to leave their	<b>Minimum requirement of 1 hour per week – great if your spare time is limited!!</b>	Across Newham	The role benefits from a learning support package which includes adults safeguarding, lone working and confidentiality. You will be required to undergo a DBS (formerly CRB) check. You will need to be 18+ to apply for this role.	Hannah Martindale  <a href="mailto:Hannah.martindale@activenewham.org.uk">Hannah.martindale@activenewham.org.uk</a>	ASAP

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	<p>home, we have a number of exciting and challenging roles to suit you.</p> <p>This is an ideal role if you are looking to gain experience in a health and social care setting or simply want to help or offer company to a vulnerable/isolated person.</p>					
<b>CHILDREN'S CENTRE ROLES</b>	<p>Are you interested in supporting young people and families? Are you looking for a career in childcare? If so then this opportunity may be for you.</p> <p>We are looking for volunteers to support children's centres across the borough.</p> <p>As an Early Start Volunteer you will be volunteering alongside trained professionals delivering Parent/Carer and Toddler sessions.</p>	<b>3 hours per week on a rota basis ongoing</b>	There are a number of sites across the borough which require support so we will try and match volunteers to their closest one	This is a fantastic opportunity if you are looking for a career in childcare or working with young people. However, it is not suitable if you are looking at using this towards a childcare placement. Ideally you will be a parent. There is a fantastic training package along with ongoing support, supervision and mentoring All volunteers will require a DBS check and an induction with the Children's Centre staff.	<a href="mailto:Kolsuma.miah@activenewham.org.uk">Kolsuma.miah@activenewham.org.uk</a>	ASAP
<b>VOLUNTEER SUPPORT AT THE POWERHOUSE  WOMEN ONLY TO APPLY</b>	<p>Volunteers will be assisting with sessions for women with learning disabilities.</p> <p>Duties will involve making/assisting to make drinks, talking to members, participating and assisting in sessions including art, dance, music, drama, group discussions, gardening, cooking, learn project,</p>	<p><b>Each:</b> <b>Monday 10am – 3pm</b></p> <p><b>Wednesday 10am – 3pm</b></p> <p><b>Friday 12pm – 1pm</b></p>	Canning Town  East Ham	<p>As a volunteer you should have:</p> <ul style="list-style-type: none"> <li>• Good communication skills (written and verbal).</li> <li>• A commitment to a service which provides support to vulnerable individuals, and which is respectful and according to the individuals needs</li> <li>• Computer literacy skills, including Microsoft Office, Outlook and internet</li> </ul>	<a href="mailto:volunteers@activenewham.org.uk">volunteers@activenewham.org.uk</a>	<p>ASAP</p> <p>If you are only able to do 1 day a week please still get in touch as we can be flexible.</p>

## VOLUNTEER OPPORTUNITIES – LONG TERM

LONG TERM: These opportunities require a commitment over a longer period of time or on a regular basis						
Volunteering Activity	Details	Date, times & Duration	Location	Other information	Staff contact	Apply by
	<p>ICT, reporting to the session leader, any incidents or issues' issuing information packs to new referrals, representing the organisation at community meeting forums &amp; support the users.</p> <p>The Powerhouse for Women Charity exists to provide advocacy support that promotes the rights and choices of women with learning difficulties in the society and to raise awareness of issue that affect their lives</p>			<ul style="list-style-type: none"> <li>Discretion and confidentiality</li> <li>Excellent facilitative and verbal communication skills</li> <li>Excellent phone manner</li> </ul> <p>This is a truly rewarding role that will benefit a great organisation. Volunteers will gain experience in an admin and support role. This will look great on your CV.</p> <p>You will also get travel and lunch expenses and a reference.</p>		All those who apply will have their contact details shared so an informal chat can take place prior to be taken on
<b>VARIOUS LIBRARY OPPORTUNITIES ACROSS THE BOROUGH</b>	<p>How would you like to support your local library? There are 10 libraries in Newham and they all run a series of different and exciting activities and sessions, which run during the day, in the evenings and on the weekends. Most require volunteer support. They range from:</p> <p><b>Homework clubs, chess club, do it online, storytelling, book club, stay and play, arts and crafts, family film club &amp; movie nights, games club, English conversation club, toy library, community champion, get connected, basic computer skills, and so much more.</b></p>	<b>Various days and times</b>	Newham borough wide	<p>These opportunities are a fantastic way to gain a variety of different skills, increase your confidence levels, leadership skills and work as part of a team.</p> <p>This is also a great way to help engage the community and inspire them to become more active. No experience is necessary, just a smile on your face and lots of enthusiasm.</p> <p>If you require specific details on any sessions in any of the libraries, please email Alison Mitchell.</p>	<p>Alison Mitchell</p> <p><a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a></p>	Ongoing long term opportunities

## VOLUNTEER OPPORTUNITIES – LONG TERM

LONG TERM: These opportunities require a commitment over a longer period of time or on a regular basis						
Volunteering Activity	Details	Date, times & Duration	Location	Other information	Staff contact	Apply by
<b>EAST LONDON FOOTBALL ACADEMY</b>	ELFA are a long established football academy and are looking for volunteers to support them by assisting with the coaching and mentoring of young people, refereeing matches, registration of club members and general support. Also to assist with the large number of matches they have during the weekends.	<b>Every Saturday</b>  <b>Time:</b> <b>11.00am – 12.30pm</b>	Manor Park	If you have an interest in football and supporting a local club, then this role is for you. Your role will be fun, rewarding and you will have the opportunity to develop your coaching skills, working as part of a team and leadership skills. Desirable to have some experience in coaching but not essential Desirable to have a DBS check or willing to undergo one	Alison Mitchell  <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	N/A Ongoing
<b>NEWHAM CRICKET CLUB</b>	Newham cricket club are a long established club and are looking for volunteers, with some cricket experience to support them with the coaching, mentoring of young people, umpiring, scoring, registration of club members and keeping an inventory of the kit merchandise. Also, managing and coaching colts' teams and helping to get them to matches.	<b>Every Sunday</b>  <b>Time:</b> <b>10.00am-12.00pm</b>  <b>Every Tuesday evening from 5pm</b>	East Ham	If you have an interest in cricket and would like to support a local sports club, then this role is for you.  Desirable to have some experience in cricket.	Alison Mitchell  <a href="mailto:Alison.mitchell@activenewham.org.uk">Alison.mitchell@activenewham.org.uk</a>	N/A Ongoing