Atherton Leisure Centre - Ground Floor Gym Programme

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00:00	Female Session	General Gym	Female Session	General Gym	Female Session	Closed	Closed
06:30:00	Female Session	General Gym	Female Session	General Gym	Female Session	Closed	Closed
07:00:00	Female Session	General Gym	Female Session	General Gym	Female Session	Closed	Closed
07:30:00	Female Session	General Gym	Female Session	General Gym	Female Session	Closed	Closed
08:00:00	Female Session	General Gym	Female Session	General Gym	Female Session	Quiet Gym and Inclusive	Quiet Gym and Inclusive
08:30:00	Female Session	General Gym	Female Session	General Gym	Female Session	Quiet Gym and Inclusive	Quiet Gym and Inclusive
09:00:00	Female Session	General Gym	Female Session	General Gym	Female Session	Quiet Gym and Inclusive	Quiet Gym and Inclusive
09:30:00	Female Session	General Gym	Female Session	General Gym	Female Session	Quiet Gym and Inclusive	Quiet Gym and Inclusive
10:00:00	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	General Gym	General Gym
10:30:00	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	General Gym	General Gym
11:00:00	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	General Gym	General Gym
11:30:00	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	General Gym	General Gym
12:00:00	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	Female Session	Quiet Gym and Inclusive	General Gym	General Gym
12:30:00	General Gym	Quiet Gym and Inclusive	General Gym	Quiet Gym and Inclusive	General Gym	Female Session	Female Session
13:00:00	General Gym	Quiet Gym and Inclusive	General Gym	Quiet Gym and Inclusive	General Gym	Female Session	Female Session
13:30:00	General Gym	Quiet Gym and Inclusive	General Gym	Quiet Gym and Inclusive	General Gym	Female Session	Female Session
14:00:00	General Gym	Quiet Gym and Inclusive	General Gym	Quiet Gym and Inclusive	General Gym	Female Session	Female Session
14:30:00	General Gym	General Gym	General Gym	General Gym	General Gym	Female Session	Female Session
15:00:00	General Gym	General Gym	General Gym	General Gym	General Gym	Female Session	Female Session
15:30:00	General Gym	General Gym	General Gym	General Gym	General Gym	Female Session	Female Session
16:00:00	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym
16:30:00	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym
17:00:00	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym
17:30:00	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym	General Gym
18:00:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	General Gym	General Gym
18:30:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	General Gym	General Gym
19:00:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	General Gym	General Gym
19:30:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	General Gym	General Gym
20:00:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	Closed	Closed
20:30:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	Closed	Closed
21:00:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	Closed	Closed
21:30:00	Quiet Gym and Inclusive	Quiet Gym and Inclusive	Female Session	General Gym	Female Session	Closed	Closed
22:00:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed