



East Ham Leisure Centre - Swim School

Monday	4.00pm	4.30pm	5.00pm	5.30pm	6.00pm	6.30pm	7pm	7.45pm	8.30pm	
Molly 4.00pm - 8.30pm	stage 1	Duckling splash	Stage 4	Ducklingspash	Stage 3	Stage 5	Adult Beg	Adult Beg		
Billy 4.00pm - 7.00pm	Duckling splash	Stage 2	Stage 1	Stage 5	11-15 beginners	Stage 6				
Adriana 4.00pm - 7.00pm	Duckling swim	Stage 1	Stage 2	Stage 3	Duckling swim	Stage 3				
Julie 4.00pm-7.15pm	Stage 4	Stage 5	Duckling splash	Stage 4	Stage 4	Stage 10				
Chris 4.00pm -7.45pm	Stage 1	Stage 2	Stage 3	Stage 3	Stage 5	Stage 4	Adult Beg			
Cheryl 4.00pm- 6.45pm	4.00pm	4.30pm	5.00pm	5.30pm	6.00pm	6.45pm				
	Stage 5	Stage 7	Stage 6	Stage 7	Stage 8					
Tuesday	4.00pm	4.30pm	5.00pm	5.30pm	6pm	6.30pm	7.00pm			
simon 4.00pm- 7.00pm	121	121	121	121	121	121				
Julie 4.00pm-7.45pm	Assesment	Stage 3	Stage1	Stage 3	Stage 4	Stage 5	Stage 8			
Molly 4.00pm-7.30pm	Stage 1	Stage 3	Stage 2	Stage 2	Stage 1	Stage 4	Stage 5			
Sergio 4.00pm- 8.00pm	Stage 5	Stage 4	Stage 7	Duckling swim	Stage 4	Stage 1	Stage 4			
	4.00pm	4.30pm	5.00pm	5.30pm	6.00pm	6.45pm	7.30pm			
Vyto 4.00pm -8.00pm	Stage 2	Stage 5	Stage 2	Stage 3	Stage 8	Stage 10	Stage 3			
Adriana 4.00pm -8.00pm	11- 15 beg	Stage 7	Stage 6	Stage 5	Stage 9	Stage 10	Stage 2			
	4.00pm	4.30pm	5.00pm	5.30pm	6.15pm	6.45pm	7.30pm			
Sarah 4pm- 6.45pm	Stage 1	Stage 1	Stage 4	Stage 9	Stage 2					
Wednesday	4.00pm	4.30pm	5.00pm	5.30pm	6.00pm	6.30pm	7.00pm			
Cheryl 4.00pm - 7.00pm	Stage 1	Stage 2	Stage 4	Stage 4	Stage 6	Stage 7				
Keith 4.00pm - 7.00pm	Stage 2	Duckling Splas	Stage 3	Stage 4	Stage 3	Stage 1				
Sarah 4.00pm - 7.00pm	Duckling Splash	Stage 1	Stage 1	Stage 1	Stage 5	Duckling spalsh				
Charlie 4.00pm- 6.00pm	Stage 4	Stage 2	Stage 3	Stage 2						
	4.00pm	4.30pm	5.00pm	5.30pm		6.30pm				
Billy 4.00pm -7.00pm	Stage 7	Stage 4	Stage 5	Stage 10		Stage 4				
Molly 4.00pm -7.00pm	Stage 5	Stage 6	Stage 7	Stage 8		Stage 2				
	6.15pm	7.00pm	7.45pm	8.30pm						
Sarah 7.45pm - 9.15pm			W/O BEG	W/O BEG						
Louise 7.00pm - 8.30pm		W/O INTER	W/O BEG							
Tatyana 6.15pm - 9.15pm	Adult BEG	W/O BEG	W/O INTER	W/O ADV						
Molly 7.00pm - 9.15pm		W/O BEG	W/O INTER	W/O BEG						
Thursday	4.00pm	4.30pm	5.00pm	5.30pm	6.00pm	6.30pm	7.00pm	7.45pm		
Vyto 4.00pm - 7.45pm	Stage 3	Stage 5	Stage 2	Stage 4	Stage 5	Stage 5	Adult Beg			
Chris 4pm - 7.45pm	Stage 3	Stage 3	Stage 2	Stage 2	Stage 5	Stage 1	Adult Beg			
Tofura 4.00pm-	Stage 5	Stage 2	Stage 3	Stage 4	Duckling Splash	Stage 9				
Julie 4.00pm - 7.00pm	Stage 1	Duckling Splash	Duckling swim	Stage 6	Stage 6	Stage 2				
	4.00pm	4.30pm	5.00pm	5.30pm	6.00pm	6.45pm	7.15pm			
Cheryl 4.00pm - 7.15pm	Stage 4	Stage 1	Stage 5	Stage 7	Stage 8	Stage 4				
Billy 4.00pm - 8.00pm	Duckling Splas	Stage 4	Stage 6	Stage 1	Stage 9	Stage 2	Adult Beg			
Friday	4.00pm	4.30pm	5.00pm	5.30pm	6.00pm	6.30pm	7.00pm	8.00pm	8.45pm	
Vaida 4.00pm -7.45pm	Stage 6	Stage 7	Stage 1	Stage2	Stage 5	Stage 4	Adult Beg			
Adriana 4.00pm - 7.15pm	Duckling Swim	Stage 1	Stage 4	Stage 3	Stage 4	Stage 2				
Craig 4.00pm - 6.30pm	Stage 2	Stage 2	Stage 3	Stage 4	Stage 1					
	4.00pm	4.30pm	5.15pm	6.00pm	6.45pm	6.30pm	7.00pm			
Billy 4.00pm - 7.15pm	Stage 4	Stage 8	Stage 8	Stage 9	Stage 7					
	7.20am	8.10am								
keith 7.10am- 8.55am	Adult Beg	Adult Beg								
Saturday	8.10am	8.40am	9.10am	9.40am	10.10am	10.40am	11.10am	11.40am	12.10pm	12.40pm
Natasha 8.10am -1.10pm	Duckling Splas	Stage 4	Stage 1	Stage 3	Stage 3	Stage 2	Stage 1	Stage 1	Stage 2	Stage 1
Tofura 8.10am -1.10pm	Stage 3	Stage 3	Stage 2	Stage 2	Stage 2	Stage 5	Stage 4	Stage 5	Stage 2	Stage 2
Adriana 8.10am -11.10am	Stage 1	Duckling Swim	Stage 2	Stage 3	Stage 3	Duckling Swim				
Molly 8.10am -1.10pm	Stage 5	Stage 6	Stage 1	Stage 5	Ducklingsplash	Stage 4	Stage 5	Stage 7	Stage 6	Stage 5
Slava 8.10am-1.10pm	Stage 9	Duckling splas	Stage 4	Stage 4	Stage 5	DucklingSwim	Stage 1	Ducklingsplash	Stage 3	Stage 4
	8.10am	8.40am	9.00am	9.45am	10.30am	10.45am	11.30am	12.15am	1.00pm	
Billy 8.10pm -1.30pm	Stage 4	Stage 7	Stage 8	Stage 9	Stage 9	Stage 10	Stage 10	Stage 10	Stage 4	
Sunday	8.10am	8.40am	9.10am	9.40am	10.10am	10.40am	11.10am	11.40am	12.10pm	12.40pm
Louise 8.10am - 1.10pm	Stage 2	Stage 1	Stage 2	Stage 4	Stage 1	Stage 4	Stage 1	Stage 2	Stage 3	Stage 6
Vicky 8.10am - 11.10am	Stage 1	Duckling splash	Adult&child 1-2.5	Adult&child 1-2.5	Adult&child2-3.5	Stage 1				
	8.10am	8.40am	9.10am	9.40am	10.10am	10.40am	11.10am	11.55pm	12.40pm	
Slava 8.10am -1.10pm	Stage 1	Stage 2	Stage 3	Ducklingsplash	Stage 5	Stage 5	Adult Beg	Adult Inter	Stage 2	
Tatyana 8.10am -1.10pm	Stage 5	Stage 6	Stage 5	Stage 7	Stage 3	Stage 4	Stage 10	Adult Beg	Stage 1	
Simon 8.10am - 1.10pm	Ducklingsplash	Stage 1	Stage 6	Stage 4	Stage 7	Stage 7	Stage 8	Stage 8	Stage 9	
	5.00pm	5.30pm	6.00pm	6.30pm						
Molly 5.00pm - 7.00pm	Stage 3	Stage 4	Stage 3	Stage 4						
Charlie 5.00pm -7.00pm	Stage 2	Stage1	Stage 2	Stage 3						