



Our Neighbourhood sports clubs

offer free sports and physical activity opportunities for 8 – 18 year olds. We've set up Free sessions in every ward of Newham to provide you with the opportunity to engage in sports & physical activities which promote resilience and confidence. Come develop new friendships, improve social cohesion, and further your sporting potential with coach led sessions including Football, Basketball, athletics and more.

Sports and physical activity sessions will also provide YOU with the opportunity to have your say on what activities you would like to see across Newham in the future, as we look to make our programmes Youth led and discover what young people in Newham really want.

All sessions are open to anyone 8 – 18 years old and can be attended simply by turning up. But don't forget to bring some water and comfortable training clothes.

FOR FURTHER INFO

Email: Emeka.Udenze@activenewham.org.uk

Call: 020 3770 4444

FREEBIES AVAILABLE!

in partnership with

Newham London

active
newham

FREE
8-18 YEAR OLDS

FOOTBALL

BECKTON & ROYAL DOCKS

Britannia Village Green,
49-53 Hanameel Street,
Silvertown, E16 1UA

MEETING POINT:

Multi Use Games Area

5:00pm - 6:00pm Thursday

BASKETBALL

EAST HAM

Brampton Manor Park MUGA,
Masterman Road,
East Ham, E6 3LB

MEETING POINT:

Multi Use Games Area

1.30pm - 2.30pm Saturday

FOOTBALL

GREEN STREET

Priory Park,
Grangewood Street,
East Ham, E6 1QZ

MEETING POINT:

Hard court

5:00pm - 6:30pm Friday

BASKETBALL

FOREST GATE

Odessa Road Open
space hard court,
Odessa Road,
Forest Gate, E7 9BL

MEETING POINT:

Multi Use Games Area

3:00pm - 4:00pm Saturday

FOOTBALL

MANOR PARK

Jack Cornwell Community Centre
Jack Cornwell Street,
Manor Park, E12 5NN

MEETING POINT:

Multi Use Games Area

4:00pm - 5:30pm Friday

MULTI SPORTS

CUSTOM HOUSE & CANNING TOWNE

Shipman Youth Centre,
40 Prince Regent Lane,
Custom House, E16 3JH

MEETING POINT:

Reception

4:00pm - 5:00pm Tuesday

WALLBALL (Starts 14th Jan)

PLAISTOW

Plaistow Library,
79 North Street, Plaistow,
London E13 9HL

MEETING POINT:

Community Room

4:30pm - 5:30pm Monday

FEMALE BASKETBALL

STRATFORD & WEST HAM

COMING SOON

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