

Bridal Services

A Bride wants her day to be perfect, the fairy tale she has pictured in her dreams.

All the preparations have been made and now it's time to prepare you to look radiant!

Here at Serenity Beauty Spa we want your Bridal experience to be special. We offer a range of treatments to suit everyone, from make-up and skincare to Spa days.

We have enclosed an idea of preparations for the blushing bride and treatment ideas.

Please feel free to contact Serenity Beauty Spa for information or take a look at our website

www.serenitybeautyspauk.co.uk

Telephone Lyndsey Ferguson 016977 42411 or 07717895002

Bridal Preparations

Three months to go.....

Go for a Skincare consultation and get a three month treatment plan in place. It's important to have skin in good condition for makeup application on the day.

Drink water. It is good for your health in general but it's great for the skin- 2ltrs a day, it's a lot but worth it.

If you are planning on wearing strappy sandals it's important to look after your feet. File and smooth stop rough skin building up and moisturise every day.

Get hands ready for the ring finger moment! Moisturise every day and apply cuticle oil every day.

Keep your body exfoliated and moisturised ready for the day.

Two months to go.....

Treat yourself to a Spa treatment, all the stress of wedding planning can be relieved with a bit of you time!

Keep up with the skin routine advised by your therapist, we need that skin radiant.

Keep drinking the water, don't forget it helps achieve radiant skin.

Hands and feet need to be kept moisturised ready for your pedicure and manicure before the day.

One month to go.....

Book your make-up trial. Have some ideas and pictures of the look you would like.

Keep drinking the water!

Fingernails and toenails, have some ideas of shellac or Acrylics and search the internet with a glass of wine for ideas!

Keep going with the exfoliation and moisturising focusing on elbows and knees or why not treat yourself to a salt brushing with your therapist.

Three weeks to go....

Exciting!!

Try to finalise your ideas for hands and toes. Keep drinking the water!

Why not treat yourself to a Back, Neck and Shoulder Massage, ease away the tension and get yourself stress free to enjoy this special time.

Two weeks to go.....

Keep Calm!!! You have put your heart into your wedding planning, enjoy it!! Stress can be

detrimental to your skin and body and we need all our hard work to show.

Keep drinking the water it's great for everything including the skin.

Book in for a patch test for tinting, eyelash extensions or spray tan.

Have a you night. Run a bath with lots of bubbles, relaxing music and a glass of wine. Lie back and chill out and get excited not long to go!!!

Book yourself in your treatment appointments

- Manicure*
- Pedicure*
- Waxing- eyebrow shape, bikini, legs, underarm*
- Lash Tinting*
- Eyelash extensions*
- Shellac / Acrylics*

One week to go.....

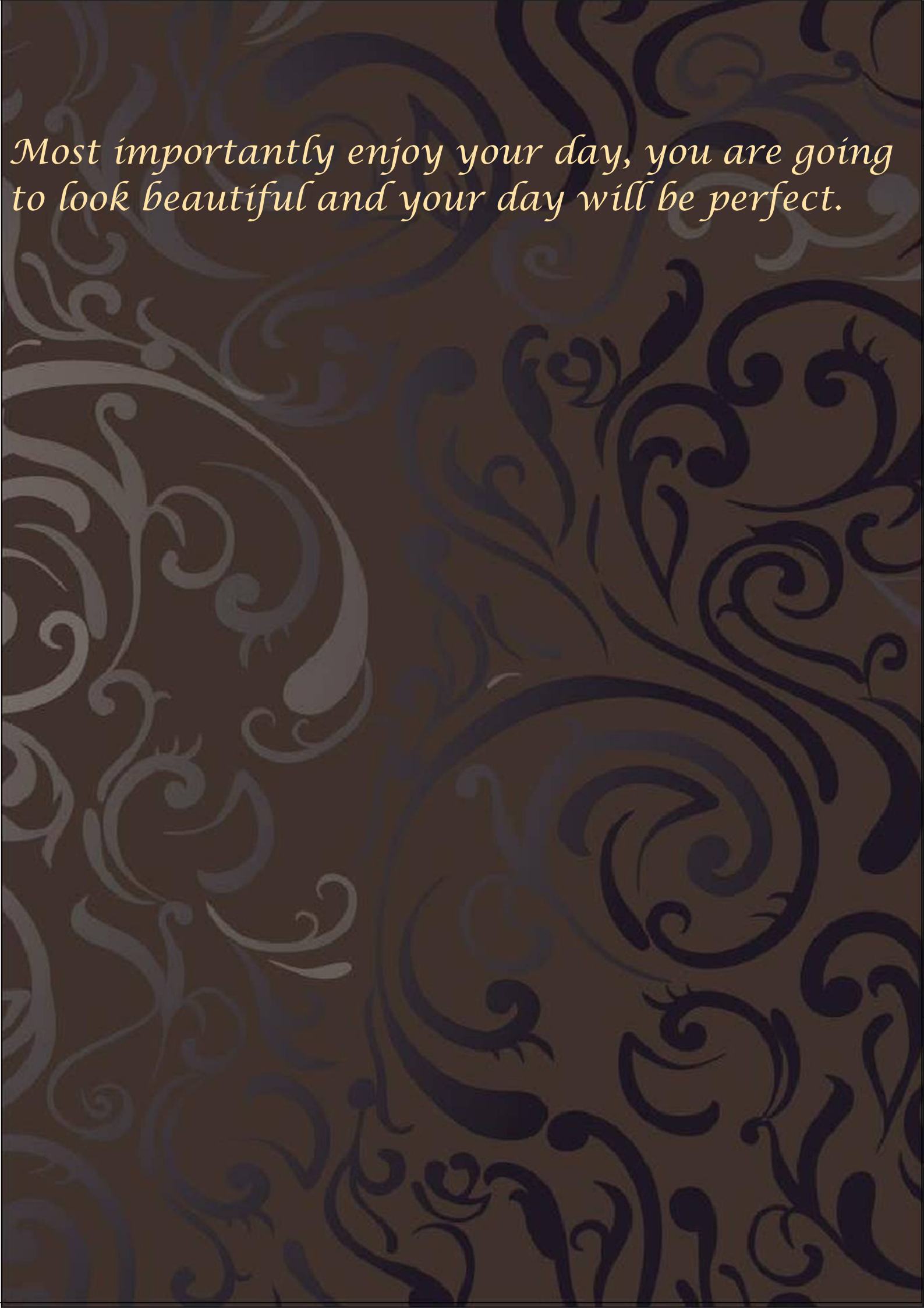
Relax as much as possible, it's that time to put all the finishing touches to your plans but don't forget this day is about you and the love of your life and you want to look your best on the day, so deep breaths and keep calm.

Book your spray tan appointment for two or three days before the wedding. Don't be tempted to have too dark a tan we are looking for a radiant glow that looks natural.

The Big Day.....

It's here!!! All the planning and preparations have all come together on your special day! On the morning of the Wedding we can travel to you or you can have your wedding preparations in the Spa exclusive to your Bridal Party.

Your party can use our signature robes and relax with a glass of complimentary Bucks Fizz and enjoy this special time in our luxurious lounge area.



Most importantly enjoy your day, you are going to look beautiful and your day will be perfect.