

# Drama in Education: an innovative career guidance method

Christina ZOURNA, PhDc      Ioanna PAPAVALASSILIOU– Alexiou, Associate Professor

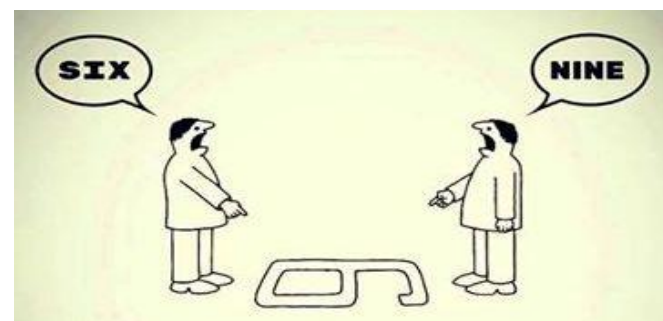
University of Macedonia, Thessaloniki, GREECE

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## 1. Drama in Education (DiE)

- educational method using theatrical techniques
- experiential, dynamic, highly adaptable
- understanding through reflection sessions
- individual and group activities
- open questions, various points of view, role taking



Dorothy Heathcote  
on Spetses island, Greece

- intra- and inter-personal skills' development
- up-to-date applied in various professional settings

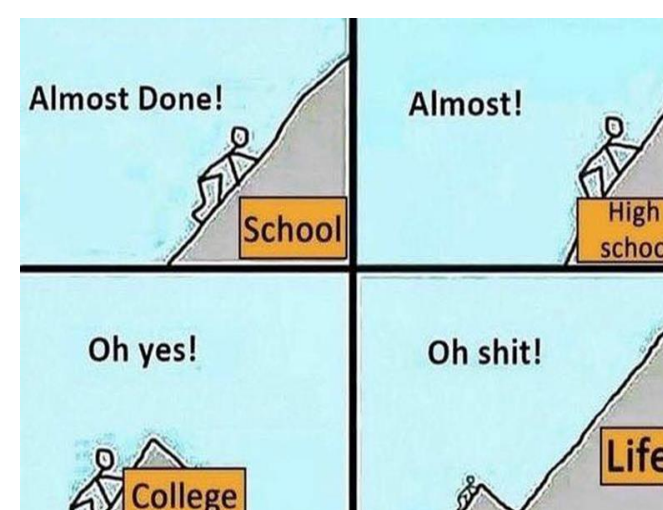
## 2. DiE in the 21st century

Professional development in:  
health - business - security - aviation - education

**In the University of Macedonia, Thessaloniki, Greece:**

Career skills development in:

- ✓ under-, post- graduate
- ✓ lifelong learning
- ✓ research



## 3. Research: Can DiE...

- be effective in career guidance and counselling?
- be integrated as an innovative method in guidance?
- give meaning to the counsellors' challenging work?

## 4. Research Questions

Can DiE enhance :

- ✓ secondary students' self-awareness
- ✓ career decision making self-efficacy?

### Pilot study

Participants: General High School students

Where: Thessaloniki, Greece  
When: school year 2018-2019  
Meetings: once per week, 3 hours

What: guidance activities & tests,  
workplace visits, interviews,  
DiE career workshops, job profiles



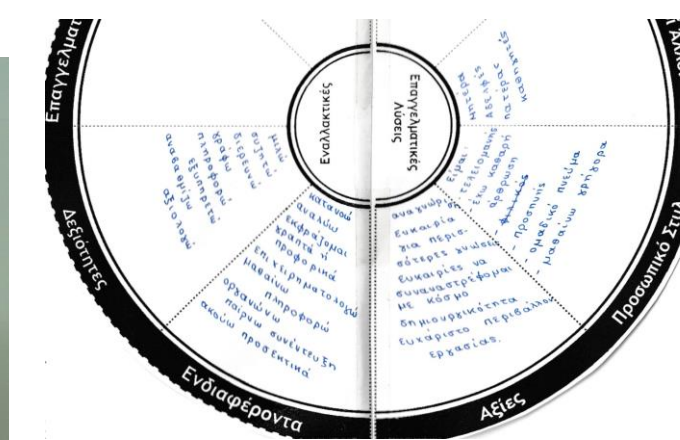
## 5. Results

Participants discovered:

1. Personal characteristics
2. Interests
3. Transferable skills
4. Working values
5. Important others



Constellations



Career Decision Wheel



The tree of Life

## 6. Intervention with DiE

Level 1: Experience  
Level 2: Training  
Level 3: Application



## 7. Assessment [plenary - interviews]



- ✓ I learned I have to be persistent and follow my dreams whatever the circumstances
- ✓ I liked the procedure of discovering inner things
- ✓ I realised that even one person can bring real change in the world
- ✓ I thought there are people facing serious problems and never give up - why should I?
- ✓ I thought everyone deserves a second chance in life
- ✓ I enjoyed the decision making process

## 8. References

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2. Papavassiliou-Alexiou, I., & Zourna, C. (2017). Drama in Education: implementation of an innovative tool for guidance practitioners. In IAEVG & UNAM, *Proceedings of the International Conference of Educational and Professional Guidance 2017*, pp. 201-210. Mexico City: National Autonomous University of Mexico
3. Avdi, A., & Chadjigeorgiou, M. (2018). *When the Teacher is in Role: 50 workshops*. [in Greek] Athens: Metaixmio