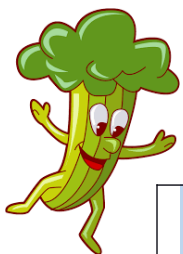




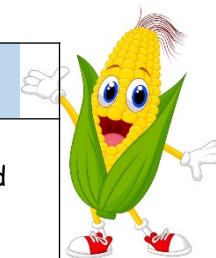
| <u>Week 1</u> | <u>Breakfast</u> | <u>Snack 10am</u> | <u>Lunch</u> | <u>Vegetarian option</u> | <u>Snack 2pm</u> | <u>Tea</u> |
|---------------|----------------------------|--|-----------------------------|-----------------------------|---|--|
| Monday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers, | Children's own packed lunch | Children's own packed lunch | A selection of fruit, biscuits, breadsticks and raisins, milk | Beans on toast using brown bread |
| Tuesday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruit, biscuits, breadsticks and raisins, milk | Sausage or cheese rolls with cherry tomatoes |
| Wednesday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruit, biscuits, breadsticks and raisins, milk | Warm Crumpets and raisons |
| Thursday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruit, biscuits, breadsticks and raisins, milk | Rice cakes and Dairy Lea cheese with carrot sticks |
| Friday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruit, biscuits, breadsticks and raisins, milk | Fruit bread and butter with sliced oranges |

A selection of drinks are available throughout the day. Brita filtered water, sugar free squash and milk





| <u>Week 2</u> | <u>Breakfast</u> | <u>Snack 10am</u> | <u>Lunch</u> | <u>Vegetarian option</u> | <u>Snack 2pm</u> | <u>Tea</u> |
|---------------|----------------------------|---|-----------------------------|-----------------------------|--|--|
| Monday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruits, biscuits, breadsticks and raisins, milk | Bagels with assorted Philadelphia cheese and celery sticks |
| Tuesday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruits, biscuits, breadsticks and raisins, milk | Tea cakes or hot cross buns with melon slices |
| Wednesday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruits, biscuits, breadsticks and raisins, milk | Crackers with cheese and pineapple chunks |
| Thursday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruits, biscuits, breadsticks and raisins, milk | Toasted pitta bread with tuna and sweetcorn |
| Friday | Choice of cereals or toast | A selection of mixed fruits and vegetables, ritz crackers | Children's own packed lunch | Children's own packed lunch | A selection of fruits, biscuits, breadsticks and raisins, milk | Cocktail sausages, scotch eggs with cheese and cucumber sticks |



A selection of drinks are available throughout the day. Brita filtered water, sugar free squash and milk

