

# Week 1

Menu	Dinner	Vegetarian Dinner	Pudding	Tea
Monday	Swedish Meatballs in Herby Tomato Sauce Pasta Twists & veg	Vegetarian Savoury Balls in Herby Tomato Sauce Pasta Twists & veg	Bananas & Custard	Mini Baguettes with cheese or tuna and cucumber
Tuesday	Cheese & Potato Pie with a sliced Tomato Topping Baked Beans	Cheese & Potato Pie with a sliced Tomato Topping Baked Beans	Pineapple Upside Down Cake	Leafy salad with tomatoes, cucumber and croutons
Wednesday	Slow Roasted Pork Sage & Onion Stuffing Roast Potatoes, Cauliflower & veg	Roasted Quorn in a Lentil Gravy, Sage & Onion Stuffing Roast Potatoes, Cauliflower & veg	Fruit Mousse	Rice Cakes and cheese spread with fruit/raisins
Thursday	Mince Beef Cobbler Served with Herb Scone Dumplings Sweet Corn	Vegetarian Mince & Mixed Bean Cobbler Served with Herb Scone Dumplings Sweet Corn	Marble Cake & Custard	Soft baps with egg mayonnaise & cress (Jam alternative)
Friday	Mild Chicken & Potato Curry, Rice & Broccoli	Vegetable, Lentil & Potato Curry, Rice & Broccoli	Fresh Fruit Yoghurt	Pizza bread

## Week 2

Menu	Dinner	Vegetarian Dinner	Pudding	Tea
Monday	Turkey & Vegetable Casserole, New Potatoes	Mixed Bean & Vegetable Casserole, New Potatoes	Rice Pudding with Dried Fruit	Melted cheese Tacos with mild salsa
Tuesday	Slow Cooked Beef, Ginger & Root Vegetable Stew Mashed Potato	Potato & Root Vegetable Stew with mash	Chocolate Brownie & Custard	Waffle fingers, fresh strawberries and yogurt dip
Wednesday	½ Oven Baked Jacket Potato Topped with Beef Chilli & Cheddar Cheese & veg	Vegetarian Mince & Lentil Chilli & Cheddar Cheese & veg	Fresh Fruit & Yoghurt	Turkey and pepper pittas
Thursday	Sausage and Mixed Bean Cassoulet Crusty Bread	Vegetarian Sausage Cassoulet Crusty Bread	Apple & Raisin Cake & Custard	Mini onion bhajis, spring rolls and samosas
Friday	Cheesy Topped Chicken & Pasta in a Tomato Ragu Sauce, veg & Pitta Bread	Vegetable Ragu Pasta in a Tomato Ragu Sauce, veg & Pitta Bread	Vanilla Cupcakes	Potato salad

## Week 3

Menu	Dinner	Vegetarian Dinner	Pudding	Tea
Monday	Breaded Fishcake New Potatoes & veg with Homemade Ketchup	Vegetable Cutlet, New Potatoes & veg with Homemade Ketchup	Swiss Roll & Ice Cream	Chicken or Cheese sandwiches and cucumber
Tuesday	Sausage & Mash, Veg & Gravy	Vegetarian Sausage & Mash, Veg & Gravy	Flapjack	Fruit Bread with orange Segments
Wednesday	Roast Beef Yorkshire Pudding Roast Potatoes Cabbage & Broccoli	Quorn Fillet in a Lentil Gravy, Yorkshire Pudding Roast Potatoes Cabbage & Broccoli	Chocolate Orange Sponge Cake & Custard	Build-a-wrap with tuna or cheese fillers and fresh spinach leaves
Thursday	Oven Baked Jacket Potatoes with a Selection of Cheese/ Baked Beans /Tuna & Sweetcorn Mayonnaise	Oven Baked Jacket Potatoes with a Selection of Cheese/ Baked Beans /Tuna & Sweetcorn Mayonnaise	Lemon Drizzle Cake	Variety of crackers with cheese chunks and sliced grapes
Friday	Italian Style Lasagne, veg & Garlic Bread	Vegetarian Mince Pasta & Vegetable Pasta Bake, veg & Garlic Bread	Fresh Fruit & Yoghurt	Mini Tea Party (mini) sausages/Quorn sausages, picnic eggs, cheese & pineapple chunks.

## Week 4

Menu	Dinner	Vegetarian Dinner	Pudding	Tea
Monday	Chicken Potato & veg Curry Rice & Naan	Vegetable Mixed Bean Korma	Fresh Fruit & Yoghurt	Philadelphia (mixed flavours) Bagels with Baby tomatoes
Tuesday	Cottage Pie with a Sweet Potato & Mash Topping Carrots	Veg Mince & Lentil Cottage Pie with a Sweet Potato Mash Topping	Fruit Mousse	Pepper & Sweetcorn Pasta Salad (light oil)
Wednesday	Chicken Breast in Gravy Roast Potatoes Carrots & Sweetcorn	Quorn Fillet in Gravy Roast Potatoes Carrots & Sweetcorn	Orange Cupcakes	Ham sandwiches or Cheese Sandwiches with Lettuce
Thursday	Bolognese Pasta Bake Sweetcorn Pitta Bread	Vegetarian Mince Pasta Bake Sweetcorn Pitta Bread	Apple Crumble & Custard	Dips with a variety of vegetable & breadsticks
Friday	Sausage Rolls New Potatoes Baked Beans	Savoury Cheese Rolls New Potatoes Baked Beans	Fruit Jelly	Pancakes with berries