Audio Digital Note-taking

Making sense of data.

This brain likes information in a logical way and will often be thinking about things a lot.

- ➢ Information must make sense to you so make sure you can have a logical flow to the information.
- ➢ Bullet points and lists help your brain process the information.
- ➢ Tables and graphs can be your friend too.
- ➢ You may prefer to work on your own rather than in groups.

Warning

- ➢ Do not over complicate things and think that 4 hours of reading a text book is good revision.
- ➢ By simplifying your notes, you are more likely to understand the information.
- ➢ Your brain will try to make sense of everything and will sometimes get lost in the detail. Be aware of this and aim for simple notes and not too many on a page.
- ➢ If you use visual processing as well you may find recall easier than others.
- ➢ You may struggle to make sense of the more creative subjects which don't always seem logical to you.