### Frequently Asked Questions

What ages do you work with? From year 6 upwards, although most of our students are in secondary education.

How many sessions do I need? It depends on what is required by the student. 2/3 sessions may be enough and most students feel better prepared after just 2 sessions.

**Do you work with schools?** We are currently working closely with one local secondary school and in consultations with a few others.

Do you work with students with Dyslexia, Autism and ADHD? Absolutely, the same theory applies to every student. They will have their own unique way to learn.

Is it suitable for girls and boys? As it is a bespoke service it is tailored to the individual not gender.

How much does it cost? Each session is £50 and is 1-1.5 hours long.

### Contact Us

Sarah Brazenor – Director



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### Location

**Connective-Learning** is based in Maidenhead Berkshire and works with students and schools from this and surrounding areas.

Students can attend the offices in Maidenhead and, if more appropriate for anxious students, home visits can be arranged.



Helping to Empower students to become Successful, Confident, Resourceful Learners!



UNLOCK YOUR POTENTIAL FOR SUCCESSFUL LEARNING.

## Our Mission

To empower students to reach their full potential.

**Connective-Learning** offers a bespoke service coaching students to identify their own **unique style of learning**. Tailoring study techniques to the students and not the student to the technique.

We believe that our unique style of coaching students helps them overcome any anxiety or stress around their learning.

No student should feel like a failure in their learning environment. Everyone has massive potential and ability.

Learning to learn is a skill itself. At Connective-Learning we enjoy helping students unlock their potential.

## What to Expect

#### First Appointment:

Our first appointment with your child is a very informal chat. We find out about your child's learning environment and what difficulties they are currently facing. It's very much about building good relationships and trust, enabling us to understand the problems being experienced. We encourage parents to accompany their children and see what we do.

'There is no such thing as failure, just feedback.'

#### **Tools and Techniques:**



At Connective-Learning we recognize that there are **different ways to learn**. Using the preferences, we have identified we can tailor techniques to your child. We work with them to find the most effective revision styles - including revision note taking and what revision actually is meant to achieve. Believe it or not flash cards do not work for everyone, nor does just reading your notes over and over.

Key Question: 'How do you know you know it?'

#### Exam Stress, Anxiety and Panic:

For some students help with overcoming exam stress and anxiety is the key strategy. We have worked with many teenagers who have suffered panic attacks and or have high levels of anxiety over exams. We can help them **understand where this reaction comes from and importantly how to control and eliminate them**. Often this is linked to low self - esteem or perceived failure. We have worked with many teenagers who believe they are not good enough because they are not getting straight A's. Likewise, we work with teenagers who are getting straight A's and the pressure they put themselves under to maintain it, can cause high levels of stress and anxiety.



#### Year 10 Student "My son sat in the front with his headphones on the way home... (sulking when I collected him from school). After a few moments, he removed his headphones and said 'She totally gets me". FANTASTIC BREAKTHROUGH!"

# About Sarah Brazenor BSc (Hons) - Director

Sarah has a passion for learning and enjoyed a positive experience at school. She went on to gain a BSc (Hons) in Microbiology at Leeds University and worked for the Pharmaceutical industry for 12 years. As a manager of a team of 22 she discovered her passion for helping people grow and develop, and consequently she left that industry to set up her business.

Sarah qualified with **Trevor Silvester** at the **Quest Institute**, who developed a model of learning pioneered at the world famous **Metropolitan Police Training School** at Hendon. His approach proved that students improved their test results between 10% to 30% with under three hours coaching in his method. Sarah, who qualified as **Master Practitioner of NLP and Learning** in 2012, uses and adapts this method working with students from age 9 upwards.

Year 9 Student "I love seeing Sarah. If she ran a school I'd leave my school and join hers. I'd even leave all my friends to be taught by her!"