

Appetisers

White Rustic Roll with Green Pesto, Olive Oil & Balsamic Vinegar	£2.95
Balsamic Onions	£1.95
Cheesy stuffed Chillies	£3.25
Cumberland Sausage & Cumberland Sauce	£2.95
Sweet Semi Dried Cherry Tomatoes (v)	£2.95
Rosemary & Garlic Olives (v)	£3.25

Lunch and Drinks Menu

Royal Oak Appleby

Tel 017683 51463 www.royaloakappleby.co.uk

If you choose to eat outside please order and pay for your food at the bar quoting your table number.

Starters

	Starter / Main Course
Homemade Soup of the Day (v)	£4.95
with Wholemeal Bread - see blackboard for details	
Homemade Chicken Liver Pate	£5.50/£10.25
& Red Onion Marmalade served with Toast	
Halloumi Cheese & Peppadew Peppers wrapped in Filo (v)	£6.25/£13.95
with a Redcurrant Coulis	
Oak Smoked Chicken Salad & Bacon Lardons	£6.95/£13.95
with Parmesan Cheese, Garlic Crouton and Caesar Dressing	
Smoked Mackerel Salad	£6.95/£13.95
With mussels, Beetroot and Horseradish Cream	

Sandwiches

Oak Smoked Chicken, Bacon, Lettuce & Tomato & Mayo	£6.95
triple toasted in White or Brown Bread	
Lamb Kofta Wrap with lettuce and Tzatziki Sauce	£7.25
The following are served on white or Brown Bread or a White Rustic Roll.	
Tuna Mayo	£6.25
Cheese & Tomato	£6.25
Buffalo Mozzarella, Rocket & Green Pesto (v)	£6.50
Posh Fish Finger with Tartar Sauce	£6.75
Pulled Pork	£6.75
Cajun Chicken & Mixed Peppers with Sweet Chilli Sauce	£6.95

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Main Course

Penne Arrabbiata with Stir Fried Vegetables (v) £10.95

Served with Garlic Bread

Vegetable Balti (v) £10.95

served with Rice and Naan Bread

Beer Battered Halloumi, Chips & Homemade Mushy Peas (v) £10.95

the vegetarians Fish & Chips!

Classic Bacon & Cheese Burger with a Homemade Tomato Relish £11.50

homemade 6oz Beefburger topped with Bacon, Appleby Flakebridge

Cheese and Gem Lettuce served with Chips and Salad

Chicken, & Chorizo Arrabbiata £11.50

with Penne Pasta with Garlic Bread

Fish & Chips £11.50

Beer Battered Fish with Chips and homemade Mushy Peas

The following are served with Homemade Chips or Mash and a Dressed Salad or Vegetables

10oz Cumberland Gammon Steak £11.95

with a Free-Range Egg and/or Fresh Pineapple

Spinach & Ricotta Cannelloni (v) £11.95

with Stir Fried Vegetables & Cheddar Cream

Lasagne Al Forno £11.95

homemade with Minced Beef

The Oak's Steak & Ale Pie £11.95

using Dowding's Hand Diced Beef & Local Ale

The Oak's Steaks served with Mushrooms and Tomato

and Homemade Chips or Mash and a Dressed Salad or Vegetables

6oz Dowding's Rump £10.50

12oz Dowding's Rump £18.50

9oz Dowding's Sirloin £18.95

How do you like your steak cooked

Rare – the middle of the steak is mostly red

Medium – the very centre is pink

Well done – the steak is brown throughout

Homemade Sauces for Steak £2.95

Stilton, Peppercorn, Creamy Garlic or Diane

Homemade Onion Rings £3.25

Extras

Homemade Chips £2.95

Garlic Bread with or without Mozzarella Cheese £3.95

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For Our Younger Guests

Pasta in Tomato Sauce (v)

topped with cheese

Kids / Adults

£5.50 / £9.95

Cumberland Sausages

with Chips & Heinz Beans or Peas

£5.95 / £8.95

Homemade Breaded Fish Goujons

served with Chips & Heinz Beans or Peas

£6.75 / £9.95

Homemade Chicken Goujons

with Chips & Heinz Beans or Peas

£6.75 / £10.25

Whitby Wholetail Scampi

with Chips & Peas

£7.25 / £10.50

Beer Battered Halloumi, Chips & Homemade Mushy Peas (v)

the Vegetarians Fish & Chips!

£7.25

Classic Beefburger with Cheese

4oz Beefburger topped with Mozzarella

£7.50

Spinach & Ricotta Cannelloni (v)

with Stir Fried Vegetables & Cheddar Cream

£7.50

Lasagne Al Forno

with Chips

£7.95

Sweets

£5.95

Mixed Berries & Meringue Ice-Cream Sundae

Chocolate Ice-Cream Sundae

White Chocolate & Vanilla Cheesecake

Brandy Snap Basket filled with Seasonal Fruit & Ice-Cream

The following are served with Ice-Cream, Custard or Pouring Cream

Sticky Toffee Pudding with Butterscotch Sauce

Hot Chocolate Fudge Cake

Warm Apple Pie

Warm Chocolate Brownie with Butterscotch Sauce

Cheeseboard

for 1 person £7.50

A Trio of Local Cheeses from Appleby Creamery

for 2 people £12.00

Flakebridge, Eden Chieftain & Black Dub Blue

served with Biscuits, Red Onion Marmalade, Celery & Grapes.

Cheeseboard with Port

£9.50

Cheeses as above with a glass of Late Vintage Port

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Drinks Menu

Draught Lagers, Cider, Craft & Cask Ales

See the bar for today's selection

Bottled Premium / Craft Lagers

Fosters Gold	£2.95	Becks	£3.50
Estrella	£3.60	Budweiser	£3.50
Peroni	£3.70	Moretti	£3.70
Corona	£3.70	Punk IPA	£3.80
Becks Non-Alcoholic	£3.25		

Bottles Ciders

All Thatcher's	£4.00	Old Mout	£4.40
Magners	£4.40		

Premium Soft Drinks

Fever Tree Tonics	£2.80	Fever Tree Ginger Beer	£2.80
J20	£2.80	Elderflower Sparkling	£2.90
Appletiser	£2.80		
Fentimans			
Dandelion & Burdock	£3.00		

Coffee & Teas

Americano	£2.25	Speciality Coffees	£4.95
Cappuccino	£2.45	Irish	Jamesons
Latte	£2.45	Highland	Drambuie
Decaf Cafetiere	£2.25	Calypso	Tia Maria
Twining's Tea	£2.25	Seville	Cointreau
Earl Grey	£2.45	Italian	Amaretto
Twining's Fruity Teas	£2.45	Scotch	Bells
		Irish Cream	Baileys

Gin Menu

House Gin **JJ Whitley Gin** Single £4.95 / Double £6.95
with Schweppes Indian Tonic served with a slice of lemon.

Premium Gins with Premium Tonic Single £6.25 / Double £8.50

Gin Fever Tree Tonic best paired with

Lakes	Indian Tonic	Wedge of lime
London No1 Dry	Indian Tonic	Slice of orange
Bombay Sapphire	Mediterranean Tonic	Slice of lemon
Brockmans	Indian Tonic	Frozen berries
Bulldog	Mediterranean Tonic	Lemon & Rosemary
Strawberry	Mediterranean Tonic	Frozen berries
Whitley Neill Quince	Lemon Tonic	Lemon
Edinburgh	Elderflower Indian Tonic	Frozen berries
Whitley Rhubarb & Ginger	Mediterranean Tonic	Fresh lime
Boodles	Indian Tonic	Slice of lemon
Whitley Neill	Mediterranean Tonic.	Slice of orange
	Lamb & Watt Tonic best paired with	
Hendricks	Cucumber Tonic	Cucumber

Wine Menu

The Oak's wines by the glass

White	125ml	175ml	250ml	Bottle
Sauvignon Blanc Dry	£3.95	£4.95	£6.45	£17.50
Pinot Grigio Dry	£4.00	£5.00	£6.65	£18.00
Chardonnay Dry	£4.00	£5.00	£6.65	£18.00
Chenin Blanc Medium	£4.10	£5.10	£6.75	£18.50

Red	125ml	175ml	250ml	Bottle
Merlot	£3.95	£4.95	£6.45	£17.50
Shiraz	£4.00	£5.00	£6.65	£18.00
Tempranillo	£4.00	£5.00	£6.65	£18.00

Rosé	125ml	175ml	250ml	Bottle
Zinfandel Sweet	£3.95	£4.95	£6.45	£17.50
Pinot Grigio Pink Dry	£4.25	£5.25	£6.85	£19.00

The Oak's Sparking Single Serve 200ml

White		Bottle
Prosecco	Italy	£6.95

Rosé		Bottle
Sparkling Rosé	Italy	£6.95

The Oak's wines by the bottle

White		Bottle
Sauvignon Blanc	Marlborough	£23.50
Sancerre	France	£26.00
Chablis	France	£27.00

Red		Bottle
Pinotage	South Africa	£20.00
Malbec	Argentina	£23.50
Rioja Tinto	Spain	£23.50
Cabernet Sauvignon	France	£24.00

The Oak's Sparking by the bottle		Bottle
Prosecco	Italy	£21.50
Prosecco Superior 18K Gold	Italy	£24.00
Cava Rosé	Spain	£21.50
Champagne of the house	France	£39.50

Wine of the Week – see our specials board in the Lounge

WHISKY MENU

The Oak's recommended malt whisky
Glenmorangie Single Malt – 10 Year's Old £3.95

Other Malts 10 Year's Old £3.95
Aberlour Single Malt Macallan Gold Single Malt
The Ardmore Single Malt Laphroaig Single Malt
Speyburn Single Malt Talisker Single Malt

12 Year's Old £4.45

Highland Park
Glenfiddich

14 Year's Old £4.85

Oban

15 Year's Old £4.95

Dalwhinnie