

Royal Oak Appleby

Tel 017683 51463

www.royaloakappleby.co.uk

Pensioners Menu

Served Monday – Saturday

12 noon – 3pm

1 Course £6.45

2 Courses £6.95

Extra Course £3.25

Starters

Oak Smoked Chicken Salad & Bacon Lardons with Caesar Dressing & a Parmesan & Garlic Croutons

Homemade Soup with Wholemeal Bread.

Chicken Liver Pate, Cumberland Sauce & Toast.

Halloumi Cheese & Peppadew Peppers wrapped in Filo with a Redcurrant Coulis.

Smoked Mackerel Fillet with Horseradish Cream on a bed of mixed leaf

Main Course

Pan-fried Seabass Fillet served with a Lemon Parsley Butter Chips & Salad

Roast Pork served with Roast & Mashed Potatoes, Vegetables and Apple Sauce

Lamb & Rosemary Sausages, Mash, Vegetables & Mint Gravy

The Oak's Steak & Ale Pie using Dowding's Diced Beef & Local Ale, Chips & Vegetables.

4oz Beer Battered Fish, Homemade Chips & Mushy Peas.

6oz Dowding's Rump Steak, Mushrooms, Tomato, Chips and Salad - Supplement £3.50.

Sweet

Sticky Toffee Pudding with Butterscotch Sauce & Ice-cream.

Mixed Berries & Meringue Ice-Cream Sundae

Warm Apple Pie with Custard.

A Duo of Ice Cream – Vanilla, Chocolate, Strawberry or Caramel Crunch.

Warm Chocolate Brownie, Butterscotch Sauce & Ice-cream.

Our full menu is also available.