

PRIVACY

What Information Does London Holistic Nutrition (LHN) collect from you?

On the CONTACT form LHN is asking for your contact information only, mobile number and email address.

Once you have booked an assessment with LHN, you will be asked to provide us with a detailed 7 day food diary and also complete a number of lifestyle questionnaires.

How does LHN use your information?

Your contact information is used only to contact you to arrange an initial consultation and for future correspondence between LHN and yourself relating to your programme.

Your 7 day food diary and lifestyle questionnaires are used by LHN practitioners only to assess what type of information, skills and programme is going to work best for you in the following sessions.

What Happens To Your Information After You Have Completed Your Programme?

LHN will store all your information for 2 years for the purpose of reference in the event of you contacting us for future advice. Your information is stored on a secured SSL site. After a 2 year time period, your information will be shredded. Your information can be shredded at any time you contact us and ask us to do so.

None of the information you provide us with will be used for marketing purposes.

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