DO WHAT IS RIGHT, NOT WHAT IS EASY

Grassroot



PLAYERS



RESPECT ERF

Give It

Grassroot

Get It

FOOL





#INTEGRITY



IT'S THEIR GAME, JUST LET THEM PLAY







RESPECT ERF



#NoLimits

Being fair and respectful.

Having a **positive** attitude.

Being a **good** winner or a good loser.

Doing **the best** you can.

HAVING FUN.

SPORTSMANSHIP

SPORSTMANSHIP

A person who displays sportsmanship always plays fair and by the rules. He or she makes an effort to treat opponents, coaches, teammates and officials with **respect**. Sportsmanship is the golden rule of sports: you should always treat others as you wish be treated.

SPORTSMANSHIP



WINNING ISN'T EVERYTHING



JUST PLAY HAVE FUN ENJOY THE GAME

#RESPECT

Do What Is Right, Not What Is Easy



Respects all teammates.

<mark>Shar</mark>es <mark>the b</mark>all.

Says **positive** things.

Forgives mistakes.

Doesn't cheat.

Cooperates.

Has **FUN**

GOOD TEAM PLAYER



WIN OR LOSE, DO IT FAIRLY



LOSE RESPECT, LOSE THE GAME



#High5Ref

An aspiration or ethos that a sport or activity will be enjoyed for its own sake, with proper consideration for fairness, ethics, respect and a sense of fellowship with one's competitors.

SPORTSMANSHIP

EXPECTATIONS FROM PLAYERS



Accept the responsibility and privilege of representing Grassroots Football: display positive public action at all times.



Demonstrate respect for opponents, coaches and referees before, during and after games.



Live up to high standards of sportsmanship.



Treat opponents with respect: shake hands after games and take a knee quickly when they are injured. Clap when they leave the field.



Respect judgment of referees, abide by rules of the games and display no behaviour that could incite fans (ex. questioning calls, gestures, taunting, "show-boating" etc.).



Cooperate with referees, coaches and fellow participants to conduct a fair game.



Accept favourable and unfavourable decisions, as well as victory and defeat, with equal grace.



Come prepared each week to practice (ball, water, shin guards and boots) and understand that there will be ramifications for disruptive behavior- whether in practice or a game (ex. reduced playing time, sitting out practice, etc.,.).

RESPECT PARENTS & SPECTATORS









CODE OF CONDUCT





AS A SPECTATOR PLEASE

1. SUPPORT US POSITIVELY

When we make a mistake offer us encouragement not criticism

2. RESPECT THE OPPOSITION

How would you like your son or daughter to be treated?

3. STAY BEHIND THE TOUCHLINE

Please give us the space play

4. ALLOW US TO LEARN THE GAME

Don't try to direct every pass, shot and run



SPORT PARENTS FOR TOP TIPS ∞

AVOID PRESSURING A CHILD ABOUT WINNING OR LOSING HELP YOUR CHILD TO SEPARATE SPORT FAILURE FROM PERSONAL FAILURE

GIVE YOUR CHILD FREEDOM TO PROBLEM SOLVE AND MAKE THEIR OWN DECISIONS

ALLOW YOUR CHILD TO PLAY FOR HIMSELF OR HERSELF

ENCOURAGE YOUR CHILD TO TAKE RESPONSIBILITY FOR THEIR DECISIONS

DEVELOP, DEVELOP, DEVELOP

RESPECT AND DO NOT INTERFERE WITH THE COACH DO NOT CONSTANTLY INSTRUCT DURING TRAINING AND GAMES



PLEASE REMEMBER THIS IS A GAME THESE ARE CHILDREN THE COACHES ARE VOLUNTEERS REFEREES ARE HUMAN MISTAKES WILL HAPPEN

IT'S THEIR GAME, JUST LET THEM PLAY



A MESSAGE TO ALL PARENTS

Your child's **SUCCESS** or **LACK OF SUCCESS** in sport does not indicate what kind of parent you are



But having a child that is COACHABLE, RESPECTFUL, a great teammate, mentally tough, resilient and tries their best is a direct reflection of your parenting





EXPECTATIONS FROM PARENTS AND SPECTATORS

Support the team and coaches

Respect decisions made by referees- do not speak to them.

Respect opposing fans, coaches and participants.

Fill out coach's evaluation at end of season- this provides feedback to Grassroots Football on how the coaches are doing.

COMMUNICATIONS PARENTS SHOULD EXPECT FROM THE COACH

Philosophy and goals of the program

Coach expectations for individual players and the team

Location and times of practices and games

Team rules and guidelines

Procedures to be followed if a player is injured during participation (Note: Any child exhibiting signs of a concussion- nausea, dizziness, etc.- will not be put back into the game and will require a note from his doctor clearing him for participation in future practices and games. No exceptions!)

An evaluation of your child's soccer development- both strengths and weaknesses



APPROPRIATE CONCERNS FOR DISCUSSION WITH THE COACHES

The treatment of your child Methods to help your child improve his/her skills Concerns about a players behavior

ISSUES NOT APPROPRIATE FOR DISCUSSION WITH THE COACHES

While the coaches are committed to open communication with parents, there is a certain process that should be observed. In particular, the time before and during a game is dedicated to the players. It is not appropriate for a parent to approach a coach to discuss game or individual player concerns at this time. The coach will be happy to set up a meeting/phone call to address parent concerns at a time that will not interfere with the attention required by the players. An exception to this request is an incident when a player is injured. The coaches will be available immediately after a game to discuss the situation and any concerns with parents.

CONTRACT BETWEEN COACH, PARENT AND CHILD



Players Name:

Date:

I hereby pledge to provide positive support, care, and encouragement for my child participating in Grassroots Football by following this Parents' Code of Conduct.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.

I will place the emotional and physical well being of my child ahead of my personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will require that my child's coach be trained in the responsibilities of being a Grassroots Football coach and that the coach upholds the Coaches' Code of Conduct.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free from drugs, tobacco and alcohol and will refrain from their use at all Grassroots Football events.

I will remember that the game is for youth - not adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.

I promise to make a commitment to volunteer and assist my system when asked, making time whenever I can.

Parent Signature

Player Signature

Coach Signature

COACHES







EXPECTATIONS FROM COACHES





Always set a good example for players and parents to follow, exemplifying high moral and ethical behavior.



Instruct players in proper sportsmanship and practice responsibilities and demand that they make sportsmanship and teamwork their #1 and #2 priorities.



Respect judgment of referees, abide by rules of the game and display no behavior that could incite players or parents (ex. questioning calls, gestures, etc.).



Treat opposing coach, players and fans and with respect. Shake hands with officials and opposing coach before and after each game.



Develop and enforce penalties/ramifications for players who do not abide by sportsmanship and practice standards.



Develop each player to his fullest potential, giving candid feedback on strengths as well as opportunities to improve.



Develop creative, structured and FUN practice sessions.



Keep parents informed on practices, games, directions, etc.



COMMUNICATIONS COACHES SHOULD EXPECT FROM PLAYERS AND PARENTS

Concerns expressed directly to the Head Coach and Assistant Coach Notification of any schedule conflicts in advance Notification of illness or injury as soon as possible

COMMUNICATIONS PARENTS SHOULD EXPECT FROM THE COACH

Philosophy and goals of the program Coach expectations for individual players and the team Location and times of practices and games Team rules and guidelines Procedures to be followed if a player is injured during participation (Note: Any child exhibiting signs of a concussion- nausea, dizziness, etc.- will not be put back into the game and will require a note from his doctor clearing him for participation in future practices and games. No exceptions!)

An evaluation of your child's football development- both strengths and weaknesses