

# The Heron Inn Breakfast Menu

## Large Cornish Breakfast £12/ Small £9

*Wheat rose sausage, dry cured bacon, St ewe eggs, smoked hogs pudding, baked beans, portobello mushroom, vine tomatoes & toast*

## Cornish Vegetarian Breakfast £10

*St Ewe Eggs, portobello mushroom, vine tomatoes, hash browns, baked beans & toast*

## Smashed Avocado & Poached St Ewe Egg £7

*Ciabatta, Coriander, Lime*

## The Heron Granola Bowl £5

*Low fat yoghurt, honey & fruit compote*

## St Ewe Eggs on Toast £4

*Granary or white bread*

## Wheat Rose Sausage or Dry Cured Bacon Sandwich £5

*White or granary bread*

All allergen information available upon request

Book your next table!

