

The Heron Inn Breakfast Menu

Large Cornish Breakfast £11.00/£8

Wheat rose sausage, dry cured bacon, St Ewe eggs, smoked hog's pudding, baked beans, portobello mushroom, vine tomatoes & toast

Cornish Vegetarian Breakfast £8

St Ewe Eggs, portobello mushroom, vine tomatoes, hash browns, toast

Smashed Avocado & Poached St Ewe Egg £7

Ciabatta, coriander, lime & pumpkin seeds

The Heron Granola Bowl £7

Low fat yoghurt, honey & fruit compote

St Ewe Eggs on Toast £4

Chough Bakery granary or white bread

Wheat Rose Sausage or Dry Cured Bacon Sandwich £5

Chough Bakery white or granary bread



CORNISH INNS

ESTABLISHED 2019