

## STARTERS

SOUP OF THE DAY Bread & Cornish butter	£6.00
PANKO BREADED SQUID RINGS Sweet chilli dipping sauce	£8.25
STEAMED WEST COUNTRY MUSSELS White wine, garlic, parsley, cream & bread	£8.50
CORNISH YARG & TRIBUTE ALE RAREBIT Spiced tomato chutney & dressed leaves	£7.25
PAN FRIED TIGER PRAWNS Ginger, red chilli, garlic & spring onion	£8.50
SMOKED HADDOCK ARANCINI Saffron, chive & garlic aioli	£8.25
BREAD, OLIVES & RED PEPPER HUMMUS Rosemary infused oil & aged balsamic	£7.50

## MAINS

ROAST RUBY RED BEEF roasted potatoes, Yorkshire pudding, vegetables & gravy	£12.95
ROAST LOIN OF PORK Rosemary roasted potatoes, stuffing, vegetables & gravy	£12.95
CHICKEN CHASSEUR Rosemary roasted potatoes & steamed vegetables	£12.95
HERON NUT ROAST (v) Rosemary roasted potatoes, vegetables & vegetarian gravy	£11.95
BEER BATTERED COD Chips, garden peas & tartare sauce	£12.50
WHOLETAIL SCAMPI Chips, garden peas & tartare sauce	£12.50
THAI MONKFISH CURRY Steamed jasmine rice & fresh coriander	£16.75
OVEN BAKED CORNISH HAKE New potatoes, chorizo, peppers olives & tomatoes	£15.95
HERON KEDGEREE Smoked haddock, spring onions & crispy hens egg	£15.50
WEST COUNTRY SIRLOIN Portobello mushroom, vine tomatoes, chips & onion rings <i>Peppercorn, Port &amp; Cornish blue £2.00</i>	£19.75
HAND PRESSED BURGER Smoked bacon, Monterey jack, ciabatta, coleslaw & chips	£12.00
CAJUN CHICKEN BURGER Smoked bacon, Monterey jack, ciabatta, coleslaw & chips	£12.00
HALLOUMI & CORNISH BLUE BURGER (v) Beetroot, ciabatta, coleslaw & chips	£12.00
VEGETARIAN MOUSSAKA (v) Medley of Mediterranean vegetables, tomato & garlic bread	£14.50
STEAMED WEST COUNTRY MUSSELS White wine, garlic, cream, parsley, fries & bread	£15.50
MALPAS PLOUGHMANS Choice of mature cheddar (v), Cornish Blue (v) or Ham	£12.00

\* Please see our separate dessert menu for today's choice of homemade puddings

