



HERON INN

MALPAS

SAMPLE SUNDAY ROAST MENU

STARTERS

Sardine on Toast gf*£10

Spiced tomato, warm focaccia & rocket

Torched Line Caught Mackerel gf* £10

Crostini, wasabi emulsion & beetroot

Halloumi Fries gf (v) £9

Mango, chilli & lime drizzle

MAINS

Small £10.95 Large £15.95

Ruby Red Topside of Beef gf*

Roasted rosemary potatoes, Yorkshire pudding & gravy

Roast Loin of Pork gf*

Roasted rosemary potatoes, stuffing, crackling & gravy

Roast Leg of Welsh Lamb gf

Roasted rosemary potatoes, stuffing & gravy

Wild Mushroom, Helford Blue Cheese Bake (v)

Roasted rosemary potatoes, pangritarta topping

All main courses are served with steamed seasonal vegetables & cauliflower cheese

DESSERTS

Sticky Toffee Pudding £7.50

Butterscotch sauce, faring crumb & salted caramel ice cream

Raspberry & Pistachio Bakewell £7.50

Rodda's clotted cream & raspberry puree

Spiced Rum Soaked Pineapple (v) gf* £8

Granola, lemon & lime sorbet