



HERON INN

MALPAS

SAMPLE SUNDAY ROAST MENU

STARTERS

Salt & Pepper Squid £10

Gochujang dressing & dressed leaves

Smoked Mackerel Pate gf* £8.75

Horseradish crème fraiche & crostini

Goats Cheese & Beetroot Salad (v) gf £8.75

Apple, fennel, pomegranate, olives & beetroot glaze

MAINS

Small £10.95 Large £15.95

Ruby Red Topside of Beef gf*

Roasted rosemary potatoes, Yorkshire pudding & gravy

Roast Loin of Pork gf*

Roasted rosemary potatoes, stuffing, crackling & roast gravy

Roast Leg of Welsh Lamb gf

Roasted rosemary potatoes, mint sauce & gravy

Wild Mushroom, Helford Blue Cheese Bake (v)

Roasted rosemary potatoes, pangritarta topping

All main courses are served with steamed seasonal vegetables & cauliflower cheese

DESSERTS

Sticky Toffee Pudding £7.50

Butterscotch sauce, faring crumb & salted caramel ice cream

Raspberry & Pistachio Bakewell £7.50

Rodda's clotted cream & raspberry puree

Spiced Rum Soaked Pineapple (v) gf* £8

Granola, lemon & lime sorbet