

RAISING THE PROFILE

Australian politicians – or ‘Pollies’ as they call them down under – joined Diabetes Australia to launch the ‘It’s About Time’ campaign.

The week-long campaign aimed to raise awareness about the importance of early detection and early treatment for all types of diabetes.

For those ‘Pollies’ who got involved, like the Co-Chair of the Parliamentary Friends of Diabetes Mr. Graham Perrett MP (pictured), there were opportunities for local, regional and national media coverage to get the campaign’s message across. This was enhanced by the use of social media to increase awareness of the

campaign and the participation of elected representatives.

By working with their diabetes association, the About Time Campaign was launched in Parliament House Canberra, with MP’s, Senators and the Minister for Health participating.

The Australian group also made a short video of elected representatives taking their socks off! It was a campaign against diabetic amputations and the need for people with diabetes to look after their feet – again it attracted a great deal of coverage for the participants and the issue alike.

When did you last contact your national diabetes association to try out something similar?

<https://www.itsabouttime.org.au/>



Australian MP Graham Perrett gains media attention raising the issue of early diagnosis and his role as a champion advocate for diabetes.

Food Insecurity Link to Type 2 Diabetes

A Canadian study has claimed that the average risk of developing type 2 diabetes doubles when someone cannot afford to eat regularly or eat a healthy diet.

The study, published by the Dalla Lana School of Public Health at the University of Toronto, defines household food insecurity as having uncertain or insufficient food access due to limited financial resources. Being on a limited budget may result in having to rely on cheaper, high-calorie foods that contribute to weight gain and the risk of chronic disease.

It recommends that policymakers should consider intervening early to reduce the burden of diabetes on individuals and the national healthcare system.

Read more at:

<https://www.channelnewsasia.com/news/health/food-insecurity-linked-to-type-2-diabetes-risk-10279376>

Please Ask Your Colleagues to Join

Our membership is our strength and it constantly turns over as people lose elections or stand down - we have to constantly recruit. Please ask your colleagues to join, it’s free and there’s a membership form on our website.



www.pdgn.co.uk



@PDGN_diabetes

NEWS FROM AROUND THE GLOBE



National Plans

Ukraine has become the latest country to work up a national action plan for the prevention and treatment of diabetes.

With more than 3 million people in the country with diabetes members of the Ukrainian Diabetic Federation are calling for the early approval of the plan.

Does your country have such a plan? Can PDGN help you devise, implement or monitor one?




The 14th November will soon be upon us.

'The Family and Diabetes' was defined as the theme for the World Diabetes Day Campaign 2018 – 2019.

If you haven't anything planned yet, talk to your national diabetes association about how you can get involved.


By working together you can raise the profile of diabetes on WDD and all year round.


 Pakistan – Half of Pakistan population at risk of diabetes!
<https://nation.com.pk/08-May-2018/half-of-pakistan-population-at-risk-of-diabetes>


 USA – Why insulin costs are rising.
<https://health.usnews.com/health-care/for-better/articles/2018-06-29/whats-behind-the-rising-costs-of-insulin>

 Commonwealth Countries – Health Ministers propose more action on preventing non-communicable diseases.
<http://www.asiantribune.com/node/91856>

 India - Study finds diabetes has become an epidemic in India, needs urgent attention
<http://www.asianage.com/life/health/170618/study-finds-diabetes-has-become-an-epidemic-in-india-needs-urgent-attention.html>

 UK – NHS audit finds 90% of people with type 1 diabetes who use an insulin pump reach their target goal for limiting hypoglycemia.
<https://www.diabetes.co.uk/news/2018/jun/nhs-publishes-results-of-latest-national-insulin-pump-audit-94870966.html>

 New Zealand – Worrying increase in children under 15 with Type 2 diabetes - Pacific and Maori have highest rates.
<https://medicalxpress.com/news/2018-05-diabetes-slowly-auckland-kids-pacific.html>

 Ireland – Study predicts big worldwide increase in use of self-monitoring blood glucose devices.
<https://markets.businessinsider.com/news/stocks/self-monitoring-blood-glucose-devices-worldwide-trends-drivers-restraints-and-opportunities-to-2023-1027418215>

 Canada - in British Columbia insulin pumps

PDGN News

A growing number of national diabetes associations are joining PDGN as associate members. Large associations such as the American Diabetes Association and Diabetes Australia, small ones such as the Bermuda Diabetes and Maltese Diabetes Associations, alongside professional associations such as the Foundation of European Nurses in Diabetes (FEND) have all joined.

Their Associate Membership fee is linked to their size so please ask yours to consider joining if they have not already.

One in Five Workers With Diabetes Face Discrimination



A study in the UK for Dexcom - the glucose monitoring system manufacturer - found employees with diabetes often feel discriminated against at work with almost a third believing the condition has damaged their career.

This is despite the UK having some of the most advanced employment disability legislation in the world.

The survey of more than 800 type 1 and insulin-dependent type 2 diabetes patients found that a quarter had been questioned about the sick days they had taken from work, while 12% claimed they had been refused time off.

One in four said they had to take more than three days off work in the last year to manage their condition. Hospital appointments caused 61% to miss work, 47% had taken time off because of exhaustion and 28% avoided work because of diabetic hypoglycaemia.

Half claimed they worried about taking time off to manage the condition.

Half of the survey respondents believed employment laws designed to protect diabetic workers from discrimination were not properly enforced.

The Equality Act states employers should make reasonable adjustments to stop diabetics being disadvantaged at work in comparison with non-diabetic colleagues, which could include adjusting work times, changing their duties and allowing them to take time off if needed.


What's the position in your country? Is this an issue you could raise in your Parliament?

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are being made available to people of all ages who live with type 1 diabetes.
<https://markets.businessinsider.com/news/stocks/jdrf-canada-applauds-bc-government-s-decision-to-provide-insulin-pumps-to-people-of-all-ages-who-live-with-type-1-diabetes-1026888491>

 Australia - PDGN Patron, Hon Judi Moylan AO, reports on a number of wins with the Government including the announcement of a national diabetes screening programme to prevent diabetes related blindness.

She says: "We have also had approval of funding of over \$9 million to rollout a program in schools for children with Type 1 diabetes as well as several other



announcements in the Australian Government Budget 2018/19 including \$125 million for heart and diabetes research.

What's going on in your part of the world?

Please let us know what's going on in your part of the world meeting the challenge of diabetes. info@pdgn.co.uk