



REGAL
Care

Alpine Residential Home

Person Centred Care
In a Home from Home Environment

Call Us On 01732 455537



"Care Centred on Living Life Well"

Residential ≈ Dementia ≈ Respite

Alpine Residential Home

Located on a quite leafy street in the charming town of Sevenoaks, Alpine Residential Home has beautiful ornate Edwardian features and has been recently and stylishly refurbished. The secure gardens are carefully looked after with raised beds and patio areas for socialising. Inside we have worked hard to create a homely environment where they are cared for by the excellent staff team here.

Our location has great transport links with Sevenoaks Train Station just a few minutes' walk away.

We provide Residential and Dementia care which can be accommodated on a Long Term: Short term: Respite and Convalescence basis.

As a community we offer high quality, person centred care tailored to our service users needs. Our warm and friendly staff are committed to helping your loved one make new and happy memories in a happy, secure and home from home environment.

Our qualified Chefs work hard to ensure our menus are seasonal, nutritious and tasty. Personal choice and preference is important to us so all of our meals are freshly prepared and cooked in our professional kitchens. We use fresh and locally sourced seasonal vegetables, meats and fish where possible and at all times maintaining a high standard of quality. We are also able to meet the requirements of all types of religious, specialist and medical diets.

We have four relaxing and bright social areas which are perfect to enjoy the day's activities or to spend time with loved ones enjoying refreshments.

Our 29 bedrooms are bright and homely, all rooms come complete with a full set of bedroom furniture consisting of: Bed, Wardrobe, Bedside Table, Chest of Drawers and a relaxing seating area. We have different styles of bedrooms available which means we can cater for all needs/requirements.

Leisure & Lifestyle Services

At Alpine we have an extensive Leisure and Lifestyle Service. Our activities programmes are devised to be person centred and meet our individual residents needs. With various activities such as; Animal Therapy, Spa Days, Arts and Crafts, Reminiscence Therapy, Bingo and Cognitive games. We also put on various theme days throughout the year celebrating events like Burns' Night, Chinese New Year and Garden Parties.

We are dedicated to enabling and encouraging the residents to lead an activity based lifestyle.

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