



REGAL
Care

Blair House Residential Home

Person Centred Care
In a Home from Home Environment

Call us on 01424 437608



"Care Centred on Living Life Well"

Residential ≈ Dementia ≈ Respite

Blair House Residential Home

Blair House Residential Home is located in the lovely seaside town of St. Leonards-on-Sea, East Sussex. The stunning Georgian building is just 15 minutes from the sea. With accommodation for 26 residents, Blair House has recently undergone substantial refurbishment and redecoration.

The homes interior and comfortable surroundings are the perfect place to socialise and relax. As well as enjoying all the benefits of living by the sea, our residents can enjoy walks along the promenade or just spend time in our pleasant secluded garden.

We provide Residential and Dementia care which can be accommodated on a Long Term: Short term: Respite and Convalescence basis.

We strive to provide high quality, person centred care tailored to our residents needs in a resident led community.

A happy, secure and home from home environment with warm and friendly staff.

where making new and happy memories are a priority.

Our qualified cooks work hard to ensure our menus are seasonal and tasty.

Personal choice and preference is important to us, all of our meals are freshly prepared and cooked in our professional kitchens. We use fresh and locally sourced seasonal vegetables, meats and fish where possible and at all times maintaining a high standard of quality. We are also able to meet the requirements of all types of religious, specialist and medical diets.

Our beautifully decorated bedrooms are designed to meet various needs. They are bright and homely, all rooms come complete with a full set of bedroom furniture consisting of: a Bed, Wardrobe, Bedside Table, Chest of Drawers and a relaxing seating area.

We have different styles of bedrooms available which means we can cater for various needs.

Leisure & Lifestyle Services

Our activities programmes are devised to be person centred and meet our individual residents needs. The programme has a multifaceted approach and is devised to be; creatively, physically, emotionally and cognitively stimulating. Activities that feature are; Arts and Crafts, Group Discussions, Quizzes, Word Games, Music Reminiscence, Film Reminiscence, Sing Alongs, Reminiscence Sessions and Practical Activities such as baking. We strive to ensure that our residents; feel appreciated, at all times treated with respect, dignity and with a acknowledgement of their own psychological and emotional needs.

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