



REGAL  
*Care*

# Westlands Residential Home

Person Centred Care  
In a Home from Home Environment

Call Us On 01933 274430



*"Care Centred on Living Life Well"*



# Residential ~ Dementia ~ Respite

## Westlands Residential Home

Westlands Residential Home provides Dementia and Residential Care in a Grade II Listed Building full of character. We have vast and established gardens which house our family of chickens!

It is our aim to create an atmosphere in which our service users can live as normal a life as possible, to enhance their quality of life, and provide a safe and comfortable environment.

Our Health Care Assistants are recruited for their passion and dedication to care; it is not just a job but a vocation.

Our services can be accommodated on a Long Term: Short term: Respite, and Convalescence basis.

At Westlands we follow a holistic approach to our services. Providing high quality, person centred care tailored to our residents needs in a resident led community.

A happy and secure environment with warm and friendly staff where making new and happy memories are a priority.

Our qualified Head cooks work hard to ensure our menus are seasonal and tasty. Personal choice and preference is important to us, all of our meals are freshly prepared and cooked in our professional kitchens. We use fresh and locally sourced seasonal vegetables, meats and fish where possible and at all times maintaining a high standard of quality. We are also able to meet the requirements of all types of religious, specialist and medical diets.

We have three relaxing and bright social areas which are perfect to enjoy the day's activities or to spend time with friends.

Our beautifully decorated bedrooms are designed to meet various needs. They are bright and homely, all rooms come complete with a full set of bedroom furniture consisting of: a Bed, Wardrobe, Bedside Table, Chest of Drawers and a relaxing seating area. We have different styles of bedrooms available which means we can cater for various needs.

## Leisure & Lifestyle Services

Our activities programmes are devised to be person centred and meet our individual residents needs. The programme has a multifaceted approach and is devised to be; creatively, physically, emotionally and cognitively stimulating. Activities that feature weekly are; Arts and Crafts, Group Discussions, Quizzes, Word Games, Music Reminiscence, Film Reminiscence, Sing Alongs, Reminiscence Sessions and Practical Activities such as baking. We strive to ensure that our residents; feel appreciated, at all times treated with respect, dignity and with a acknowledgement of their own psychological and emotional needs.

48 Oxford Street  
Wellingborough  
Northamptonshire  
NN8 4JH  
Tel: 01933 274 430  
[manager.westlands@rctl.co.uk](mailto:manager.westlands@rctl.co.uk)  
[www.rctl.co.uk](http://www.rctl.co.uk)

