



COOKIES

The Website uses “cookies” to help personalise your online experience.

A cookie is a small text file that is downloaded onto ‘terminal equipment’ (eg a computer or smartphone) when the user accesses a website. It allows the website to recognise that user’s device and store some information about the user’s preferences or past actions.

Cookies cannot be used to run programs or deliver viruses to your computer. Cookies are uniquely assigned to you and can only be read by a web server in the domain that issued the cookie to you. I may use cookies to collect, store, and track information for statistical purposes to operate my Website and Services. You have the ability to accept or decline cookies. Most web browsers automatically accept cookies, but you can usually modify your browser setting to decline cookies if you prefer. However, if you do decline cookies it may limit your ability to use my website and services.

WHAT COOKIES DO YOU USE?

My own website only creates one cookie and this cookie is ‘Absolutely Necessary’ for the functioning of your website. This cookie is called ‘ASP.NET_SessionId’ and it stores a ‘Session ID’ which is used by Microsoft .NET Framework to deliver the web pages to the visitor. This cookie also expires at the end of the session which is when a visitor goes to another website or closes their browser window.

Because this cookie does not remain on your computer it has no way of tracking your website usage or retaining any of your data post expiry. This means consent is not required.

Cookie Name: ASP.NET_SessionId

LINKS TO OTHER WEBSITES

However, my website contains links to other websites that are not owned or controlled by me (including, amongst others, [Facebook](#) , [Twitter](#) and [YouTube](#)). Please be aware that I am not responsible for the privacy practices of such other websites or third parties. I encourage you to be aware when you leave my website and to read the privacy statements of each and every website that may collect personal information

GOOGLE ANALYTICS

I monitor my site using Google Analytics. These cookies are used to collect information about how visitors use my website and blog. I use the information to compile reports and to help me improve the website. The cookies collect information in an anonymous form, including the number of visitors to the website and blog, where visitors have come to the website from and the pages they visited.

More information may be found [here](#) and you may read [Google's overview of privacy and safeguarding data](#).

If you wish to opt out of being tracked by Google Analytics across all websites, you can do so [here](#).

Cookie Names: `_utma` / `_utmb` / `_utmc` / `_utmz`

HOW DO I CHANGE MY COOKIE SETTINGS?

Most web browsers allow some control of most cookies through the browser settings. To find out more about cookies, including how to see what cookies have been set, visit allaboutcookies.org.

FIND OUT HOW TO MANAGE COOKIES ON POPULAR BROWSERS

[Google Chrome](#)

[Microsoft Edge](#)

[Mozilla Firefox](#)

[Microsoft Internet Explorer](#)

[Opera](#)

[Apple Safari](#)

To find information relating to other browsers, visit the browser developer's website.

MORE INFORMATION

You can visit www.allaboutcookies.org for comprehensive information on how to block or restrict cookies on a wide variety of browsers. You'll also find details on how to delete cookies from your computer, as well as more general information about cookies. For information on how to do this on the browser of your mobile phone you'll need to refer to your handset manual. You may also wish to read how [Google uses data when you use our partners' sites or apps](#).