

SAVOURY

On Toast - Served all day

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| Sourdough Toast w/ Butter or Dairy-Free Spread..... | £1.50 |
| Gluten Free Toast w/ Butter or Dairy-Free Spread..... | £1.75 |
| Wanstead Fish Smoked Salmon & Cream Cheese on Sourdough Toast | £4.95 |
| Bacon Bun w/ Ketchup or Brown Sauce..... | £2.90 |
| or on Sourdough Toast add 50p | |
| Beans on Sourdough Toast..... | £2.50 |

Salad

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| Mehtap's Chicken Salad - Chicken, herbs, sweetcorn, cheddar cheese..... | £7.50 |
| Roasted Vegetable & Mozzarella Salad | £7 |
| Wanstead Fish Smoked Salmon Salad..... | £7.50 |

Some options can be made Dairy-Free or Gluten Free. Please ask the team.

Please place your order & pay at the till

Sourdough Toasties (served with salad garnish)

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| Roasted Vegetable & Mozzarella Cheese | £4.50 |
| Ham & Cheese | £4.50 |
| Spicy Tuna, Cheese & Tomato..... | £4.50 |
| Cheese & Tomato..... | £3.50 |
| BBQ Chicken & Cheese..... | £4.50 |

Caribbean

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| Jerk Mayo Chicken & Salad Bun..... | £4.50 |
| Caribbean Curry Patty with dressed salad... (Lamb/Beef/SaltFish/Vegetable/JerkChicken) | £4.50 |

Kids' sandwiches available from £2.95
Please ask the team.

DRINKS

Smoothies..... £4

Strawberry Smoothie

Strawberries, banana, soya yoghurt, apple juice

Tropical Smoothie

Mango, banana, soya yoghurt, pineapple juice

Berry Smoothie

Mixed berries, soya yoghurt, apple juice

Green Smoothie

Greens, berries, chia seeds, dairy-free milk

Turmeric Mango Smoothie

Turmeric, mango, banana, coconut milk, cinnamon

Climpson & Sons Speciality Coffee

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| Espresso Single/Double..... | £1.50 / £2.10 |
| Americano Med / Lge | £2.10 / £2.30 |
| Cappuccino Med / Lge | £2.50 / £3 |
| Flat White | £2.70 |
| Latte Med / Lge | £2.70 / £3 |
| Cortado..... | £2.40 |
| Piccolo | £2.30 |
| Macchiato | £2.30 |
| Mocha..... | £3 |
| Long Black | £2.10 |
| Iced Americano..... | £2.50 |
| Iced Latte..... | £3 |
| Affogato (Espresso over Vanilla Gelato.....) | £4.10 |

Marimba Hot Chocolate Melts £3

Melted flakes of Chocolate from our friends at Marimba in Sudbury, Suffolk

White Chocolate

Milk Chocolate

Sugar Free Dark Chocolate

Salted Caramel Hot Chocolate £2.50/£3.50

Hazelnut Hot Chocolate £2.50/£3.50

Speciality Hot Drinks

Chai Latte

Organic Yerba Mate (South American Super Herb).....

Babyccino.....

Prince & Sons Luxury Teas Pot £2.50 / Cup £1.80

English Breakfast

A blend of the best black tea from Assam, Kenya & Sri Lanka

Earl Grey

Sri Lankan black tea with bergamot oil & red cornflower

Green

The very best Mao Feng green tea

Peppermint

A perfectly balanced blend of cooling peppermint & sweet spearmint leaves

Berries & Cherries

Strawberries, elderberries, seabuckthorn berries & cherries

Chamomile & Rose

Chamomile flowers, rose petals & a hint of lavender

Caramel, Vanilla & Rooibos

Rooibos with creamy vanilla and a touch of smooth caramel

Decaf/Syrups/Non-dairy milks available. Ask the team.

SWEET

Handmade Cakes per slice £3.50
add soft serve ice cream, custard, whipped cream £4

The Currant Cream Tea -
Large Scone, clotted cream, jam, pot of tea £5.50

Artisanal Naturally Flavoured Gelato

1 Scoop £2.20
2 Scoops £4.10
3 Scoops £6.00

Sundaes

Mint Choc Sundae £8.50
Aero Mint chocolate, mint choc chip gelato, chocolate gelato, soft serve ice cream, whipped cream, chocolate sauce, cigar wafer, Flake

Chocolate Fudge Sundae £8.50
Chocolate gelato, chocolate fudge brownie, soft serve ice cream, whipped cream, chocolate sauce, cigar wafer, Flake

Bubblegum Sundae £7.50
Bubblegum Millions, bubblegum gelato, vanilla gelato, soft serve ice cream, whipped cream, bubblegum sauce, cigar wafer, Flake

Peanutella Sundae £6.50
Peanutella gelato, Snickers, soft serve ice cream, whipped cream, chocolate sauce, cigar wafer, Flake

Bounty Sundae £6.50
Coconut gelato, Bounty, soft serve ice cream, whipped cream, chocolate sauce, cigar wafer, Flake

Cookie Sundae £6.50
Cookie gelato, Oreos, soft serve ice cream, whipped cream, chocolate sauce, cigar wafer, Flake

Warm Cookie Dough £3.50
Chocolate cookie dough, chocolate sauce, soft serve ice cream

Chocolate Bar Shakes

Medium £4 Large £5

Chocolate bar of your choice, soft serve ice cream

/ Oreos / Mint Aero
/ Cadbury's Dairy Milk / Crunchie
/ Cadbury's Flake / Bounty
/ Smarties / Snickers
/ Skittles / Ferrero Rocher
/ Chocolate Digestive

Simple Shakes

Medium £4 Large £5

Vanilla
Chocolate
Strawberry
Banana

Treat Shakes (aka Freak Shakes!)

Vanilla £7
Chocolate £7
Berry £7

For Serious
SHAKERS only!!!

Gelato Shakes

Medium £5.50 Large £6.50

Bubblegum Shake
Bubblegum Millions, bubblegum gelato, whipped cream, marshmallows, 100's & 1000's

Coconut Shake
Bounty chocolate, coconut gelato, whipped cream, chocolate syrup, Flake

Cookie Shake
Galaxy Cookie Crumble, cookie gelato, whipped cream, chocolate sauce, Oreo Cookie

Strawberry Shake
Strawberries, mango sorbet, strawberry syrup, whipped cream

Mint Shake
Mint Aero, mint choc chip gelato, whipped cream, chocolate syrup

Original Chocolate Shake
Cadbury's Dairy Milk, chocolate gelato, whipped cream, chocolate syrup, Flake

Peanutella Shake
Snickers, peanutella gelato, whipped cream, chocolate syrup, Flake