

**Your Feet
Your Care**



**Diabetes Foot Care Pathway
for Northern Ireland**

The Diabetes Foot Care Pathway for Northern Ireland offers an improved service for adults living with diabetes.

Step 1: Foot Screening

- If you already live with diabetes or have been recently diagnosed, you will be assessed by a podiatrist/ podiatry assistant and an individual care plan will be agreed with you.
- You will be screened once a year to check your foot health.
- You will receive information on who to contact should you have any concerns about your feet.
- If problems are identified during your review you will be referred to step two of the pathway.



Step 2: Foot Protection Team (community based)

- This community based team provides early treatment and advice when a problem is identified.
- You will see a podiatrist at your local centre.
- A treatment plan will be discussed and agreed between you and your podiatrist.
- If your problem doesn't improve you will be referred to step three of the pathway.



Step 3: Enhanced Foot Protection Team (hospital based)

- Specialist hospital support is provided at this stage.
- You will see a podiatrist at your local hospital.
- Your problem will be continually assessed and treatment delivered by the most appropriate team.
- If you require further specialist treatment you will be referred to step four of the pathway.



Step 4: Multi-disciplinary Diabetes Foot Team (based at the Royal Victoria Hospital)

- Your local team will discuss your foot health with the regional Multi-disciplinary Diabetes Foot Team.
- You may be seen by the team in the Royal Victoria Hospital, Belfast.
- Foot problems that need treatment fast or are complex will be treated by this team.

If you have any concerns please
contact your local podiatrist.



There are over 100,000 people living with diabetes in Northern Ireland.

If you have diabetes, you should have your foot care plan reviewed every year by your local podiatry team.

**Your feet are very important.
You should check them every day.
Your podiatrist will guide you on how.**

This pathway has been produced by The Diabetes Network for Northern Ireland.

The Network brings together people living with diabetes, carers, and health and social care professionals working in partnership with Diabetes UK to improve diabetes services.