**JOB OPPORTUNITY**

**Cheer Parkinson’s Group – Assistant Co-ordinator £11 per hour**

A rare opportunity to help support older people with Parkinson’s Disease and their carers.

Meeting once a week on Mondays in the Claygate Centre for the Community, the CHEER Parkinson’s Group offers a range of activities, including chair-based classes, singing, games and quizzes, a three course lunch, and the ability to participate in other events happening in the Centre.

The Group aims to reduce social isolation and encourage the participants in the group to share tips and experiences and gain confidence. The exercises help them to stay active and they also have access to CHEER’s other services, including help with benefits claims and befriending.

**About CHEER**

CHEER is a small, but busy, local charity based in Claygate, which has been working for the benefit of older people for over 60 years. CHEER provides a range of services including:

* the Parkinson’s Support Group
* home visits to evaluate eligibility for benefits and other needs
* a one-to-one befriending service
* a range of social events

**The role**

* Assisting with the preparation and arrangements for the sessions
* Assisting with the group activities and exercises
* Encouraging a supportive environment where everyone can socialise and gain confidence
* Assisting the Group Co-ordinator with administrative tasks

**Skills and experience**

* Experience of working with older people
* An understanding of disabilities
* Ability to work within a team

**Personal attributes**

* Empathetic and enjoy meeting and working with people
* Patient and calm with a mature and caring attitude
* A sense of humour

The successful applicant will be working with the Group Co-ordinator in the Claygate Centre for the Community. This is a satisfying and worthwhile role which helps to improve the lives of Parkinson’s Disease sufferers and their carers.

Hours: 5 hours a week from 9:30-2:30 every Monday except public holidays (Full Time Equivalent 35 hours)

Salary: £11 per hour paid monthly

Essential requirements: an enhanced DBS check

If you are interested in learning more about this role, please contact the CHEER office on 01372 879321 or email [manager@cheer-elmbridge.org.uk](mailto:manager@cheer-elmbridge.org.uk), or visit our website at [www.cheer-elmbridge.org.uk](http://www.cheer-elmbridge.org.uk)