

Hampshire Healthy Families



Parent & Toddler Groups

New forest

**Visit Hampshire Healthy Families for more local & county information
including free workshops and local activities:**

www.hampshirehealthyfamilies.org.uk

New Milton	
<p><u>Open doors toddler group</u></p> <p>Meet at: Ashley Baptist church, Lower Ashley Road</p> <p>Email: families@ashleybaptistchurch.co.uk</p> <p>Tel No: 01425 610415</p>	<p>Day/s: Monday</p> <p>Time: 9.15 – 12pm</p> <p>Cost: Free</p>
<p><u>Rhyme time</u></p> <p>Venue: New Milton library, Gore Road, New Milton</p> <p>Facebook: Newmiltonlibrary</p> <p>Tel No: 03005551387</p>	<p>Day/s:Monday</p> <p>Time: 10.00 – 10.30</p> <p>Cost: Free</p>
<p><u>Ashley Family Hub</u></p> <p>Venue: Ashley Baptist church, Lower Ashley Road</p> <p>Facebook: Ashley family hub</p>	<p>Day/s: Tuesdays (Term Time)</p> <p>Time: 09.00 - 11</p> <p>Cost: Free</p>
<p><u>Little Angels Baby and Toddler group</u></p> <p>Venue: Hordle Church Memorial Hall, Hordle Lane, Lymington,SO41 0FB</p> <p>Website: www.hordleand tiptoechurch.org.uk</p> <p>Tel No:01425 626565/01590 682475</p>	<p>Day/s: Tuesdays (Term Time)</p> <p>Time: 09.30-11.30am 1.15 – 3.15pm</p> <p>Cost: £1.50 and additional child £1</p>
<p><u>Social Buggy Walk</u></p> <p>Venue: Beachcomber café, Marine Drive, Barton on sea, BH25 7DT</p> <p>Tel No: 07738 857767</p>	<p>Day: Wednesday</p> <p>Time: 10.00am</p> <p>Cost: Free</p>
<p><u>Story time</u></p>	<p>Day/s:</p>

<p>Venue: New Milton Library, Gores Road</p> <p>Facebook: new milton library</p>	<p>Thursday</p> <p>Time: 10.00-10.30am</p> <p>Cost: Free</p>
<p><u>Construction club</u></p> <p>Venue: New Milton Library</p>	<p>Day/s: Thursday</p> <p>Time: 4.30 – 6pm</p> <p>Cost: Free</p>
<p><u>Barton Parent and Toddler and Babies Group</u></p> <p>Venue: Barton on sea Methodist Church, Cliffe Road, BH25 7PA</p> <p>Tel No: 01425 611818</p>	<p>Day/s: Thursday</p> <p>Time: 1.30 – 3PM</p> <p>Cost: Not specified</p>
<p><u>Walkford URC Nippers and Natters toddler group</u></p> <p>Venue: Walkford United Reformed Church, 144 Ringwood Road, BH23 55RQ</p> <p>Tel No: 01425 278860</p> <p>Email: minister@christchurchgroupurc.org.uk</p>	<p>Day: Thursday</p> <p>Time: 9.30 – 11.30</p> <p>Cost: £1.50 per family</p>
<p><u>Little Pickles</u></p> <p>Venue: New Life Church, 34 Gores Road</p> <p>Website: http://www.newlifemilton.org.uk/little-pickles/</p>	<p>Day: Friday</p> <p>Time: 9.00 – 12pm</p> <p>Cost: £1 per adult</p>
<p><u>PEEP outside</u></p> <p>Venue: The Reading Rooms, Bashley Cross Road, Hinton, BH23 7DX</p>	<p>Day: Friday</p> <p>Time: 12.45 – 14.45</p>

Email; admin@theoutdoorlearningcompany.co.uk	Cost: Not specified
<p><u>St Mary Magdalene Toddler group</u></p> <p>Venue: St Mary Magdalene's Church, Church Lane, New Milton, BH25 6QL</p> <p>Tel No: 01425 620954</p>	<p>Day: Friday (term time only)</p> <p>Time: 9.30 – 11.30</p> <p>Cost: £1 and 50p for additional child</p>
Ringwood, Fordingbridge and Bransgore	
<p style="text-align: center;"><u>Social buggy walk</u> TBA</p> <p>A social buggy walk for parents and carers</p> <p>Venue: Carvers café, Ringwood</p> <p>Mobile: 07738 857767</p>	<p>Day/s: Mondays</p> <p>Time: 10.30</p> <p>Cost: Free</p>
<p><u>Tea and Play</u></p> <p>Venue: Fordingbridge Salvation Army Hall</p> <p>Tel no: 01425 650001</p>	<p>Day/s: Mondays and Fridays</p> <p>Time: 09.30 – 12.30</p> <p>Cost: Not specified</p>
<p><u>Parent and baby group</u></p> <p>Venue: Coach house day nursery, South Gorley, Fordingbridge, SP6 2PP</p> <p>Website: www.coachhousedaynursery.com</p> <p>Tel No: 01425 657711</p>	<p>Day/s: Fridays</p> <p>Time: 10 – 11.30</p> <p>Cost: Free</p>
<p><u>Tiddlywinks</u></p> <p>Venue: Alderholt Chapel, Hilbury road. Fordingbridge, SP6 3BQ</p>	<p>Day/s: Thursdays</p>

<p>Tel No: 01425 655155</p>	<p>Time: 10.00 – 11.30</p> <p>Cost: £1 per family</p>
<p><u>Tots and Tinies</u></p> <p>Venue: Fordingbridge Library</p> <p>Tel No: 0300 5551387</p>	<p>Day/s: Fridays</p> <p>Time: 09.30 – 10.00</p> <p>Cost: Free</p>
<p><u>Little club toddler church</u></p> <p>Venue: Downton Baptist Church, Downton, SP5 3NA</p> <p>Tel No: 01725 512971</p>	<p>Day/s: Wednesday (term time)</p> <p>Time: 9.00 – 11.30</p> <p>Cost: Donation</p>
<p><u>Aunt Sallys</u></p> <p>Venue: Ringwood Salvation Army</p> <p>Tel No: 01425 472909</p>	<p>Day/s: Tuesday and Friday</p> <p>Time: 9.00 – 11.00</p> <p>Cost: Not known</p>
<p><u>Little Lambs</u></p> <p>Venue: Trinity united church, Ringwood</p> <p>Website: http://www.trinityringwood.co.uk</p> <p>Tel No: 01425 461440</p>	<p>Day/s: Wednesdays</p> <p>Time: 10-11.30am</p> <p>Cost: £1.50</p>
<p><u>Poulner Poppets</u></p> <p>Venue: Poulner Baptist Church</p> <p>Email: pbc-office@poulnerchapel.plus.com</p> <p>Tel No: 01425 473388</p>	<p>Day/s: Fridays (Term Time)</p> <p>Time: 10-11.30</p>

	<p>Cost: Not specified</p>
<p><u>Babysensory</u></p> <p>Venue: Greyfriars, Ringwood</p> <p>Website: Babysensory</p> <p>Tel No: 07814 908861</p>	<p>Day/s: Tuesdays</p> <p>Time: Variable timings</p> <p>Cost: Not specified</p>
<p><u>Story and Craft session</u></p> <p>Venue: Ringwood library</p> <p>Website: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Monday 1st of the month</p> <p>Time:2 – 2.30</p> <p>Cost: Free</p>
<p><u>Tots and Tinys Rhyme time</u></p> <p>Venue; Ringwood Library</p> <p>Website: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days; Tuesdays</p> <p>Time: 2 – 2.30</p> <p>Cost: Free</p>
<p><u>Fluffy Chicks</u></p> <p>Venue: Damerham Village Hall, Damerham SP6 3HD Fordingbridge</p> <p>Facebook: https://www.facebook.com/fluffychickstoddlergroup/</p> <p>Tel No; 07973759086</p>	<p>Days: Tuesday</p> <p>Time:9.30 – 11.45</p> <p>Cost; £2.75 first child. £1 sibling</p>
<p><u>Storytime</u></p> <p>Venue: Ringwood library</p> <p>Website: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>DAYS: Thursdays</p> <p>Time; 2.15 – 2.45</p> <p>Cost; Free</p>

<p><u>Gods Play</u></p> <p>Venue: St.Marys church, Bransgore</p> <p>Tel No: 01425 672327</p>	<p>Days; Tuesdays</p> <p>Time: 10.00 – 11.30</p> <p>Cost: Not specified</p>
<p><u>Sallywags</u></p> <p>Venue: Bransgore Community Church.</p> <p>Tel No:01425 674513</p>	<p>Days: Thursday</p> <p>Time: 10.00 – 11.30</p> <p>Cost: Not specified</p>
Lymington and Brockinghurst	
<p><u>Rhyme time</u></p> <p>Venue: Lymington library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Tuesday</p> <p>Time: 2pm</p> <p>Cost: Free</p>
<p><u>Toddler Time</u></p> <p>Venue: <u>Lymington Library</u></p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Wednesday</p> <p>Time: 11 – 11.20</p> <p>Cost: Free</p>
<p><u>Baby play</u></p> <p>Venue: <u>Lymington Library</u></p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Thursday</p> <p>Time: 10 - 11</p> <p>Cost: Free</p>
<p>Hullabaloo Baby and toddler group</p>	<p>Days: Monday</p>

<p>Venue: Lymington Baptist church Baptist church, new street ,</p> <p>Tel No: 01590 672019</p>	<p>Time: 10 – 11.30</p> <p>Cost; Not specified</p>
<p>Baby and Toddler group</p> <p>Venue: St Thomas church, Lymington</p>	<p>Days; Tuesday</p> <p>Time;10 till 11.30</p> <p>Cost: Not specified</p>
<p><u>Toddler group</u></p> <p>Venue: Brockinghurst Methodist church</p> <p>Tel no; 01590 623328</p>	<p>Day/s: Tuesday</p> <p>Time: 10-11.30am</p> <p>Cost: £1 per family</p>
<p><u>Toddler group</u></p> <p>Venue: St Saviours Church,Brockinghurst</p> <p>Tel No: 01590 624584</p>	<p>Day/s: Fridays</p> <p>Time: 9.45 – 11.45</p> <p>Cost: Not Specified</p>
<p><u>Rhyme time</u></p> <p>Venue: Lyndhurst Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Wednesday</p> <p>Time: 10.30 - 11</p> <p>Cost: Free</p>
<p><u>Story Time</u></p> <p>Venue: Lyndhurst Library</p>	<p>Day/s: Tuesday</p> <p>Time:</p>

<p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>2.15 – 3.00</p> <p>Cost: Free</p>
<p>Totton and Marchwood</p>	
<p><u>Baby and Toddler group</u></p> <p>Venue: Eling Infant School</p>	<p>Day: Monday</p> <p>Time: 9 – 10.30</p> <p>Cost; £1.50 per family</p>
<p><u>Tots and dance soft play</u></p> <p>Venue: Mulberry Centre, Marchwood, SO40 4W</p> <p>Tel No: 07834067752</p>	<p>Days: Mondays</p> <p>Time: 10.30 – 11.30</p> <p>Cost: £3.50</p>
<p><u>Tiddlywinks</u></p> <p>Venue: Colbury Church Hall, SO40 7EH</p> <p>Tel No: 02380 292132</p>	<p>Day Monday</p> <p>Time: 10.00-11.30am</p> <p>Cost: £1.50</p>
<p><u>Natural babies (0 – 2) Wild life tots (2- 5)</u></p> <p>Venue: Testwood Lakes Centre, SO40 3XW</p> <p>Tel No: 02380 667929</p>	<p>Day/s: Tuesdays</p> <p>Time: 10.30 – 12.00</p> <p>Cost: Suggested Donation £4</p>
<p><u>Coffee morning/ Play time</u></p> <p>Venue: Mulberry Centre, Marchwood, so40 4wb</p>	<p>Day/s: wednesday</p>

<p>Tel No: 02380 862172</p>	<p>Time: 10.00 – 11.30</p> <p>Cost: Free</p>
<p><u>Tots Fun dances</u></p> <p>Venue: St Andrews Church, Dibden Purlieu. SO45 4WB</p> <p>Tel No: 07834067752</p>	<p>Day/s: Wednesday</p> <p>Time: 1.30 2.30</p> <p>Cost: £3.50 pay as you go</p>
<p><u>Buggy walk group</u></p> <p>Venue: Meet at The Chapel Café, Hammonds Green, SO40 3HG</p> <p>Tel no: 07738857767</p>	<p>Day/s: Thursday</p> <p>Time: 10.30</p> <p>Cost: Free</p>
<p><u>Rhyme Time</u></p> <p>Venue: Totton Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days; Thursday</p> <p>Time: 11.00 – 11.30</p> <p>Cost: Free</p>
<p><u>Small Talk</u></p> <p>Venue: Trinity Church, Hazel road, Totton, SO40 8WU</p> <p>Tel no: 02380 660441</p>	<p>Days; Thursday</p> <p>Time: 10 – 11.30</p> <p>Cost: Not specified</p>
<p><u>Marchwood Tots</u></p> <p>Venue: Marchwood Village Hall</p> <p>Tel no; 02380 667927</p>	<p>Days: Thursday</p> <p>Time; 10.00 – 11.30</p> <p>Cost: £1.50 first child, 20p additional child</p>

<p><u>Soft play</u></p> <p>Venue; Totton and Eling Community Centre</p>	<p>Day: Thursday</p> <p>Time:1.30 – 2.30</p> <p>Cost:£1.50 per family</p>
<p><u>Jelly Babies</u></p> <p>Venue: Testwood Baptist Church, Totton, SO40 3LZ</p> <p>Tel No: 02380 860320</p>	<p>Days: Friday</p> <p>Time:9.30 – 11.30</p> <p>Cost: Free</p>
<p><u>Jelly Tots</u></p> <p>Venue: Testwood Baptist Church, Totton, SO40 3LZ</p> <p>Tel No: 02380 860320</p>	<p>Days: Friday</p> <p>Time:10.00 – 11.30</p> <p>Cost: £1.50</p>
<p><u>Jiggly Wriggles(mixed age)</u></p> <p>Venue: Empire Hall, Totton Conservative club, Totton, SO40 3ZN</p> <p>Tel no: 07525438813</p>	<p>Days: Friday</p> <p>Time: 10.15 – 11.15</p> <p>Cost: £4 per family</p>
<p><u>Jiggly Wriggles(babies)</u></p> <p>Venue: Empire Hall, Totton Conservative club, Totton, SO40 3ZN</p> <p>Tel no: 07525438813</p>	<p>Days: Friday</p> <p>Time: 11.15 – 12pm</p> <p>Cost: £3 per family</p>
<p><u>Hythe and Blackfield</u></p>	
<p><u>Stay and Play soft play</u></p> <p>Venue: Gang Warily Recreation Centre, SO45 1GA</p> <p>Tel no: 02380 893603</p>	<p>Days; Monday</p> <p>Times; 9.30 – 11.30</p> <p>Cost: £2 per child</p>
<p><u>Little Footprints parent and Baby Group</u></p>	<p>Days: Monday</p>

<p>Venue: St Annes Community Centre, Warrys Close, Hythe, SO45 3QR</p> <p>Tel No:02380 844336</p> <p>Email: families@stjohnshythe.org</p>	<p>Time: 1 – 2.30</p> <p>Cost: Free</p>
<p><u>Smarties</u></p> <p>Venue: St Johns Hall, Hythe</p> <p>Tel No:02380 893379</p>	<p>Days: Monday</p> <p>Time: 9.30 – 11.00</p> <p>Cost: Not specified</p>
<p><u>Little Stars</u></p> <p>Venue: Parish Hall, Hythe</p> <p>Tel No: 02380 843147</p>	<p>Days; Monday</p> <p>Times: 9.30 - 11</p> <p>Cost; Not specified</p>
<p><u>Toddler Rhyme Time</u></p> <p>Venue; Hythe Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days: Monday</p> <p>Times: 10.00 – 10.30</p> <p>Cost: Free</p>
<p><u>Toddle Winks</u></p> <p>Venue: St Annes Community Centre, Warrys Close, Hythe, SO45 3QR</p> <p>Tel No:02380 844336</p> <p>Email: families@stjohnshythe.org</p>	<p>Days: Tuesday</p> <p>Time: 1 – 2.30</p> <p>Cost: £1 per child</p>
<p><u>Storytime</u></p> <p>Venue: Hythe Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days: Tuesday</p> <p>Times: 2pm</p> <p>Cost: Free</p>
<p><u>Dibden Minis</u></p>	<p>Days: Tuesday</p>

Venue: St Andrews Church, Dibden Purlieu Tel No: 02380 844336	and Thursdays Times: 10 – 11.30 Cost: £1 per child
<u>Parent and Toddler group</u> Venue: Cornerstone Church, New road, Hythe, SO45 6BR Tel No: 02380 843584	Days: Wednesday Times: 10 – 11.30 Cost: Not specified
<u>Little Acorns</u> Venue: Lighthouse Church, Hardley, SO45 3NZ Tel No: 02380 243306	Days; Wednesday and Fridays Times: 10 – 11.30 Cost: £1 Per child
<u>Jo Jingles(Music Time)</u> Venue; St Andrews Centre, Dibden Purlieu Tel No: 02380 848712 Email: jjnewforest@gmail.com	Days; Thursday Times: Call for times Cost: Not specified

Useful Websites:

Southern Health

<https://www.southernhealth.nhs.uk/services/child-health-services/health-visiting/access-to-health-visiting-services/child-health-clinics/>

Hampshire Healthy Families

<http://www.hampshirehealthyfamilies.org.uk/>

Families Online

<https://www.familiesonline.co.uk/local/south-west-hampshire/clubs-and-classes/baby-toddler>

Hampshire County Council Family Information Services Hub

<https://fish.hants.gov.uk/kb5/hampshire/directory/home.page>

Mums net

<https://www.mumsnet.com>

Netmums

<https://www.netmums.com>

Music Bugs

<http://www.musicbugs.co.uk/southampton/classes/>

Jiggy Wrigglers

<https://www.jiggywrigglers.com/category/news/locations-news/page/2/>

Baby sensory

www.babysensory.com