

Volunteering with us will...

- Allow you to make a difference in your community
- Allow you to gain new experiences
- Build confidence through learning new skills
- Make new friends
- Enhance potential job opportunities
- Look great on your CV
- Be rewarding and fun
- Help more vulnerable children, young people and families.



6 I love volunteering for Barnardo's. Over the last four years I've seen my young person who I visit once each month develop into a mature, young man who is courteous and happy...that's when you know you're making a difference. 🗨️
Nimesh

Small acts of good change the world...

There are many different ways that you can volunteer your time with Barnardo's, with opportunities to suit everyone!

How do I get involved?

Our teams will give you all the help and support to get started!

Full training, induction, and guidance will be provided, whatever opportunity you decide upon.

Please visit our volunteering web page and fill in the brief contact form and we'll be in touch!

barnardos.org.uk/volunteering
volunteering@barnardos.org.uk
T 0208 498 7320

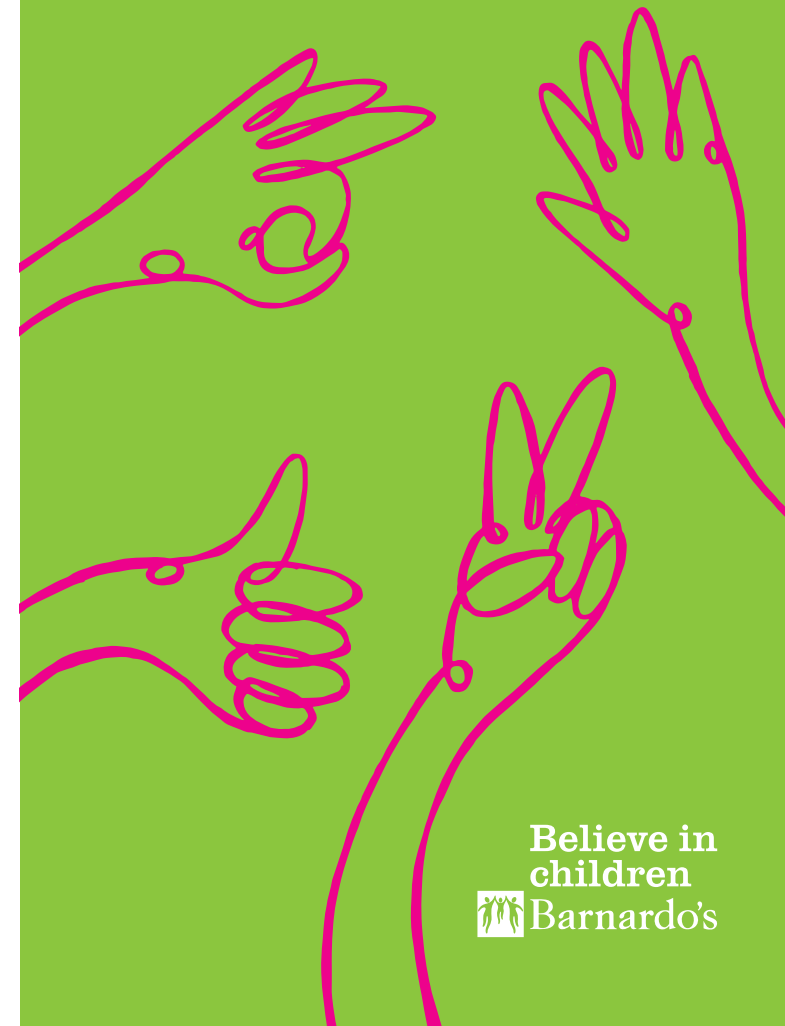
barnardos.org.uk

Barnardo House
Tanners Lane
Barkingside, Ilford
Essex IG6 IQG



Be a Volunteer

Incredible things happen when you believe in **children**

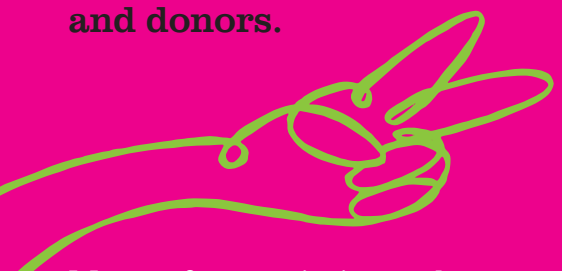


Believe in
children
 Barnardo's

Make a difference...

Barnardo's transforms the lives of the most vulnerable children across the UK through the work of our specialist services, campaigning and research expertise.

We are able to do this only through the contribution provided by our volunteers and donors.



Many of our existing volunteers tell us that giving their time to support Barnardo's allows them the chance to give something back to the community and really make a difference. It also provides them with opportunities to develop new skills, build on existing experience and knowledge and enhance their CV!

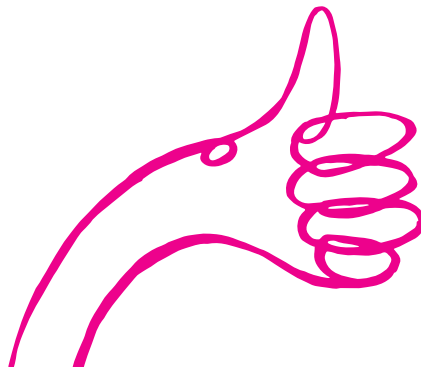
Whatever age (as long as you're 14 or over!), background or ability, we have a role to suit your needs. We need more amazing people like you to fill a wide range of super-flexible volunteering roles across our organisation and will provide all the training and support required through our enjoyable induction programme.

Get involved in... Children's Services



Become a mentor/ befriender at a children service centre.

- Be a Play Helper
- Help with gardening
- Provide administrative support
- Be a mentor
- Help out at one of our services.



Get involved in... Fundraising



- Run or support an event like a marathon or skydive
- Take part in a bucket collection
- Organise your own fundraising event.

Get involved in... Retail



- Sort Donations
- Shop Floor
- Merchandiser
- Window Dresser
- Van Driver Assistant
- Auditor.

