

Hampshire Healthy Families

Eastleigh & Romsey



Parent/Carer & Toddler/Baby Groups
Plus, Other Specialist Groups &
Activities

Netley, Bursledon, Hamble, Hedge End, Botley, West End

<p><u>Hamble Parent and Toddlers</u></p> <p>Venue: Hamble Memorial Hall, Hamble, SO314JE</p> <p>Website: https://www.hvmh.org.uk/bookings-calendar.html</p> <p>Tel No: 02380458240</p>	<p>Day: Tuesdays</p> <p>Time: 9.30-11am</p> <p>Cost: £2 for first child 50p for additional children</p>
<p><u>Mini Gems (under 3's) & Little Gems (Under 5's) Parent & Toddler Group</u></p> <p>Venue: St Pauls Church, Bursledon, SO318DU</p> <p>Booking is essential: (4) CYF at Bursledon Parish Facebook</p> <p>Email: suzanne.houston@bursledonparish.org</p>	<p>Mini Gems</p> <p>Day: Thursdays 10.45-11.45am</p> <p>Little Gems Day: Fridays 10.30-11.30am</p> <p>Cost: Not Specified</p>
<p><u>Cherubs Baby & Toddler Group</u></p> <p>Venue: St Andrews Church, Hamble, SO314JF</p> <p>Facebook: https://www.facebook.com/cherubshamble/</p> <p>Tel No: 02380452148</p>	<p>Day: Wednesday (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: Not Specified</p>

<p><u>Baby & Toddler Group</u></p> <p>Venue: The Salvation Army Community Church, Hedge End, SO302GL</p> <p>Contact for more info: paul.northover@salvationarmy.org.uk</p> <p>Facebook: https://www.facebook.com/HedgeEndSA/?ref=br_tf&epa=SEARCH_BOX</p>	<p>Day/s: Thursdays (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: £1.50 per family</p>
<p><u>Chuckles Baby & Toddler Group</u></p> <p>Venue: Kings Community Church, Hedge End, SO304BZ</p> <p>Must book for this session via Facebook - Chuckles Baby & Toddler Group - Hedge End Facebook</p>	<p>Day/s: Mondays & Wednesdays (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: Not specified</p>
<p><u>Rhymetime</u></p> <p>Venue: Hedge End Library, 11 Upper Northam Road SO30 4DY</p> <p>Website: Children's clubs and events Hampshire County Council (hants.gov.uk)</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Mondays & Thursdays</p> <p>Time: 10-10.30</p> <p>Cost: Free</p>
<p><u>Meet & Connect Sessions</u> (Free drop-in sessions for parents/carers with newborn babies)</p> <p>Venue: Hedge End Library, 11 Upper Northam Road SO30 4DY</p> <p>Website: Children's clubs and events Hampshire County Council (hants.gov.uk)</p>	<p>Day/s: Monday</p> <p>Time: 1-2pm</p> <p>Cost: Free</p>

<p>Tel No: 0300 555 1387</p>	
<p><u>Toddler Time</u> (Stories & Rhymes for under 5's)</p> <p>Venue: Netley Library, Station Road, SO315DT</p> <p>Website: Children's clubs and events Hampshire County Council (hants.gov.uk)</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Fridays</p> <p>Time: 10-10.30</p> <p>Cost: Free</p>
<p><u>Ready Steady Walk</u></p> <p>Venue: Meeting at Dowds Farm Community Car Park, Wellstead Way, Hedge End, SO302LD</p> <p>Website: Ready Steady Walk : Hampshire Healthy Families</p>	<p>Day/s: Thursdays (all year round)</p> <p>Time: 1pm</p> <p>Cost: Free</p>
<p><u>Abbey Tots by Hound Owls Pre-school</u></p> <p>Venue: Abbey Hall, Victoria Road, Netley Abbey, SO315FR</p> <p>Website: Hound Owls Preschool Butlocks Heath, Netley Abbey SO31 5FJ</p>	<p>Day: Tuesdays</p> <p>Time: 10-11.30am</p> <p>Cost: £1 per person</p>
<p><u>Stay & Play</u> (Toddlers up to 4years)</p> <p>Venue: St James Church, West End, SO30 3AT</p> <p>Website: About us - St James' Church West End (stjameswestend.org.uk)</p>	<p>Day/s: Wednesdays (Term Time)</p> <p>Time: 9.15-10.45am</p>

	Cost: £1.50
<p><u>Rhyme/ Story Time</u></p> <p>Venue: West End Library, Chapel Rd, SO30 3FE</p> <p>Website: West End Library Hampshire County Council (hants.gov.uk)</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Tuesday</p> <p>Time: 1.30-2pm</p> <p>Cost: Free</p>
Eastleigh, Fair Oak, Chandlers Ford	
<p><u>Walk & Talk NCT</u></p> <p>Venue: Outside Pavilion on the Park, Eastleigh, SO509LH</p> <p>Website: Eastleigh and district Local activities & meet-ups NCT</p>	<p>Day/s: Mondays</p> <p>Time: 11-12pm</p> <p>Cost: Free</p>
<p><u>Little Pixies (Babies & Toddlers 0-5years)</u></p> <p>Venue: Pavilion on the Park, Eastleigh, SO509LH</p> <p>Website: Little Pixies Parent, Baby & Toddler Group - Pavilion on the Park</p>	<p>Day/s: Tuesdays</p> <p>Time: 9.30-11.30am</p> <p>Cost: £4.50 per child £1 for additional</p>
<p><u>Pixies 4 Papas</u> (children aged 0-8years with Dads, Grandads, Uncles, Cousins & big brothers!)</p> <p>Venue: Pavilion on the Park, Eastleigh, SO509LH</p> <p>Website: What we do - Pavilion on the Park</p>	<p>Day/s: Saturday 1st June 29th June 3rd August 7th September 5th October</p>

	<p>7th December</p> <p>Time: 10-11.30am</p> <p>Cost: £3.50 per child £1 for additional</p>
<p><u>Parent & Toddler Group</u></p> <p>Venue: Velmore Church, Chandlers Ford, SO533GY</p> <p>Website: Toddler Group – Velmore Church</p> <p>Tel No: 02380 571414</p>	<p>Day: Tuesdays (term time)</p> <p>Time: 10-12pm</p> <p>Cost: Not specified</p>
<p><u>Footprints</u> (an inclusive play & support group for children under 5 with additional needs along with their families & carers)</p> <p>Venue: St Francis Church, Valley Park, SO534ST</p> <p>Website: https://stfrancis-valleypark.org.uk/events/footprints</p>	<p>Day: Tuesdays (term time)</p> <p>Time: 10.30-12pm</p> <p>Cost: Not specified</p>
<p><u>Stay & Play</u></p> <p>Venue: All Saints Church, Eastleigh, SO505NH</p> <p>Website: Children's Ministry eastleighparish</p>	<p>Day: Tuesdays (term time)</p> <p>Time: 9.30-11am</p> <p>Cost: Not specified</p>

<p><u>Dove Tots (from birth to Year R)</u></p> <p>Venue: Chandlers Ford Methodist Church, SO532GJ</p> <p>Website: www.chandlersfordmethodistchurch.org.uk/activityInfo.php?activity=Dovetots</p> <p>Facebook: (4) DoveTots Toddler Group Facebook</p> <p>Tel No: 02380 260128</p>	<p>Day: Wednesday (term time)</p> <p>Time: 1.45–3.15pm</p> <p>Cost: £1.50 per family</p>
<p><u>Who let the Dads out</u> (Babies - infant school children with dads, grandads, uncles etc)</p> <p>Venue: Chandlers Ford Methodist Church, SO532GJ</p>	<p>Day/s: 4th Saturday of the month</p> <p>Time: 9.30–11.30am</p> <p>Cost: Not specified</p>
<p><u>Pop in Tots (0–4years)</u></p> <p>Venue: Junction Church, High Street, Eastleigh, SO505LG</p> <p>Website: http://www.junctionchurch.org.uk/pop-in-tots/</p> <p>Email: popintots@junctionchurch.org.uk</p>	<p>Day: Wednesday (term time)</p> <p>Time: 10–11.30am</p> <p>Cost: Not specified</p>
<p><u>Bumps & Babies Group NCT</u></p> <p>Venue: Places Leisure, Eastleigh, SO509NL</p> <p>Website: Eastleigh and district Local activities & meet-ups NCT</p>	<p>Day: Friday</p> <p>Time: 1.15–2.45pm</p> <p>Cost: Suggested donation £2.50</p>

<p><u>Feeding Support Group NCT</u></p> <p>Venue: Chandlers Ford Library, SO532LH</p> <p>Website: Eastleigh and district Local activities & meet-ups NCT</p>	<p>Day: Monday</p> <p>Time: 10-12pm</p> <p>Cost: Free</p>
<p><u>Tots n Tinies</u></p> <p>Venue: St Marys Church, Bishopstoke, SO506DL</p> <p>Website: What's on cofebishopstoke</p>	<p>Day: Tuesday</p> <p>Time: 9.30-11am</p> <p>Cost: Not Specified</p>
<p><u>Stay & Play</u></p> <p>Venue: St Peters Church, Eastleigh, SO504FZ</p> <p>Website: http://www.parishofboyattwood.org.uk/events/regular-events/</p>	<p>Day: Friday</p> <p>Time: 10-11.30am</p> <p>Cost: Not specified</p>
<p><u>Rhyme Time</u></p> <p>Venue: Eastleigh Library, Swan Centre, SO505SF</p>	<p>Day: Monday & Thursday</p> <p>Time: 10.30-11am</p>

<p><u>Story Time & Crafts</u></p> <p>Venue: Eastleigh Library, Swan Centre, SO505SF</p> <p><u>Meet & Connect Sessions</u> (Free drop-in sessions for parents/carers with newborn babies)</p> <p>Venue: Eastleigh Library, Swan Centre, SO505SF</p>	<p>Day: Tuesday</p> <p>Time: 10-11am</p> <p>Day: Friday</p> <p>Time: 2-3pm</p> <p>Cost: Free</p>
<p><u>Rhyme Time</u></p> <p>Venue: Chandlers Ford Library, SO532LH</p> <p><u>Story Time</u></p> <p>Venue: Chandlers Ford Library, SO532LH</p>	<p>Day: Tuesday & Thursday</p> <p>Time: 10.30-11am</p> <p>Day: Monday</p> <p>Time: 10.30am</p> <p>Cost: Free</p>
<p><u>Teddies Baby & Toddler Group</u></p> <p>Venue: St Thomas Church, Fair Oak, SO507BG</p> <p>Website: http://sttoms.co.uk/</p>	<p>Day: Thursday (term time)</p> <p>Time: 9.30am</p> <p>Cost: Not Specified</p>

<p><u>Rhyme Time</u></p> <p>Venue: Fair Oak Community Library, SO507AX</p> <p>Website: www.facebook.com/FairOakCommunityLibrary</p> <p><u>Story Time</u></p> <p>Venue: Fair Oak Community Library, SO507AX</p>	<p>Day: Monday</p> <p>Time: 10-10.30am</p> <p>Day: Friday</p> <p>Time: 10-11am</p> <p>Cost: Free</p>

North Baddesley & Romsey	
<p><u>North Baddesley Toddler Group (0-5years)</u></p> <p>Venue: North Baddesley Village Hall, Botley Rd, SO529DT</p> <p>Website: www.facebook.com/groups/72172997625/</p>	<p>Day: Wednesday</p> <p>Time: 9.30-11am</p> <p>Cost: £3.00 for first child. 50p per additional</p>
<p><u>Sunshine Saints Toddler Group</u></p> <p>Venue: All Saints Church, North Baddesley, SO529ER</p> <p>Website: https://www.acnb-church.org/blog/2022-sunshine-saints/</p>	<p>Day: Friday</p> <p>Time: 10-11.30am</p> <p>Cost:</p>

	Suggested donation £2
<p><u>Wellow Rainbow Tots</u></p> <p>Venue: Wellow Village Hall, SO516BR</p> <p>Facebook: https://www.facebook.com/wellowrainbowtots/</p>	<p>Day: Monday</p> <p>Time: 9.15- 11am</p> <p>Cost: £3.00 per family</p>
<p><u>Tiddlywinks Toddler Group</u></p> <p>Venue: Romsey Methodist Church, SO518BZ</p> <p>Booking link available via facebook: https://www.facebook.com/TiddlywinksRomsey/</p>	<p>Day: Monday</p> <p>Time: 10-11.15am</p> <p>Cost: £3.00 (suggested donation)</p>
<p><u>Toddler Group</u></p> <p>Venue: Horns Drove Community Centre, SO168AD</p> <p>Website: https://nrweb.org.uk/community-facilities/toddler-group</p>	<p>Day: Tuesday</p> <p>Time: 9.30-11.30am</p> <p>Cost: £1.50 per family</p>
<p><u>Ready Steady Walk</u></p> <p>Venue: meeting outside Abbotswood Community Centre, Romsey, SO510BX</p> <p>Website: Ready Steady Walk – Romsey Tickets, Multiple Dates Eventbrite</p>	<p>Day: Wednesday (every week, all year round)</p> <p>Time: 10am</p>

<p>No need to book just turn up.</p>	<p>Cost: Free</p>
<p><u>Abbey Toddler Group</u></p> <p>Venue: Romsey Abbey Church Rooms, SO518EP</p> <p>Website: Abbey Toddlers Romsey Abbey</p>	<p>Day: Wednesday (term time)</p> <p>Time: 10-11.30am</p> <p>Cost: £1 per family</p>
<p><u>Singing Story Time</u></p> <p>Venue: St Swithuns Church, Romsey, SO519AP</p> <p>Website: Abbey Toddlers Romsey Abbey</p>	<p>Day: Wednesday (term time)</p> <p>Time: 1.30pm</p> <p>Cost: £1 per family</p>
<p><u>Tots 'N' Tinies</u></p> <p>Venue: Abbotswood Community Centre, Romsey, SO510BX</p> <p>Website: https://abbotswoodromsey.co.uk/abbotswood-tots-n-tinies/</p>	<p>Day: Monday (term time)</p> <p>Time: 9.30-11am</p> <p>Cost: Free</p>
<p><u>Toddle Time</u></p> <p>Venue: Romsey Baptist Church, SO518GW</p>	<p>Day: Wednesday (term time)</p>

<p>Website: https://romseybaptist.church/activities/toddle-time-bell-street/</p>	<p>Time: 10-11.30am</p> <p>Cost: Not specified</p>
<p><u>Woodley & Halterworth Playgroup</u></p> <p>Venue: Woodley Village Hall, Romsey, SO157NY</p> <p>Facebook: www.facebook.com/halterworthplaygrouppromsey/</p>	<p>Day: Thursday (term time)</p> <p>Time: 10-11.30am</p> <p>Cost: Not specified</p>
<p><u>Ark Toddler Group</u></p> <p>Venue: Awbridge Village Hall, Awbridge, SO510HG</p> <p>Website: http://www.awbridge.info/organisations/children/ark-toddler-group/</p> <p><u>Rhyme Time</u></p> <p>Venue: Romsey Library, Station Rd, SO518DN</p> <p><u>Story Time</u></p> <p>Venue: Romsey Library, Station Rd, SO518DN</p>	<p>Day: Friday (term time)</p> <p>Time: 9.30-11am</p> <p>Cost: £2.50 and 50p per additional</p> <p>Day: Thursday Friday</p> <p>Time: 11-11.30am 2-2.30pm</p> <p>Day: Tuesday</p> <p>Time:</p>

<p><u>Baby Play</u> (drop in session birth – 12months)</p> <p>Venue: Romsey Library, Station Rd, SO518DN</p>	<p>11-11.30</p> <p>Day: Monday (term time)</p> <p>Time: 10-11.30am</p>
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* Most groups are term time only – check with provider for more details*

If you notice a change to a group listed or know of a group we have missed please email us so that we can keep this list updated - hfh@barnardos.org.uk.

Other Useful Websites	
<p>Health Visiting Service https://healthforunder5s.co.uk/hampshire/services/your-health-visiting-service/</p> <p>Breastfeeding Support Groups https://www.hampshirehealthyfamilies.org.uk/breastfeeding</p> <p>Families Online https://familiesonline.co.uk/whats-on/</p> <p>Hampshire County Council Family Information Services Hub https://fish.hants.gov.uk/kb5/hampshire/directory/home.page</p>	

Music Bugs

<http://www.musicbugs.co.uk/southampton/classes/>

Jiggy Wrigglers

<https://www.jiggywrigglers.com/category/news/locations-news/page/2/>

Baby Sensory

www.babysensory.com