



## Child Health Advice Clinics

## **COVID-19 UPDATE:**

Thank you for your patience during this time. We are now offering the Health Visiting programme through a variety of virtual meetings and socially distanced appointments.











For Health Visiting advice, please contact our Health Visiting text message advice service, ChatHealth.

07520 615 720

We are able to support with questions from parents, carers and families relating to a wide range of health and wellbeing issues including crying babies, infant feeding, starting baby on solid foods, sleep and behaviour problems.

For change of appointments please contact your Health Visiting team directly.

## If your child is unwell, please contact your GP or NHS111

Further information about our services can be found on: www.hampshirehealthyfamilies.org.uk www.what0-18.nhs.uk