

Hampshire Healthy Families



Parent & Toddler Groups

Eastleigh & Romsey Area

**Visit Hampshire Healthy Families for more local & county information
including free workshops and local activities:**

www.hampshirehealthyfamilies.org.uk

Eastleigh (South)

<p><u>Magpies Toddler Group</u></p> <p>Venue: Pilands Wood Community Centre, Bursledon, SO318DT</p> <p>Website: http://www.pilandswoodcentre.co.uk</p> <p>Facebook: Pilands Wood Community Centre Facebook</p> <p>Tel No: 07761147101</p>	<p>Day/s: Mondays (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: 50p per child.</p>
<p><u>Teddies Baby & Toddler Group</u></p> <p>Venue: St Thomas Church, Fair Oak, SO507BG</p> <p>Website: http://www.sttoms.co.uk/page1/page17/page6/</p> <p>Facebook: https://www.facebook.com/StTomsFairOak/</p> <p>Tel No: 02380695786</p>	<p>Day/s: Thursday (Term Time)</p> <p>Time: 09.30am</p> <p>Cost: Not specified</p>
<p><u>Hamble Parent and Toddlers</u></p> <p>Venue: Hamble Memorial Hall, Hamble, SO314JE</p> <p>Website: https://www.hvmh.org.uk/bookings-calendar.html</p> <p>Tel No: 02380458240</p>	<p>Day/s: Tuesdays (Term Time)</p> <p>Time: 09.30-11.30am</p> <p>Cost: £1.75 per child</p>
<p><u>Little Gems Baby & Toddler Group (Bursledon & Lowford Families Only)</u></p> <p>Venue: St Pauls Church, Bursledon, SO318DU</p> <p>Website: https://bursledonparish.org/youth-kids/littlegems/</p> <p>Booking is essential: (4) CYF at Bursledon Parish Facebook</p> <p>Email: suzanne.houston@bursledonparish.org</p>	<p>Day/s: Friday (Term Time)</p> <p>Time: 10.30-11.30am</p> <p>Cost: Not Specified</p>
<p><u>Cherubs Baby & Toddler Group (Under 3 Only)</u></p> <p>Venue: St Andrews Church, Hamble, SO314JF</p> <p>Facebook: https://www.facebook.com/cherubshamble/</p> <p>Tel No: 02380452148</p>	<p>Day/s: Wednesday (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: £1</p>

<p><u>Baby & Toddler Group</u></p> <p>Venue: The Salvation Army Community Church, Hedge End, SO302GL</p> <p>Booking is essential: paul.northover@salvationarmy.org.uk</p> <p>Facebook: https://www.facebook.com/HedgeEndSA/?ref=br_tf&epa=SEARCH_BOX</p> <p>Tel No: 01489796491</p>	<p>Day/s: Thursdays (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: Not Specified</p>
<p><u>Baby & Parent Walking Group</u></p> <p>Venue: Dowds Farm, Hedge End, SO302LD (meeting at car park off Wellstead Way)</p> <p>Please book: https://hampshirehealthyfamilies.eventbrite.co.uk</p>	<p>Day/s: Thursdays</p> <p>Time: 10am</p> <p>Cost: Free</p>
<p><u>Rhymetime</u></p> <p>Venue: Hedge End Library, 11 Upper Northam Road SO30 4DY</p> <p>Facebook: (4) Hedge End Library Facebook</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Thursdays</p> <p>Time: 10-10.30</p> <p>Cost: Free</p>
Eastleigh (North)	
<p><u>Walk & Talk, Sit & Chat new parent support</u></p> <p>Venue: Places Leisure Eastleigh, Passfield Avenue, Eastleigh, SO50 9NL</p> <p>Booking is essential: Eastleigh and district NCT</p>	<p>Day/s: Mondays</p> <p>Time: 11-12</p> <p>Cost: Free</p>
<p><u>Baby Café – Breastfeeding Support</u></p> <p>Venue: Chandlers Ford Library, Oakmount Road SO53 2LH</p> <p>Booking is essential: https://www.facebook.com/eastleighnct</p> <p>Contact: coordinator.eastleigh@nct.org.uk</p>	<p>Day/s: Mondays</p> <p>Time: 10-12</p> <p>Cost: Free</p>

<p><u>Parent & Toddler Group</u></p> <p>Venue: Velmore Church, Chandlers Ford, SO533GY</p> <p>Website: http://www.velmore.org/events.php</p> <p>Tel No: 02380 571414</p>	<p>Day/s: Tuesdays (term time)</p> <p>Time: 9.45-12</p> <p>Cost: Not Specified</p>
<p><u>Stay & Play</u></p> <p>Venue: All Saints Church, Eastleigh, SO505LY</p> <p>Website: https://www.eastleighparish.com/calendar</p> <p>Tel No: 02380 321889</p>	<p>Day/s: Tuesdays (term time)</p> <p>Time: 09:30-11</p> <p>Cost: Not Specified</p>
<p><u>Dovetots Toddler Group</u></p> <p>Venue: Chandlers Ford Methodist Church, SO532GJ</p> <p>Website: www.chandlersfordmethodistchurch.org.uk/activityInfo.php?activity=Dovetots</p> <p>Facebook: (4) DoveTots Toddler Group Facebook</p> <p>Tel No: 02380 260128</p>	<p>Day/s: Wednesdays (term time)</p> <p>Time: 1.45-3.15pm</p> <p>Cost: £1.50 per family</p>
<p><u>Pop in Tots</u></p> <p>Venue: Junction Church, High Street, Eastleigh, SO505LG</p> <p>Website: http://www.junctionchurch.org.uk/pop-in-tots/</p> <p>Email: popintots@junctionchurch.org.uk</p>	<p>Day/s: Wednesdays (term time)</p> <p>Time: 10-11.30am</p> <p>Cost: Not specified</p>
<p><u>Bumps & Babies with Breast Feeding Support NCT</u> (No need to be an NCT member)</p> <p>Venue: Places Leisure Eastleigh, Passfield Avenue, Eastleigh, SO50 9NL</p> <p>Website: https://www.nct.org.uk/local-activities-meet-ups/region-south-central-england/eastleigh-district</p>	<p>Day/s: Fridays</p> <p>Time: 1.15-2.45pm</p> <p>Cost: £2 suggested donation</p>

<p><u>Toddlers</u></p> <p>Venue: Evangelical Church, Bishopstoke SO506DA</p> <p>Facebook: (4) Bishopstoke Evangelical Church Facebook</p> <p>Website: Toddlers – Bishopstoke Evangelical Church (bec.life)</p>	<p>Day/s: Fridays</p> <p>Time: 9.30-11am</p> <p>Cost: £1.50 per family</p>
<p><u>Stay & Play</u></p> <p>Venue: St Peters Church, Eastleigh, SO504FZ</p> <p>Website: http://www.parishofboyattwood.org.uk/events/regular-events/</p> <p>Call or text 07796 977618 to book your place</p>	<p>Day/s: Fridays (Term Time)</p> <p>Time: 10.15-11.30am</p> <p>Cost: Not specified</p>
<p><u>Rhymetime</u></p> <p>Venue: Eastleigh Library, Swan Centre, SO505SF</p> <p>Website: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Mondays & Thursdays</p> <p>Time: 10.30-11am</p> <p>Cost: Free</p>
<p><u>Rhymetime</u></p> <p>Venue: Chandlers Ford Library, Oakmount Rd, SO532LH</p> <p>Website: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Tuesdays & Thursdays</p> <p>Time: 10.30-11am</p> <p>Cost: Free</p>
Romsey	
<p><u>Tiddlywinks Toddler Group</u></p> <p>Venue: Romsey Methodist Church, SO518BZ</p> <p>Facebook: https://www.facebook.com/TiddlywinksRomsey/</p> <p>Must book via Eventbrite: https://www.eventbrite.co.uk/e/tiddlywinks-toddler-group-tickets-155675107437</p>	<p>Day/s: Mondays (Term Time)</p> <p>Time: 10-11.15am</p> <p>Cost: £2 per family</p>

<p><u>Wellow Rainbow Tots</u></p> <p>Venue: Wellow Village Hall, SO516BR</p> <p>Facebook: https://www.facebook.com/wellowrainbowtots/</p>	<p>Day/s: Mondays (Term Time)</p> <p>Time: 9.15-11am</p> <p>Cost: £3 per family</p>
<p><u>Tots 'N' Tinies</u></p> <p>Venue: Abbotswood Community Centre, Romsey, SO510BX</p> <p>Website: https://abbotswoodromsey.co.uk/abbotswood-tots-n-tinies/</p>	<p>Day/s: Mondays (Term Time)</p> <p>Time: 9.30-11am</p> <p>Cost: Not Specified</p>
<p><u>Toddler Group</u></p> <p>Venue: Horns Drove Community Centre, SO168AD</p> <p>Website: https://ww2.nrweb.org.uk/toddler-group</p> <p>Facebook: (4) Nursling and Rownhams Toddler Group Facebook</p>	<p>Day/s: Tuesdays (Term Time)</p> <p>Time: 9.30-11.30am</p> <p>Cost: £2 for an adult and up to 2 children.</p>
<p><u>Abbey Toddlers</u></p> <p>Venue: Romsey Abbey Church Rooms, SO518EP</p> <p>Website: https://www.romseyabbey.org.uk/get-involved/groups-and-activities/toddler-fellowship/</p> <p>Facebook: (3) Romsey Abbey Children and Families Facebook</p>	<p>Day/s: Wednesdays</p> <p>Time: 9.30-11am</p> <p>Cost: Suggested donation £1</p>
<p><u>Toddle Time</u></p> <p>Venue: Romsey Baptist Church, SO518GW</p> <p>Website: http://romseybaptist.church/c5/activities/toddle-time-bell-street/</p> <p>Tel No: 01794 501946</p>	<p>Day/s: Wednesdays (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: Not specified</p>

<p><u>Halterworth Playgroup</u></p> <p>Venue: Monfort Hall, Romsey, SO518PN</p> <p>Facebook: https://www.facebook.com/halterworthplaygroupromsey/</p>	<p>Day/s: Thursday (Term Time)</p> <p>Time: 10-11.30am</p> <p>Cost: Not Specified</p>
<p><u>Ark Toddler Group</u></p> <p>Venue: Awbridge Village Hall, Awbridge, SO510HG</p> <p>Website: http://www.awbridge.info/organisations/children/ark-toddler-group/</p> <p>Tel No: 01794 340709</p>	<p>Day/s: Friday (Term Time)</p> <p>Time: 9.30-11am</p> <p>Cost: Not Specified</p>
<p><u>They be Babies (Under 1's)</u></p> <p>Venue: Romsey Abbey Church Rooms, SO518EP</p> <p>Facebook: (3) Romsey Abbey Children and Families Facebook</p>	<p>Day/s: Fridays (Term Time)</p> <p>Time: 10.30am</p> <p>Cost: Not Specified</p>
<p><u>Rhymetime & Storytime</u></p> <p>Venue: Romsey Library, Station Rd, SO518DN</p> <p>Website: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s & Time: Thursday at 11am</p> <p>Friday at 2pm</p> <p>Cost: Free</p>

Useful Websites:

Hampshire Healthy Families

<http://www.hampshirehealthyfamilies.org.uk/>

Hampshire County Council Family Information Services Hub

<https://fish.hants.gov.uk/kb5/hampshire/directory/home.page>

Mums net

<https://www.mumsnet.com>

Netmums

<https://www.netmums.com>

Music Bugs

<http://www.musicbugs.co.uk/southampton/classes/>

Jiggy Wrigglers

<https://www.jiggywrigglers.com/>