

School Nursing Request for Support

Please complete all sections of this form and post/email securely to your School Nursing team. Please refer to the Southern Health website <https://www.hampshirehealthyfamilies.org.uk/> for the contact details of your local team.

Information about our service and the support we are able to offer can be found in the guidance below.

Childs Name:	DOB:
Address:	
NHS Number:	Phone Number:
English as a second language? YES / NO	Interpreter required?

Parents/Carer name:	Address: [If different to child]
Parental responsibility	Phone No: [If different to child]

GP:	Address:
Phone Number:	

School/ college:

Class teacher/ tutor:

Please detail any special educational needs or difficulties in accessing education?

Is the child:

Subject to a child protection plan? YES/NO Child in Care? YES/NO

Subject to a child in need plan? YES/NO Young Carer? YES/NO

If yes please give details below:

Names and contact details of professionals involved:

Youth Service	Education Inclusion Service	Social Care	Speech & Language
School Counsellor	Educational Psychologist	CAMHS	OT/ Physio
Youth Offending Services	Behaviour Support	Voluntary agencies	Other

<p>Please add any further relevant information.</p>
<p>Reason for request for support</p> <p>What has been tried already?</p>
<p>What are the expected outcomes from this request for support?</p>
<p><i>All referrals must be discussed with the parent/ carer/ young person [as appropriate] prior to referring to the School Nursing service</i></p> <p>I confirm that I have discussed this request for help with the parent/ carer/ young person and have gained consent from</p> <p>Signed:..... [Referrer]</p> <p>Name.....</p> <p>Role/ Designation:.....</p> <p>Telephone number..... Date.....</p>

School Nursing Service requests for support – guidance for professionals

The School Nursing Service works with children and young people to ensure that their health needs within school, home and community settings are met in line with the Healthy Child Programme (5-19 years).

As Specialist Public Health Practitioners our aim is to work in partnership with families, health, education and social care.

How the School Nursing team can help?

Some health and wellbeing issues may be resolved by signposting young people and families to the School Nursing webpages at <https://www.hampshirehealthyfamilies.org.uk/> as they offer links to supportive information and advice that parents, young people and professionals may find useful.

Parents/carers and young people can also be signposted to our ChatHealth texting service:

Advice for parent/carers of children 0-5 years – Text ChatHealth on 07520615720

Advice for parent/carers of children 5-19 years – Text ChatHealth on 07507332417

Advice for young people aged 11 – 19 years – Text ChatHealth on 07507332160

We offer **advice and signposting** regarding the following:

- Physical Health
- Emotional health and well being
- Healthy weights and lifestyles
- Support during transition through school/ college
- Relationships, sexual health, and substance misuse
- Parenting advice: accident prevention, sleep, behaviour and toilet training
- Supporting children and young people with complex or additional health needs
- For schools when managing children and young people with health or behavioural needs
- Support for children and young people not in school, in accessing support and health advice and universal aspects of the Healthy Child Programme that are normally delivered in school such as health reviews and immunisations.

We offer an **individualised episode of care up to 4 contacts** regarding the following:

- Emotional health and well-being – emerging anxiety which is disproportionate to development level where school based and/or self-help support or strategies have not been successful.

For more information see Hampshire CAMHS frequently asked questions for thresholds of referral - <https://hampshirecamhs.nhs.uk/help/parents-carers/>

- Healthy weights and lifestyles

Please be aware the school nurse team are not commissioned to:

- Complete hearing checks for children
- Deliver a counselling service
- Respond to urgent referrals that require immediate support from Childrens Services, a GP or Children and Adolescent Mental health service (CAMHS).
- Deliver health training sessions to school staff [e.g. anaphylaxis, epilepsy]
- To offer a continence service

Who can access our services?

The school nursing service provides health services for children and young people aged 5 -19 who attend state funded schools within Hampshire [excluding Portsmouth and Southampton]. We also offer services to children and young people who are home educated. Although Southern Health Foundation Trust do offer immunisation programmes to children and young people attending private schools, we are not currently commissioned to offer wider public health School Nursing services to children and young people in these schools.

How can I request support?

All professionals requesting support from the School Nursing service should complete this form. The consent of the child, young person or parent should be gained prior to making a referral. Children, young people and their families are able to request support directly from the School Nurse team.

Where do I send the form?

Completed forms should be emailed to the School Nurse team. For home educated children and young people please email to the team within the locality that they live. Details of all school nursing teams and the schools that they cover can be found on our website.

What happens on receipt of the request for support form?

This will be reviewed by a Specialist Community Public Health School Nurse and you will receive an acknowledgement.