



# Child Health Advice Clinics

**From Wednesday 18<sup>th</sup> March 2020 all Child Health Advice Clinics across Hampshire will be suspended until further notice.**

For Health Visiting advice, please contact the Health visiting text message advice service, ChatHealth.

We are able to support with questions from parents, carers and families relating to a wide range of health and wellbeing issues including crying babies, infant feeding, starting baby on solid foods, sleep and behaviour problems. As well as giving advice, the team can signpost to appropriate services and other support. Please text:

**07520 615720**

**If your child is unwell, please contact your GP or NHS111.**

**Your local Health Visiting team can be contacted on:**

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Further information about our services and your child's health can be found on;

- [www.hampshirehealthyfamilies.org.uk](http://www.hampshirehealthyfamilies.org.uk)
- <https://what0-18.nhs.uk/>
- <https://www.southernhealth.nhs.uk/>