**Covid-19   
Hampshire Health Visiting   
Infant Feeding Support Service for our families**

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| **Where can I get breastfeeding and bottle feeding support?**  You can expect to receive routine support from your health visiting team at the following times: |
| 1. **Antenatal Contact** |
| * Personal Child Health Record containing infant feeding pages will be distributed by the Health Visiting Team * All families will receive an Antenatal Contact by telephone or video appointment * “Face to face” if there is a compelling reason for the visit identified |
| 1. **4-6 day telephone consultation** |
| * All parents will received a 4-6 day telephone consultation to assess feeding and emotional wellbeing |
| 1. **New Birth Contact / Visit** |
| * All families will receive a New Birth telephone or video appointment. * Face to face if there is a compelling reason for the visit identified |
| 1. **Post Natal Contact** |
| * Only families identified as requiring an additional contact |
| 1. **Child Health Advice Clinics and Breastfeeding Drop-in groups** |
| * These groups have been suspended until further notice. |
| **Where do I go if I want further support or have a concern?** |
| * ChatHealth – Health Visiting text message advice service **07520 615720** 9.00am – 4.30pm Monday-Thursday 9.00am – 4.00pm Friday * Sign posting to approved resources * Health Visiting Team * National Breastfeeding Support line[**www.breastfeeding.nhs.uk**](http://www.breastfeeding.nhs.uk) **0300 100 0212** 9.30 am – 9.30pm |
| **Where do I go if I require more specialist advice or a more complex issue?** |
| * Video / telephone contact by the Health Visiting Team * Sign posting to approved resources * Home Visit if there is a compelling reason identified * Referral to another specialist Service |
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