

# Are you a first time parent?

Your health visiting team would like to invite you to join our next First Time Parent Group Course.



If you can join us, here's what you can expect:

- You'll get the chance to meet other first time parents in your local area,
- The group will be facilitated by members of your health visiting team
- You'll also get the opportunity to learn about your baby's development

If you would like to attend, please contact a member of your health visiting team to book a place.

