

# Hampshire Healthy Families

## Havant, Waterlooville & surrounding Areas



Parent/carer & Toddler/Baby Groups  
Plus, other Specialist Groups and  
Activities

## Library Rhyme Times – All year round

### Suitable for all under school age children 0–5

<p><b>Rhyme Time</b></p> <p><b>Venue:</b> Waterlooville Library, The Precinct, London Rd, PO7 7DT</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p> <p><b>Contact:</b> All Staff</p>	<p><b>Days:</b> Mondays and Thursday</p> <p><b>Time:</b> 10–10.30am &amp; 11 – 11.30am</p>
<p><b>Rhyme Time</b></p> <p><b>Venue:</b> Havant Library, Havant Meridian Centre PO9 1UN</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p> <p><b>Contact:</b> All staff / Lynn</p>	<p><b>Day:</b> Tuesdays</p> <p><b>Time:</b> 10.30 to 11am</p>
<p><b>Rhyme Time</b></p> <p><b>Venue:</b> Hayling Island Library, Elm Grove, PO11 9EE</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p> <p><b>Contact:</b> All Staff</p>	<p><b>Day:</b> Wednesdays</p> <p><b>Time:</b> 10.30 to 11am</p>
<p><b>Rhyme Time</b></p> <p><b>Venue:</b> Emsworth Library, Emsworth Community Centre, North Street, Emsworth PO10 7DD</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p> <p><b>Contact:</b> All staff</p>	<p><b>Day:</b> Thursdays</p> <p><b>Time:</b> 10.00 to 10.30am</p>
<p><b>Rhyme Time</b></p> <p><b>Venue:</b> Leigh Park Library, Park Parade, HAVANT, PO9 5AB</p>	<p><b>Day:</b> Fridays</p>

<p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a>  <b>Telephone:</b> 08456 035 631  <b>Contact:</b> All staff</p>	<p><b>Time:</b> 10 to 10.30 am</p>
<h2 style="background-color: #6a3d9a; color: white; padding: 5px;">SEN Support Group</h2>	
<p><b>Safe Space</b>  <b>Venue:</b> Anders Hall, Jubilee Park, Milton Road, Waterlooville PO7 6AW  <b>@safespace_senwaterlooville</b>  <b>Contact:</b> Jess or Bex  <b>Email:</b> <a href="mailto:safespacewithjessandbex@gmail.com">safespacewithjessandbex@gmail.com</a></p> <p>Uniting parents and carers with neurodiverse children and those with disabilities.</p>	<p><b>Day:</b> Thursdays  <b>Time:</b> 10-12pm  <b>Cost:</b> Free</p>
<h2 style="background-color: #6a3d9a; color: white; padding: 5px;">Mondays</h2>	
<p><b>Little Fishes</b>  <b>Venue:</b> Saint John's Church Centre, 120 Redhill Road, Rowlands Castle, PO9 6DF  <b>Website:</b> <a href="http://saintjohnschurch.org.uk">Little Fishes Playtime – Saint John's Rowlands Castle (saintjohnschurch.org.uk)</a>  <b>Telephone:</b> 02392 410111  <b>Contact:</b> Church Office</p>	<p><b>Day:</b> Mondays  <b>Time:</b> 9 – 11am  <b>Cost:</b> £1 donation  <b>Term Time</b></p>
<p><b>Park Play</b>  <b>Venue:</b> Heart of the Park (Formally Leigh Park Community Centre) Dunsbury Way, Leigh Park, PO9 5BG  <b>Website:</b> <a href="http://cfirst.org.uk/leigh-park-community-centre">cfirst.org.uk/leigh-park-community-centre</a>  <b>Telephone:</b> 023 92 476382  <b>Contact:</b> Centre Staff  <b>Facebook:</b> Leigh Park Community Centre  For children under 5 – safe play area &amp; café  (café open 9.30 – 2.30pm Mon- Thurs)</p>	<p><b>Day/s:</b> Monday – Thursday  <b>Time:</b> 10.30 – 12.30pm  <b>Cost:</b> £2  All year round</p>

<p><b>The Breastfeeding Network – Meet up Group</b></p> <p><b>Venue:</b> The Spring Arts &amp; Heritage Centre, 56 East Street, Havant . PO9 1BS</p> <p><b>Website:</b> <a href="http://www.breastfeedingnetwork.org.uk">www.breastfeedingnetwork.org.uk</a></p> <p><b>Facebook:</b> @Havantandeasthampshirebreastfeedinginformation (also at other locations through the week)</p>	<p><b>Day:</b> Mondays</p> <p><b>Time:</b> 10 – 11.30am</p> <p><b>Cost:</b> Free – coffee shop open</p>
<p><b>Beacon Babies</b></p> <p><b>Venue:</b> The Beacon Lounge, Inside Meridian Centre, Havant PO9 1UN</p> <p><b>Telephone:</b> Office 023 92 470167</p> <p><b>Email :</b> <a href="mailto:admin@beaconchurchhavant.org.uk">admin@beaconchurchhavant.org.uk</a></p> <p>For Babies up to 1 year</p>	<p><b>Day:</b> Mondays</p> <p><b>Time:</b> 10am to 11am</p> <p><b>Cost:</b></p>
<p><b>Meet &amp; Connect</b></p> <p><b>Venue:</b> Hayling Island Library, Elm Grove, PO11 9EE</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p> <p><b>Contact:</b> All Staff</p> <p>New Group for new parents with their new babies from birth providing information and play</p>	<p><b>Day:</b> Mondays</p> <p><b>Time:</b> 10.30 am to 11.30am</p> <p><b>Cost:</b> FREE</p>
<p><b>Baby Play Time</b></p> <p><b>Venue:</b> Hayling Island Library, Elm Grove, PO11 9EE</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p> <p><b>Contact:</b> All Staff</p> <p>Free fun play session for babies up to 1 year old.</p>	<p><b>Day:</b> Mondays</p> <p><b>Time:</b> 10am to 11am</p> <p><b>Cost:</b> FREE</p>

<p><b>Monday Club</b> Free drop in for parents with children under 5 Play, chat, coffee &amp; Fun. <b>Venue:</b> The Bridge Centre, 67 Beech Rd, West Town, Hayling Island PO11 0JD <b>Telephone:</b> Church &amp; Food Bank : 023 9246 8835 Run by Church volunteers</p>	<p><b>Day:</b> Mondays <b>Time:</b> 9am – 11am <b>Cost:</b> FREE</p>
<p><b>Pebbles</b> <b>Venue:</b> Emsworth Baptist Church, North Street, Emsworth, PO10 7BY <b>Website:</b> <a href="http://www.emsbaptist.org.uk">www.emsbaptist.org.uk</a> <b>Email:</b> <a href="mailto:admin@emsbaptist.org.uk">admin@emsbaptist.org.uk</a> <b>Telephone:</b> 01243 375 606 <b>Contact:</b> Church office <b>Facebook:</b> Emsworth Baptist Church</p>	<p><b>Day:</b> Mondays <b>Time:</b> 9.45am – 11:15am <b>Cost:</b> £1</p>
<p><b>Mini Multiples</b> <b>Venue:</b> St Nicholas Church Hall, Belmont Grove, Bedhampton, HAVANT, PO9 3PU <b>Telephone:</b> 02392 439 185 <b>Facebook:</b> Mini Multiples-Twins, triplets &amp; more group</p>	<p><b>Day:</b> Mondays (Term Time) <b>Time:</b> 10am to 12pm <b>Cost:</b> £4 per family</p>
<h2>Tuesdays</h2>	
<p><b>Ready Steady Walk</b> <b>Venue – Meet outside:</b> Spring Arts &amp; Heritage Centre, 56 East St, HAVANT, PO9 1BS <b>Website:</b> <a href="http://www.hampshirehealthyfamilies.org.uk">www.hampshirehealthyfamilies.org.uk</a> <b>Email:</b> <a href="mailto:Debbie.mead@barnardos.org.uk">Debbie.mead@barnardos.org.uk</a></p>	<p><b>Day:</b> Tuesdays <b>Time:</b> 1.30pm 45mins</p>

<p><b>Telephone:</b> 07590 625 811</p> <p><b>Contact:</b> Debbie</p>	<p><b>Cost:</b> Free</p> <p><b>No need to book</b></p> <p>Runs all year</p>
<p><b>Baby Play Time (Up to 1 yr)</b></p> <p><b>Venue:</b> Emsworth Library, Emsworth Community Centre, North St, Emsworth, PO10 7DD</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p>	<p><b>Day:</b> Tuesdays</p> <p><b>Time:</b> 10.00– 11.00am</p> <p><b>Cost:</b> FREE</p>
<p><b>Purbrook Baby &amp; Toddler group</b></p> <p><b>Venue:</b> Christ Church Hall, London road, Widley, PO7 5AT</p> <p><b>Contact:</b> Fleur &amp; Sam</p> <p><b>Telephone:</b> Fleur 07889 813368</p> <p>Just turn up for group</p>	<p><b>Day:</b> Tuesdays</p> <p><b>Time:</b> 10– 11.30am</p> <p><b>Cost:</b> £1 + 50p ex chd Term Time</p>
<p><b>Babies, Biscuits and Banter</b></p> <p><b>Venue:</b> St. James Office (Next to the Hall on Church Path), Emsworth, Hants.</p> <p><b>Website:</b> <a href="http://www.warblingtonwithemsworth.org">www.warblingtonwithemsworth.org</a></p> <p><b>Telephone:</b> 01243 372428</p> <p>For Newborns to pre walkers</p>	<p><b>Day:</b> Tuesdays</p> <p><b>Time:</b> 10 – 11.30am</p>
<p><b>Parent &amp; Toddler Group 0–3yrs</b></p> <p><b>Venue:</b> Hart Plain Methodist Church, 59 Hart Plain Ave, Waterlooville, PO8 8RG</p> <p><b>Telephone:</b> 02392 254452</p> <p><b>Email:</b> <a href="mailto:admin@hcpcs.co.uk">admin@hcpcs.co.uk</a></p> <p><b>Contact:</b> Karen Swain</p> <p><b>Website:</b> <a href="http://www.hartplainchurchpreschool.co.uk">www.hartplainchurchpreschool.co.uk</a></p> <p><b>Facebook:</b> <a href="https://www.facebook.com/Hartplainchurchpreschool/">https://www.facebook.com/Hartplainchurchpreschool/</a></p>	<p><b>Day:</b> Tuesdays</p> <p><b>Term Time only</b></p> <p><b>Time:</b> 10 – 12pm</p> <p><b>Cost:</b> £1.50</p>

<p><b>Little Acorns</b>  <b>Venue:</b> The Acorn Community Centre, Weacock Farm, Waterlooville PO8 9UX  <b>Website:</b> <a href="http://www.acorncentre.org.uk">www.acorncentre.org.uk</a>  <b>Email:</b> <a href="mailto:admin@acorncentre.org.uk">admin@acorncentre.org.uk</a>  <b>Telephone:</b> 02392 258423</p>	<p><b>Day:</b> Tuesdays  <b>Time:</b> 12.30pm – 2.00pm  <b>Cost:</b> £1 donation per family</p>
<p><b>Parents &amp; Toddlers</b>  <b>Venue:</b> St George’s Church, Waterlooville, PO7 7EH  <b>Telephone:</b> 0778 4526167 (Phone first – waiting list)  <b>Website:</b> <a href="http://www.stgeorgesnews.org/">http://www.stgeorgesnews.org/</a>  <b>Email:</b> <a href="mailto:parish.office@stgeorgesnews.org">parish.office@stgeorgesnews.org</a>  <b>Contact:</b> Dawn Hyett  <b>Facebook:</b> <a href="https://www.facebook.com/STGWATERLOOVILLE/">https://www.facebook.com/STGWATERLOOVILLE/</a></p>	<p><b>Day:</b> Tuesdays  <b>Time:</b> 10am – 11.30am  <b>Cost:</b> £1.50 50p for each additional child</p>
<p><b>Adventure Time</b>  <b>Venue:</b> Havant Leisure Centre, Leisure Centre, Civic Centre Rd, Havant PO9 2AY  <b>Website:</b> <a href="https://horizonlc.com/">https://horizonlc.com/</a>  <b>Email:</b> <a href="mailto:customer.relations@horizon.lc.com">customer.relations@horizon.lc.com</a>  <b>Telephone:</b> 02392476026  <b>Contact:</b> Reception  <b>Facebook:</b> horizonleisurecentre</p>	<p><b>Day/s:</b> Tuesdays &amp; Thursdays  <b>Time:</b> 9.30am to 11am  <b>Cost:</b> £3.50 No need to book</p>
<b>Wednesdays</b>	
<p><b>Baby &amp; Toddler Group</b>  <b>Venue:</b> Wellington Vale Care Home, Darnel Rd Waterlooville PO7 7TY  <b>Contact:</b> Helen Cox  <b>Telephone:</b> 02392 240 486</p>	<p><b>Day:</b> Wednesdays  <b>Time:</b> 10.30–12pm</p>

Let your Babies and Toddlers play and interact with the residents -bringing benefits to both	<b>Cost:</b> FREE
<b>Toddlers at Christ Church Widley</b> <b>Venue:</b> Christ Church Hall, London road, Widley, PO7 5AT <b>Contact:</b> Clara & Gill <b>Facebook:</b> <a href="#">Toddlers at Christchurch Widley Wednesday 9.45am</a> <a href="#">  Facebook</a>	<b>Day:</b> Wednesdays (Term Time) <b>Time:</b> 9.45- 11.15am <b>Cost:</b> £2 + 50p ex
<b>Horndean Baptist church Toddlers</b> <b>Venue:</b> Napier Hall, HORNDEAN, PO8 9NL <b>Website:</b> <a href="http://www.horndeanbaptistchurch.org.uk">www.horndeanbaptistchurch.org.uk</a> <b>Email:</b> <a href="mailto:lizknellhbc@gmail.com">lizknellhbc@gmail.com</a> <b>Telephone:</b> Liz Knell 07739096251 <b>Contact:</b> Liz Knell <b>Facebook:</b> <a href="#">(20+) Facebook</a>	<b>Day:</b> Wednesdays <b>Time:</b> 9.15- 11 am <b>Cost:</b> £1.50 per family
<b>St Joseph's Parent, Toddler and Baby Group</b> <b>Venue:</b> St Joseph's Church, 134 West Street, Havant, . PO9 1LP <b>Website:</b> <a href="http://www.rchavant.com">http://www.rchavant.com</a> <b>Email:</b> <a href="mailto:office@rchavant.com">office@rchavant.com</a> <b>Telephone:</b> 02392 484520 <b>Facebook:</b> <a href="#">(20+) Facebook</a> <b>Contact:</b> Hall manager Vicky McGuigan singing, story time, crafts with lots of toys and refreshments	<b>Day:</b> Wednesdays <b>Time:</b> 10 am to 11.30am <b>Cost:</b> £1 Donation per session
<b>St Wilfred's Toddler Group</b> <b>Venue:</b> St Wilfred's Church, Padnell rd, Cowplain, PO8 8DZ <b>Website:</b> <a href="#">St Wilfrid's Toddler Groups - Wednesday and Friday mornings - St Wilfrid's Cowplain (stwilfridscowplain.co.uk)</a> <b>Email:</b> <a href="mailto:toddlers@stwilfridscowplain.co.uk">toddlers@stwilfridscowplain.co.uk</a> <b>Contact:</b> Bob <b>To Book:</b> <a href="http://www.eventbrite.co.uk/e/st-wilfrids-toddler-groups-tickets-">www.eventbrite.co.uk/e/st-wilfrids-toddler-groups-tickets-</a>	<b>Day:</b> Wednesdays & Fridays (term time) <b>Time:</b> 9.30am to 11.30am <b>Cost:</b> £2.00



<p><b>Wednesday Toddlers at COGS</b></p> <p><b>Venue:</b> Church of the Good Shepherd, Crookhorn Lane, Waterlooville, PO7 5QB</p> <p><b>Website:</b> <a href="https://cogs.org.uk/">https://cogs.org.uk/</a></p> <p><b>Contact:</b> Clare Hargreaves (Club)</p> <p><b>Telephone:</b> 02392 256814</p> <p><b>Facebook:</b> <a href="https://www.facebook.com/COGScrookhorn">https://www.facebook.com/COGScrookhorn</a></p>	<p><b>Day:</b> Wednesdays (Term time)</p> <p><b>Time:</b> 10am to 11.30am</p> <p><b>Cost:</b> £1.50</p>
<p><b>Tots &amp; Toys</b></p> <p><b>Venue:</b> Empower Centre, 47 Botley Drive, Leigh Park, PO9 4RS</p> <p><b>Website:</b> <a href="https://family.church/empowercentres/">https://family.church/empowercentres/</a></p> <p><b>Telephone:</b> 0300 302 0090</p> <p><b>Email:</b> megg.black@family.church</p> <p><b>Contact:</b> Megg Black – group Lead</p>	<p><b>Day:</b> Wednesdays</p> <p><b>Time:</b> 10 – 11.30am</p> <p><b>Cost:</b> FREE Including free breakfast</p>
<h2>Thursdays</h2>	
<p><b>Ready Steady Walk</b></p> <p><b>Venue – Meet outside:</b> Wellington Vale Care Home, Darnel Rd, Waterlooville, PO7 7TY</p> <p><b>Website:</b> <a href="http://www.hampshirehealthyfamilies.org.uk">www.hampshirehealthyfamilies.org.uk</a></p> <p><b>Email:</b> Debbie.mead@barnardos.org.uk</p> <p><b>Telephone:</b> 07590 625 811      <b>Contact:</b> Debbie</p> <p>Free refreshments after the walk as well as facilities for changing/feeding babies. Can use venue in bad weather if walk not viable.</p>	<p><b>Day:</b> Thursdays</p> <p><b>Time:</b> 1.30pm to 2.15pm</p> <p><b>Cost:</b> FREE</p> <p><b>No need to book</b></p>
<p><b>Meet &amp; Connect</b></p> <p><b>Venue:</b> Leigh Park Library, Park Parade, HAVANT, PO9 5AB</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 08456 035 631</p> <p><b>Contact:</b> All Staff</p> <p>New Group for new parents with their new babies from birth providing information and play</p>	<p><b>Day:</b> Thursdays</p> <p><b>Time:</b> 10am– 11am</p> <p><b>Cost:</b> Free</p>

<p><b>Bethel Babies – Mums &amp; Tots</b></p> <p><b>Venue:</b> Bethel Church 441 Dunsbury Way, Leigh Park Havant PO9 5BD</p> <p><b>Face Book:</b> <a href="https://www.facebook.com/bethelmumstots">https://www.facebook.com/bethelmumstots</a></p> <p><b>Telephone:</b> 02392 176400</p>	<p><b>Day:</b> Thursdays (term time)</p> <p><b>Time:</b> 9.30am- 11am</p> <p><b>Cost:</b> Free</p>
<p><b>The Ark Toddler Group</b></p> <p><b>Venue:</b> St James Parish Hall, North St, Emsworth, PO10 7BY</p> <p><b>Website:</b> <a href="http://www.warblingtonwithemsworth.org">www.warblingtonwithemsworth.org</a></p> <p><b>Contact:</b> <a href="mailto:Childrenandyouth@warblington.org">Childrenandyouth@warblington.org</a></p>	<p><b>Day:</b> Thursdays (Term time)</p> <p><b>Time:</b> 9.30am to 11.00am</p> <p><b>Cost: Free</b></p>
<p><b>Tots &amp; Tunes</b></p> <p><b>Venue:</b> Church of the Good Shepherd, Crookhorn Lane, Waterlooville, PO7 5QB</p> <p><b>Website:</b> <a href="https://cogs.org.uk/">https://cogs.org.uk/</a></p> <p><b>Contact:</b> Clare Hargreaves (Club)</p> <p><b>Telephone:</b> 02392 256814</p> <p><b>Facebook</b> <a href="https://www.facebook.com/cogschildrenandtoddlers">facebook/cogschildrenandtoddlers</a></p> <p><b>Contact:</b> Posy (Administrator) <a href="mailto:office@cogs.org.uk">office@cogs.org.uk</a></p> <p><b>Facebook:</b> <a href="https://www.facebook.com/groups/1140979372914721">https://www.facebook.com/groups/1140979372914721</a> <a href="https://www.facebook.com/COGScrookhorn">https://www.facebook.com/COGScrookhorn</a></p>	<p><b>Day:</b> Thursdays (Term time)</p> <p><b>Time:</b> 10am to 11.00am</p> <p><b>Cost:</b> £1.50</p>
<p><b>Toddlers at Waterlooville Baptist Church</b></p> <p><b>Venue:</b> Waterlooville Baptist Church, 368 London Rd, Waterlooville, PO7 7SY</p> <p><b>Website:</b> <a href="#">Waterlooville Baptist Church : Toddlers</a></p>	<p><b>Day:</b> Thursdays (Term Time)</p> <p><b>Time:</b></p>

<p><b>Telephone:</b> 02392 269489</p> <p><b>Contact:</b> Pat Knowles</p> <p><b>Email:</b> <a href="mailto:administrator@waterloovillebaptist.org.uk">administrator@waterloovillebaptist.org.uk</a></p>	<p>10am to 11.30am</p> <p><b>Cost:</b> £1.25 + ex child 25p</p>
<p><b>Happy Feet Toddler Group</b></p> <p><b>Venue:</b> Hayling Island Community Centre, Station Rd, HI PO11 0HB</p> <p><b>Website:</b> <a href="#">Community Centre in Hayling Island - HICCA</a></p> <p><b>Telephone:</b> 023 9246 7545</p> <p><b>Facebook:</b> <a href="#">(20+) Happy Feet - Baby &amp; Toddler Group Hayling Island Community Centre   Facebook</a></p>	<p><b>Day:</b> Thursdays (Term Time)</p> <p><b>Time:</b> 9.30am to 11.30am</p> <p><b>Cost:</b> £3</p>
<p><b>'Toddlers' and 'Bumps &amp; Babies' at Cowplain</b></p> <p><b>Venue:</b> Cowplain Evengelical Church, Dudley Rd, Cowplain, PO8 8XA</p> <p><b>Website:</b> <a href="#">Children   Cowplain Church</a></p> <p><b>Email:</b> <a href="mailto:office@cowplainchurch.co.uk">office@cowplainchurch.co.uk</a></p> <p><b>Telephone:</b> 02392 262188</p> <p><b>Contact:</b> Pastor is Rev Phil Brown      <b>Tori Loversidge</b></p> <p><b>Book:</b> <a href="#">Cowplain Evangelical Church Events   Eventbrite</a></p>	<p><b>Day:</b> Thursdays</p> <p><b>Time:</b></p> <p><b>Toddlers:</b> 9.30am -11am</p> <p><b>Bumps &amp; Babies</b> 11.30-1pm</p> <p><b>Cost:</b> £2 on the door</p>
<p><b>The Baby Group – up to 1 year old</b></p> <p><b>Venue:</b> Havant and Emsworth United Reformed Church, North Street Havant, PO9 1PP</p> <p><b>Website:</b> <a href="https://www.havanturc.org/contactus.htm">https://www.havanturc.org/contactus.htm</a></p> <p><b>Telephone:</b> 02392455337</p> <p><b>Contact:</b> Mrs Chris Shaw   <a href="mailto:dgmshaw@aol.com">dgmshaw@aol.com</a></p> <p><b>Facebook:</b> <a href="https://www.facebook.com/HavantandEmsworthURC">https://www.facebook.com/HavantandEmsworthURC</a></p>	<p><b>Day:</b> Thursdays</p> <p><b>Time:</b> 10.00am to 11.30am</p> <p><b>Cost:</b> £1.50</p> <p>Term Time only</p>
<b>Fridays</b>	
<p><b>Baby Group – up to 1 year old</b></p> <p><b>Venue:</b> Waterlooville Horizons Leisure Centre, PO7 7UW</p>	<p><b>Day:</b> Fridays</p>

<p><b>Website:</b> <a href="http://horizonlc.com">Horizon Leisure Centres – Leisure Centres in Havant &amp; Waterlooville (horizonlc.com)</a></p> <p><b>Contact:</b> Emma George (Wellbeing Team) Regularly supported by a local GP/health visiting team &amp; Breastfeeding network volunteer</p>	<p>(Term Time)</p> <p><b>Time:</b> 10.30 – 11.30am</p> <p><b>Cost:</b> FREE</p>
<p><b>Newlands Tots (0 – 4yrs)</b></p> <p><b>Venue:</b> Newlands community centre, Newlands Ave, waterlooville, PO7 3BX</p> <p><b>Website:</b> <a href="http://www.newlandscommunitygroup.com">www.newlandscommunitygroup.com</a>.</p>	<p><b>Day:</b> Fridays (Term Time)</p> <p><b>Time:</b> 10 – 11.30am</p> <p><b>Cost:</b> £2 + 50p for ex children</p>
<p><b>Beacon Fun Club</b></p> <p><b>Venue:</b> The Beacon Church, Inside Meridian Centre, Havant PO9 1UN</p> <p><b>Telephone:</b> Office 023 92 470167</p> <p><b>Email:</b> <a href="mailto:admin@beaconchurchhavant.org.uk">admin@beaconchurchhavant.org.uk</a></p> <p>Play, singing, music, dance, craft, snack &amp; story time.</p>	<p><b>Day:</b> Fridays (Term Time)</p> <p><b>Time:</b> 10 – 11.30am</p> <p><b>Cost:</b> £1.50 per family Or Babies £1</p>
<p><b>First Steps</b></p> <p><b>Venue:</b> St Mary's Hall, Church Road, Hayling Island, Hants. PO110NT</p> <p><b>Website:</b> <a href="http://www.haylinganglicans.co.uk/young-people-and-families/">http://www.haylinganglicans.co.uk/young-people-and-families/</a></p> <p><b>Telephone:</b> 02392 467277 / 07855861363</p> <p><b>Contact:</b> Sue Moss or Priest in charge Rev Jenny Gaffin</p>	<p><b>Day:</b> Fridays (term time)</p> <p><b>Time:</b> 9am to 11.30am</p> <p><b>Cost:</b> Donations</p>
<p><b>Little Lambs</b></p> <p><b>Venue:</b> The Pallant Centre Hall, The Pallant, Havant, PO9 1BE</p> <p><b>Facebook:</b> <a href="#">St Alban's West Leigh   Facebook</a></p>	<p><b>Day:</b> Fridays (Term Time)</p> <p><b>Time:</b> 9.30 – 11.00am</p>

<p><b>Telephone contact:</b> Karina Green 07598 828480 Sandra Haggan 07452 982787</p> <p>For Parents &amp; Carers and their children aged 0 – 5yrs</p>	<p><b>Cost:</b> Donations</p>
<p><b>Baby Play Time (Up to 1 yr)</b></p> <p><b>Venue:</b> Waterlooville Library, The Precinct, London Rd, Waterlooville, PO7 7DT</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 023 92 252 608</p>	<p><b>Day:</b> Fridays</p> <p><b>Time:</b> 9.30am to 10.30am</p> <p><b>Cost:</b> FREE</p>
<p><b>Toddler Time (1 -2 yrs)</b></p> <p><b>Venue:</b> Waterlooville Library, The Precinct, London Rd, Waterlooville, PO7 7DT</p> <p><b>Website:</b> <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><b>Telephone:</b> 023 92 252 608</p>	<p><b>Day:</b> Fridays</p> <p><b>Time:</b> 11am to 12pm</p> <p><b>Cost:</b> FREE</p>
<p><b>St Wilfred's Toddler Group</b></p> <p><b>Venue:</b> St Wilfred's Church, Padnell rd, Cowplain, PO8 8DZ</p> <p><b>Website:</b> <a href="#">St Wilfrid's Toddler Groups - Wednesday and Friday mornings - St Wilfrid's Cowplain (stwilfridscowplain.co.uk)</a></p> <p><b>Email:</b> <a href="mailto:toddlers@stwilfridscowplain.co.uk">toddlers@stwilfridscowplain.co.uk</a></p> <p>Contact: Bob</p> <p>To Book: <a href="http://www.eventbrite.co.uk/e/st-wilfrids-toddler-groups-tickets-">www.eventbrite.co.uk/e/st-wilfrids-toddler-groups-tickets-</a></p>	<p><b>Day:</b> Fridays &amp; Wednesdays (Term time)</p> <p><b>Time:</b> 9.30am to 11.30am</p> <p><b>Cost:</b> £2.00</p>
<p><b>Bethel Babies – Mums Meet</b></p> <p><b>Venue:</b> Bethel Church 441 Dunsbury Way, Leigh Park Havant PO9 5BD</p> <p><b>Face Book:</b> @bethelmumstots.church</p> <p><b>Telephone:</b> 02392 176400</p>	<p><b>Day:</b> Fridays (Term time)</p> <p><b>Time:</b> 1.30pm – 3pm</p> <p><b>Cost:</b> Free</p>

<p><b>Little Explorers Stay &amp; Play</b></p> <p><b>Venue:</b> Syrch Centre, Lutman Street, Emsworth</p> <p>A friendly group for children, from birth onwards, and their families. Meet new friends and enjoy painting, playdough, sensory activities, singing and more.</p> <p><b>Contact:</b> Laura or Mary to book a place</p> <p><b>Telephone:</b> 07776320608</p> <p><b>Email :</b> <a href="mailto:littleexplorersnurseryschool@gmail.com">littleexplorersnurseryschool@gmail.com</a></p>	<p><b>Day:</b> Fridays (Please check dates)</p> <p><b>Time:</b> 1.45 – 2.45pm</p> <p><b>Cost:</b> £1 per family</p> <p><b>BOOK</b></p>
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## Saturdays

<p><b>Who Let the Dads out?</b></p> <p><b>Suitable age</b> – children 0-5yrs</p> <p><b>Venue:</b> Christ Church Hall, London road, Widley, PO7 5AT</p> <p><b>Contact:</b> Robin Humphris</p> <p><b>Webpage link:</b> <a href="#">Who Let The Dads Out?   Christ Church Portsdown</a></p> <p>Opportunity for Dads and male carers to come together, have a bacon sarnie and play with their children</p>	<p><b>Day:</b> Every 3rd Saturday of the month</p> <p><b>Time:</b> 9- 11.am</p> <p><b>Cost:</b> FREE</p>
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## Other useful apps & websites

<p>Happity <a href="https://www.happity.co.uk/">https://www.happity.co.uk/</a></p> <p>Families Online <a href="https://www.familiesonline.co.uk/local/south-west-hampshire/clubs-and-classes/baby-toddler">https://www.familiesonline.co.uk/local/south-west-hampshire/clubs-and-classes/baby-toddler</a></p> <p>Hampshire County Council Family Information Services Hub <a href="https://fish.hants.gov.uk/kb5/hampshire/directory/home.page">https://fish.hants.gov.uk/kb5/hampshire/directory/home.page</a></p> <p>Parent Voice – Additional needs groups <a href="http://www.parentvoice.info/en/Find_a_Support_Group">http://www.parentvoice.info/en/Find_a_Support_Group</a></p>
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\* Most groups are term time only – check with provider for more details\*  
If you notice a change to a group listed, please let us know so that we can keep this list updated.

Visit Hampshire Healthy Families for more local & county information including free workshops and local activities:

<http://www.hampshirehealthyfamilies.org.uk/>