

Hampshire Healthy Families



Parent & Toddler Groups

New forest

Visit Hampshire Healthy Families for more local & county information
including free workshops and local activities:

www.hampshirehealthyfamilies.org.uk

New Milton	
<p><u>New Life Tots</u></p> <p>Venue: New Life Church, 34 Gores Road</p> <p>Website: https://www.facebook.com/groups/newlifetots/?notif_id=1644595736205953&notif_t=group_r2j_approved&ref=notif</p>	<p>Day/s: Monday</p> <p>Time: 9.00 – 11.30</p> <p>Cost: £1</p>
<p>Toddler time</p> <p>Venue: New Milton library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day/s: Monday</p> <p>Time: 10.30 – 11.00</p> <p>Cost: Free</p>
<p><u>Ashley Family Hub</u></p> <p>Venue: Ashley Baptist church, Lower Ashley Road</p> <p>Facebook: https://www.facebook.com/Ashley-Family-Hub-726105920882894/</p>	<p>Day/s: Tuesdays (Term Time)</p> <p>Time: 09.00 – 11.00</p> <p>Cost: Free</p>
<p><u>Little Angels Baby and Toddler group</u></p> <p>Venue: Hordle Church Memorial Hall, Hordle Lane, Lymington, SO41 0FB</p> <p>Website: www.hordleandtiptoechurch.org.uk</p> <p>Tel No: 01425 626565</p>	<p>Day/s: Tuesdays (Term Time)</p> <p>Time: 09.30-11.30am 1.15-3.15</p> <p>Cost: £1.50 and additional child £1</p>
<p><u>Social Buggy Walk for parents and carers</u></p> <p>Venue: Beachcomber café, Marine Drive, Barton on sea, BH25 7DT</p> <p>Tel No: 07738 857767</p> <p>Link: Ready Steady Mums Walking Group. Barton on Sea, Hampshire. Tickets, Multiple Dates Eventbrite</p>	<p>Day: Wednesday</p> <p>Time: 10.00am</p> <p>Cost: Free</p>

<p><u>Rhyme time</u></p> <p>Venue: New Milton Library, Gores Road</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day/s: Thursday</p> <p>Time: 10.30 – 11.00</p> <p>Cost: Free</p>
<p><u>Barton Parent and Toddler and Babies Group</u></p> <p>Venue: Barton on sea Methodist Church, Cliffe Road, BH25 7PA</p> <p>Tel No: 01425 611818</p>	<p>Day/s: Thursday</p> <p>Time: 1.30 – 3pm</p> <p>Cost: £1</p>
<p><u>The Ark toddler group</u></p> <p>Meet at: Ashley Baptist church, Lower Ashley Road</p> <p>Email: youth@ashleybaptistchurch.co.uk</p> <p>Tel No: 01425 610415</p>	<p>Day: Friday</p> <p>Time: 9.30 – 11.30</p> <p>Cost: Free</p>
<p><u>Baby Play</u></p> <p>Venue: New Milton Library, Gores Road</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day/s: Friday</p> <p>Time: 10.30 -11.30</p> <p>Cost: Free</p>
<p><u>Construction Club</u></p> <p>Venue: New Milton Library, Gores Road</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day/s: Saturday</p> <p>Time: 10.00-12.00</p> <p>Cost: Free</p>
<p>Fordingbridge, Ringwood and Bransgore</p>	

<p><u>Tea and Play</u></p> <p>Venue: Fordingbridge Salvation Army Hall</p> <p>Tel no: 01425 650001</p>	<p>Day/s: Mondays and Fridays</p> <p>Time: 09.30 – 12.30</p> <p>Cost: Not known</p>
<p><u>Fluffy Chicks</u></p> <p>Venue: Damerham Village Hall, Damerham SP6 3HD Fordingbridge</p> <p>Facebook: https://www.facebook.com/fluffychickstoddlergroup/</p> <p>Tel No; 07973759086</p>	<p>Days: Tuesday</p> <p>Time: 9.30 – 11.45</p> <p>Cost; £2.75 first child. £1 sibling</p>
<p><u>Tiddlywinks</u></p> <p>Venue: Alderholt Chapel, Hilbury road. Fordingbridge, SP6 3BQ</p> <p>Tel No: 01425 655155</p>	<p>Day/s: Thursdays</p> <p>Time: 09.30 – 10.30 Over 2s– 11.00 – 12.00 Under 2s</p> <p>Cost: £1 per family</p>
<p><u>Social buggy walk for parents and carers</u></p> <p>Venue: Salvation Army Church, Round hill, Fordingbridge, SP6 1AQ</p> <p>Link: Ready Steady Mums Walking Group Fordingbridge, Hampshire. Tickets, Thu 15 Jun 2023 at 13:00 Eventbrite</p>	<p>Day: Thursday</p> <p>Time: 1pm</p> <p>Cost: Free</p>
<p><u>Rhyme time</u></p> <p>Venue: Fordingbridge Library</p> <p>Facebook; : https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 5551387</p>	<p>Day/s: Fridays</p> <p>Time: 10.30- 11.00</p> <p>Cost: Free</p>
<p><u>The Branch Littler buds</u></p> <p>Venue: <u>Fordingbridge community church</u></p> <p>Contact : https://newlifecommunitychurch.co.uk/connect/events/</p>	<p>Day: Friday</p> <p>Time: 9.30 – 11.00</p> <p>Cost: Not known</p>

<p><u>Baby group</u></p> <p>Venue: Fordingbridge Nursery</p> <p>Email: http://www.fordingbridgedaynursery.com/baby-group/</p> <p>Tel No: 01425 656060</p>	<p>Day: Friday</p> <p>Time: 9.30 – 11.00</p> <p>Cost: Free</p>
<p><u>Construction Club</u></p> <p>Venue: Fordingbridge library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day/s: Saturday</p> <p>Time: 10.00-1.00</p> <p>Cost: Free</p>
<p><u>Breast feeding support.</u></p> <p>Venue: Boston Tea party,15 Furlong center, Ringwood</p> <p>Contact: https://bcp.mumbler.co.uk/support-services/breastfeeding-support</p>	<p>Day: Monday</p> <p>Time: 10-12</p> <p>Cost: Free</p>
<p><u>Aunt Sallys</u></p> <p>Venue: Ringwood Salvation Army</p> <p>Tel No:01425 472909</p>	<p>Days: Tuesday and Friday</p> <p>Time: 9-11</p> <p>Cost: Not known</p>
<p>A social buggy walks for parents and carers</p> <p>Venue: Ringwood library, Ringwood</p> <p>Mobile: 07738 857767</p> <p>Link: Ready Steady Mums Walking Group Ringwood, Hampshire. Tickets. Multiple Dates Eventbrite</p>	<p>Day: Tuesday</p> <p>Time:10am</p> <p>Cost: Free</p>
<p><u>Little Lambs</u></p> <p>Venue: Trinity united church, Ringwood</p> <p>Website: http://www.trinityringwood.co.uk</p> <p>Tel No: 01425 461440</p>	<p>Day/s: Wednesdays</p> <p>Time: 10-11.30am</p> <p>Cost: £1.50</p>

<p><u>Rhyme time</u></p> <p>Venue; Ringwood Library</p> <p>Website: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day: Wednesday</p> <p>Time: 10.30 – 11.00</p> <p>Cost: Free</p>
<p><u>Walkford URC Nippers and Natters toddler group</u></p> <p>Venue: Walkford United Reformed Church, 144 Ringwood Road, BH23 55RQ</p> <p>Tel No: 01425 278860</p> <p>Email: minister@christchurchgroupurc.org.uk</p>	<p>Day: Thursday</p> <p>Time: 9.30 – 11.30</p> <p>Cost: £1.50 per family</p>
<p><u>Poulner Poppets</u></p> <p>Venue: Poulner Baptist Church</p> <p>Email: pbc-office@poulnerchapel.plus.com</p> <p>Tel No: 01425 473388</p>	<p>Day/s: Fridays (Term Time)</p> <p>Time: 10-11.30</p> <p>Cost: Not known</p>
<p><u>Construction Club</u></p> <p>Venue: Ringwood library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day/s: Saturday</p> <p>Time: 10.30 – 12.30</p> <p>Cost: Free</p>
<p><u>Gods Play</u></p> <p>Venue: St.Marys church, Bransgore</p> <p>Tel No: 01425 672327</p>	<p>Days; Tuesdays</p> <p>Time: 10.00 – 11.30</p> <p>Cost: £1.50</p>
<p><u>Scallywags</u></p> <p>Venue: Bransgore Community Church.</p> <p>Tel No:01425 674513</p>	<p>Days: Thursday</p> <p>Time: 10.00 – 11.30</p> <p>Cost: Not known</p>

Lymington and Brockenhurst	
Hullabaloo Baby and toddler group Venue: Lymington Baptist church Baptist church, new street, Tel No: 01590 672019	Days: Monday Time: 10 – 11.30 Cost; Not known
Baby and Toddler group Venue: St Thomas church, Lymington Facebook: https://lymingtonchurch.org/toddler-group/	Days; Tuesday Time; 10 till 11.30 Cost: Not known
<u>Baby play</u> Venue: Lymington Library Facebook: https://www.hants.gov.uk/librariesandarchives/library Tel No: 0300 555 1387	Day/s: Tuesday Time: 10 - 11 Cost: Free
<u>Toddler Time</u> Venue: Lymington Library Facebook: https://www.hants.gov.uk/librariesandarchives/library Tel No: 0300 555 1387	Day/s: Tuesday Time: 2-2.30 Cost: Free
<u>Toddler Time</u> Venue: Lymington Library Facebook: https://www.hants.gov.uk/librariesandarchives/library Tel No: 0300 555 1387	Day/s: Wednesday Time: 11 – 11.20 Cost: Free

<p><u>Rhyme time</u></p> <p>Venue: Lymington library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day/s: Thursday</p> <p>Time: 2 – 2.30pm</p> <p>Cost: Free</p>
<p><u>Construction Club</u></p> <p>Venue: Lymington library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day/s: Saturday</p> <p>Time: 2.30 -4</p> <p>Cost: Free</p>
<p><u>Toddler group</u></p> <p>Venue: Brockenhurst Methodist church</p> <p>Tel no; 01590 623328</p>	<p>Day/s: Tuesday</p> <p>Time: 10-11.30am</p> <p>Cost: £1 per family</p>
<p><u>Busy Badgers Toddler group</u></p> <p>Venue: St Saviors Church, Brockenhurst</p> <p>Tel No: 01590 624584</p>	<p>Day/s: Fridays</p> <p>Time: 9.45 – 11.45</p> <p>Cost: Not Specified</p>
<p><u>Totton and Marchwood</u></p>	
<p><u>Rhyme Time</u></p> <p>Venue: Totton Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days; Monday and Thursday</p> <p>Time: 11.00 – 11.30</p> <p>Cost: Free</p>

<p><u>Tiddlywinks</u></p> <p><u>Venue:</u> Colbury Church hall. SO40 7EH</p> <p><u>Tel:</u> 02380 667929</p>	<p>Day: Monday</p> <p>Time:10.00-11.30</p> <p>Cost: £1.50</p>
<p><u>Natural babies (0-2)</u></p> <p><u>Venue:</u> Testwood lakes center, SO40 3XW</p> <p><u>Tel:</u> 02380667929</p>	<p>Day: Tuesday</p> <p>Time:10.30-12</p> <p>Cost: £4</p>
<p><u>Totton Baby bundles soft play</u></p> <p><u>Venue:</u> Totton and Eling community center</p> <p><u>Email:</u> susan@compark.co.uk</p>	<p>Day: Tuesday</p> <p>Time: 10.30 - 12</p> <p>Cost: Free</p>
<p><u>Story time</u></p> <p>Venue: Totton Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Day: Tuesday</p> <p>Time: 11-11.30</p> <p>Cost: Free</p>
<p><u>Coffee morning/ Play time</u></p> <p>Venue: Mulberry Centre, Marchwood, so40 4wb</p> <p>Tel No: 02380 862172</p>	<p>Day/s: Wednesday</p> <p>Time: 10.00 – 11.30</p> <p>Cost: Free</p>
<p>Tots and Toddlers St Wins church, Salisbury Road, Totton Facebook: Kids — St. Wins Totton (stwins.org)</p>	<p>Day: Wednesday</p> <p>Time: 9.30-11.30</p> <p>Cost: Free</p>
<p><u>Small Talk</u></p> <p>Venue: Trinity Church, Hazel Road, Totton, SO40 8WU</p> <p>Tel no: 02380 660441</p>	<p>Days; Wednesday</p> <p>Time: 10 – 11.30</p> <p>Cost: Not known</p>

<p><u>Baby play</u></p> <p>Venue: Totton Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p> <p>Tel no: 07761635756</p>	<p>Days; Thursday</p> <p>Time: 2 - 4</p>
<p>Bossom pals Breast feeding support group.</p> <p>Venue: Calmore Community Centre</p> <p>Tel no: 07761635756</p>	<p>Cost: Free</p> <p>Day; Thursday</p> <p>Time: 9.45-11.45</p> <p>Drop in anytime</p>
<p><u>Marchwood Tots</u></p> <p>Venue: Marchwood Village Hall</p> <p>Tel no; 02380 667927</p>	<p>Days: Thursday</p> <p>Time; 10.00 – 11.30</p> <p>Cost: £1.50 first child, 20p additional child</p>
<p><u>Jelly Tots</u></p> <p>Venue: Testwood Baptist Church, Totton, SO40 3LZ</p> <p>Tel No: 02380 860320</p>	<p>Days: Friday</p> <p>Time:10.00 – 11.30</p> <p>Cost: £1.50</p>
<p><u>Construction Club</u></p> <p>Venue: Totton library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day: Saturday</p> <p>Time: 10- 12</p> <p>Cost: Free</p>
Hythe and Blackfield	
<p><u>Postnatal support group</u></p> <p>Venue: <u>ST Andrews church, Beaulieu Road, Dibden Purlieu, SO45 4PT</u></p> <p>Facebook: Postnatal Support Group Health and Wellbeing (healthandwellbeingwpcn.co.uk)</p>	<p>Day: Monday</p> <p>Time: 10-12</p> <p>Drop in anytime</p>

<p><u>Stay and Play soft play</u></p> <p>Venue: Gang Warily Recreation Centre, SO45 1GA</p> <p>Tel no: 02380 893603</p> <p>4 Kids - New Forest Fitness</p>	<p>Days; Monday and Friday</p> <p>Times; 10.00 – 12.00</p> <p>Cost: £2 per child</p>
<p><u>Little Footprints parent and Baby Group</u></p> <p>Venue: St Annes Community Centre, Warrys Close, Hythe, SO45 3QR</p> <p>Tel No:02380 844336</p> <p>Email: families@stjohnshythe.org</p>	<p>Days: Monday</p> <p>Time: 1 – 2.30</p> <p>Cost: Free</p>
<p><u>Smarties</u></p> <p>Venue: St Johns Hall, Hythe</p> <p>Tel No:02380 893379</p>	<p>Days: Monday</p> <p>Time: 9.30 – 11.00</p> <p>Cost: Not known</p>
<p><u>Little Stars</u></p> <p>Venue: Parish Hall, Hythe</p> <p>Tel No: 02380 843147</p>	<p>Days; Monday</p> <p>Times: 9.30 - 11</p> <p>Cost; Not known</p>
<p><u>Toddler Rhyme Time</u></p> <p>Venue; Hythe Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days: Monday and Thursday</p> <p>Times: 10.30 – 11.30 2-2.30</p> <p>Cost: Free</p>
<p><u>Toddle Winks</u></p> <p>Venue: St Annes Community Centre, Warrys Close, Hythe, SO45 3QR</p> <p>Tel No:02380 844336</p> <p>Email: families@stjohnshythe.org</p>	<p>Days: Tuesday</p> <p>Time: 1 – 2.30</p> <p>Cost: £1 per child</p>

<p><u>Dibden Minis</u></p> <p>Venue: St Andrews Church, Dibden Purlieu</p> <p>Tel No: 02380 844336</p>	<p>Days: Tuesday and Thursdays</p> <p>Times: 10 – 11.30</p> <p>Cost: £1 per child</p>
<p><u>Stay and play</u></p> <p>Venue: Hythe Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days: Tuesday</p> <p>Times: 2-3</p> <p>Cost: Free</p>
<p><u>Story time</u></p> <p>Venue: Hythe Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days: Wednesday</p> <p>Times: 10.30 - 11</p> <p>Cost: Free</p>
<p><u>Parent and Toddler group</u></p> <p>Venue: Cornerstone Church, New Road, Hythe, SO45 6BR</p> <p>Tel No: 02380 843584</p>	<p>Days: Wednesday</p> <p>Times: 10 – 11.30</p> <p>Cost: Not known</p>
<p><u>Little Acorns</u></p> <p>Venue: Lighthouse Church, Hardley, SO45 3NZ</p> <p>Tel No: 02380 243306</p>	<p>Days; Wednesdays and Fridays</p> <p>Times: 10 – 11.30</p> <p>Cost: £1 Per child</p>
<p><u>Baby play</u></p> <p>Venue: Hythe Library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p> <p>Tel No: 0300 555 1387</p>	<p>Days: Thursday</p> <p>Times: 10-11</p> <p>Cost: Free</p>
<p><u>Construction Club</u></p> <p>Venue: Hythe library</p> <p>Facebook: https://www.hants.gov.uk/librariesandarchives/library</p>	<p>Day: Saturday</p> <p>Time: 10- 12</p> <p>Cost: Free</p>

Useful Websites:

Southern Health

<https://www.southernhealth.nhs.uk/services/child-health-services/health-visiting/access-to-health-visiting-services/child-health-clinics/>

Hampshire Healthy Families

<http://www.hampshirehealthyfamilies.org.uk/>

Families Online

<https://www.familiesonline.co.uk/local/south-west-hampshire/clubs-and-classes/baby-toddler>

Hampshire County Council Family Information Services Hub

<https://fish.hants.gov.uk/kb5/hampshire/directory/home.page>

Mums net

<https://www.mumsnet.com>

Netmums

<https://www.netmums.com>

Music Bugs

<http://www.musicbugs.co.uk/southampton/classes/>

Jiggy Wrigglers

<https://www.jiggywrigglers.com/category/news/locations-news/page/2/>

Baby sensory

www.babysensory.com

Jo Jingles music and movement for babies

[Jo Jingles - Music & Movement classes & parties for babies & under 5's. - Jo Jingles](#)