



## **Hampshire Healthy Families**

## **New Forest**



Parent/Carer & Toddler/Baby Groups
Plus, Other Specialist Groups &
Activities

New Milton	
New Life Tots  Venue: New Life Church, 34 Gores Road	<b>Day:</b> Monday (term time)
Website:  https://www.facebook.com/groups/newlifetots/?notif_id=1644  595736205953&notif_t=group_r2j_approved&ref=notif	Time: 9:00-11:30  Cost: £1
<u>Toddler Time</u>	<b>Day:</b> Monday
Venue: New Milton Library	<b>Time:</b> 10:30 – 11:00
Website: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a>	Cost: Free
Ashley Family Hub  Venue: Ashley Baptist Church, Lower Ashley Road	<b>Day:</b> Tuesdays (term time)
Facebook: https://www.facebook.com/Ashley-Family-Hub-726105920882894/	Time: 10:30-12:00  Cost: Free

Little Angels Baby & Toddler Group  Venue: Hordle Church Memorial Hall, Hordle Lane, Lymington, SO41 0FB  Website: www.hordleandtiptoechurch.org.uk	Day: Tuesdays (term time)  Time: 09:30-11:30
<b>Tel No:</b> 01425 626565	Cost: £1.50 & additional child £1 Under 1s – free
Ready Steady Walk - Social Buggy Walk for Parents & Carers  Venue: Beachcomber Café, Marine Drive, Barton on Sea, BH25 7DT  Tel No: 07738 857767	Day: Wednesday  Time: 10:00
Link: Ready Steady Walk: Hampshire Healthy Families	Cost: Free
Rhyme time  Venue: New Milton Library, Gores Road  Link: https://www.hants.gov.uk/librariesandarchives/library	Day: Thursday  Time: 10:30 - 11:00  Cost: Free
The Ark Toddler Group  Venue: Ashley Baptist church, Lower Ashley Road  Email: youth@ashleybaptistchurch.co.uk  Tel No: 01425 610415	Day: Friday (term time)  Time: 9:30-11:30  Cost: Free

**Baby Play** Day: Friday Venue: New Milton Library, Gores Road Time: Link: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a> 10:30-11:30 Cost: Free **Construction Club** Day: Saturday Venue: New Milton Library, Gores Road Time: 10:00-12:00 Link: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a> Cost: Free Fordingbridge, Ringwood & Bransgore **Days:** Mondays Tea & Play & Fridays Venue: Fordingbridge Salvation Army Hall Time: Tel no: 01425 650001 09:30-12:30 Cost: Not known

Fluffy Chicks  Venue: Damerham Village Hall, Damerham SP6 3HD  Facebook: https://www.facebook.com/fluffychickstoddlergroup/	Day: Tuesday (term time)  Time: 9:30–11:45  Cost; £2.75 first child. £1 sibling
Tiddlywinks  Venue: Alderholt Chapel, Hilbury Road, Fordingbridge, SP6 3BQ  Tel No: 01425 655155	Day: Thursdays (term time)  Time: 10:00-11:30  Cost: £1 per family
Ready Steady Walk - Social Buggy Walk for Parents & Carers  Venue: Salvation Army Church, Round hill, Fordingbridge, SP6 1AQ  Link: Ready Steady Walk: Hampshire Healthy Families	Day: Thursday Time: 13:00 Cost: Free
Rhyme Time  Venue: Fordingbridge Library  Link: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a> Tel No: 0300 5551387	Day: Friday Time: 10:30-11:00 Cost: Free

The Branch Littler Buds	<b>Day:</b> Friday
Venue: Fordingbridge Community Church	<b>Time:</b> 9:30–11:00
Link: https://newlifecommunitychurch.co.uk/connect/events/	Cost: Not known
Baby Group  Venue: Fordingbridge Nursery  Email: <a href="http://www.fordingbridgedaynursery.com/baby-group/">http://www.fordingbridgedaynursery.com/baby-group/</a> Tel No: 01425 656060	Day: Friday (term time)  Time: 9:30-11:00  Cost: Free
Construction Club  Venue: Fordingbridge Library  Website: https://www.hants.gov.uk/librariesandarchives/library	Day: Saturday Time: 10:00-13:00 Cost: Free
Breast Feeding Support.  Venue: Boston Tea Party, 15 Furlong Centre, Ringwood  Contact: <a href="https://bcp.mumbler.co.uk/support-services/breastfeeding-support">https://bcp.mumbler.co.uk/support-services/breastfeeding-support</a>	Day: Monday Time: 10:00-12:00 Cost: Free
Aunt Sallys  Venue: Ringwood Salvation Army  Tel No: 01425 472909	Days: Tuesday and Friday Time: 9:00-11:00 Cost: Not known

Ready Steady Walk - Social Buggy Walk for Parents & Carers **Day:** Tuesday Venue: Ringwood library, Ringwood **Time:** 10:00 **Mobile:** 07738 857767 Cost: Free Link: Ready Steady Walk: Hampshire Healthy Families **Baby Play Day:** Tuesday Venue: Ringwood library for babies up to 1 year **Time**: 10:30-11:30 Website: https://www.hants.gov.uk/librariesandarchives/library Cost: Free **Tel No:** 0300 555 1387 **Little Lambs** Day: Wednesday (term time) Venue: Trinity united church, Ringwood Website: http://www.trinityringwood.co.uk Time: 10:00-11:30 **Tel No:** 01425 461440 Cost: £1.50 **Rhyme Time** Day: Wednesday Venue; Ringwood Library **Time**: 10:30-11:00 Website: Followed by stay https://www.hants.gov.uk/librariesandarchives/library & play **Tel No:** 0300 555 1387 Cost: Free

Day: **Toddler Time** Thursday Venue; Ringwood Library **Time**: 10:30-11:00 Website: Followed by stay https://www.hants.gov.uk/librariesandarchives/library & play **Tel No:** 0300 555 1387 Cost: Free Day: Pop Up "n" Play Friday Venue: Poulner Baptist Church (Term Time) Email: pbc-office@poulnerchapel.plus.com Time: 10:00-11:30 **Tel No:** 01425 473388 13:00-14:30 Cost: Not known

Construction Club  Venue: Ringwood library  Website: https://www.hants.gov.uk/librariesandarchives/library	Day: Saturday Time: 10:30-12:30 Cost: Free
God's Play  Venue: St. Mary's Church, Bransgore  Tel No: 01425 672327	Day: Tuesdays (term time)  Time: 10.00 - 11.30  Cost: £1.50
Scallywags  Venue: Bransgore Community Church.  Tel No: 01425 674513	Day: Thursday (term time)  Time: 10.00 – 11.30  Cost: Not known
Lymington, Brockenhurst & Lyndhurst  Hullabaloo Baby & Toddler Group  Venue: Lymington Baptist Church, New Street,  Tel No: 01590 672019	Day: Monday (term time)  Time: 10 – 11.30  Cost: Not known

Baby & Toddler Group  Venue: St Thomas Church, Lymington  Website: https://lymingtonchurch.org/toddler-group/	Day: Tuesday (term time)  Time: 10:00-11::30  Cost: 50 pence per family
Baby Play	<b>Day:</b> Tuesday
Venue: Lymington Library	<b>Time:</b> 10:00-11:00
Website: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a> Tel No: 0300 555 1387	Cost: Free
<u>Toddler Time</u>	<b>Day:</b> Tuesday
Venue: Lymington Library	<b>Time:</b> 14:00-14:30
Website: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a> Tel No: 0300 555 1387	Cost: Free
<u>Toddler Time</u>	<b>Day:</b> Wednesday
Venue: Lymington Library  Website: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a>	<b>Time:</b> 11:00–11:20
<b>Tel No:</b> 0300 555 1387	Cost: Free

Rhyme Time	<b>Day:</b> Thursday
Venue: Lymington Library	<b>Time:</b> 14:00- 14:30
Website:	14.00 14.00
https://www.hants.gov.uk/librariesandarchives/library	Cost:
	Free
<b>Tel No:</b> 0300 555 1387	
Construction Club	Day:
	Saturday
Venue: Lymington Library	
	Time:
Website:	14:30-16:00
https://www.hants.gov.uk/librariesandarchives/library	Cost: Free
To delloy Overve	Barra Truca a dan r
<u>Toddler Group</u>	<b>Day:</b> Tuesday (term time)
Venue: Brockenhurst Methodist church	(territ dirie)
	Time:
<b>Tel No:</b> 01590 623328	10:00-11.30
	Cost:
	£1 per family
Busy Badgers Toddler Group	<b>Day:</b> Fridays
	(term time)
<b>Venue:</b> St Savior's Church, Brockenhurst	
	Time:
<b>Tel No:</b> 01590 624584	9:45-11:45
101110101000 024004	Cost:
	Not known

Busy Bees Parent & Toddler Group  Venue: Lyndhurst Baptist Church, Chapel Lane, SO43 7FG  Website: Lyndhurst Busy Bees   Facebook	Day: Tuesday & Thursday (term time)  Time: 10:00-
	12:00  Cost: £2 per family
<u>Tea, Toast &amp; Toys</u>	<b>Day:</b> Tuesday
<b>Venue:</b> All Saints' Church, Greenbanks Close, Milford on Sea, Lymington, SO41 0SQ	<b>Time:</b> 9:15-10:45
Website: <u>Calendar — All Saints' Milford + St Mary's Everton - Welcome (allsaintsmilford.org.uk)</u>	Cost: £1 per child
Tea, Toast & Toys 2  Venue: St Mary's Church, 17 Old Christchurch Road, Everton, Lymington, SO41 0JJ	Day: Wednesday Time: 10:00-11:30
Website: Calendar — All Saints' Milford + St Mary's Everton - Welcome (allsaintsmilford.org.uk)	Cost: £1 per child

Totton & Marchwood	
Rhyme Time	<b>Days:</b> Monday & Thursday
Venue: Totton Library Website:	Time: 11:00-11:30
https://www.hants.gov.uk/librariesandarchives/library	Cost: Free
<b>Tel No:</b> 0300 555 1387	
<u>Tiddlywinks</u>	<b>Day:</b> Monday (term time)
Venue: Colbury Church hall. SO40 7EH	<b>Time:</b> 10:00-11:30
<b>Tel No:</b> 02380 667929	<b>Cost</b> : £1.50
Natural Babies (0-2)	Day: Tuesday
Venue: Testwood lakes center, SO40 3XW	<b>Time:</b> 10:30-12:00
<b>Tel No:</b> 02380667929	Cost: £4
Totton Baby Bundles Soft Play	<b>Day:</b> Tuesday (term time)
Venue: Totton and Eling community centre	<b>Time:</b> 10:30-12:00
Email: susan@compark.co.uk	Cost: Free

**Story Time Day:** Tuesday **Venue:** Totton Library **Time:** 11:00-11:30 Website: Cost: Free https://www.hants.gov.uk/librariesandarchives/library **Tel No:** 0300 555 1387 **Breast Feeding Support Group Day:** Tuesday Time: 14:00-15:30 **Venue:** New Forest Birth Centre, Lyndhurst Road, Ashurst SO40 7AR Cost: Free Contact your Health Visitor for more details **Coffee Morning/Play Time** Day: Wednesday Venue: Mulberry Centre, Marchwood, SO40 4WB **Time:** 10:00-11:30 **Tel No:** 02380 862172 Cost: Free **Tots, Tales & Tunes** Day: Wednesday Venue: The Gospel Church, Long Lane, Marchwood SO40 4WR **Time**: 10:30-11:30 Website: The Gospel Church, Marchwood | Southampton | Facebook Cost: Tel No: 07970 239570 Free

Tots & Toddlers  Venue: St Wins church, Salisbury Road, Totton  Website: Kids — St. Wins Totton (stwins.org)	Day: Wednesday (term time)  Time: 9:30-11:15  Cost: Free
Small Talk  Venue: Trinity Church, Hazel Road, Totton, SO40 8WU  Tel no: 02380 660441	Day: Wednesday (term time)  Time: 10:00-11:30
Baby Play  Manual Tatton Library	Cost: Not known  Day: Thursday  Time:
Website: https://www.hants.gov.uk/librariesandarchives/library  Tel No: 0300 555 1387	14:00-16:00
Bosom Pals Breast Feeding Support Group.  Venue: Calmore Community Centre	Day; Thursday Time: 9:45-11:45 Drop in anytime
<b>Tel No:</b> 07761635756	Cost: Free

Marchwood Tots  Venue: Marchwood Village Hall  Tel No: 02380 667927	Day: Thursday (term time)  Time: 10:00-11:30  Cost: £1.50 first
	child, 20p additional child
Jelly Tots  Venue: Testwood Baptist Church, Totton, SO40 3LZ	<b>Day</b> : Friday (term time)
<b>Tel No:</b> 02380 860320	Time: 10:00-11:30  Cost: £1.50
Construction Club	<b>Days:</b> Saturday
Venue: Totton library	<b>Time:</b> 14:30-15:30
Website: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a>	Cost: Free
Hythe & Blackfield	
Postnatal Support Group	<b>Day</b> : Monday
<b>Venue:</b> ST Andrew's church, Beaulieu Road, Dibden Purlieu, SO45 4PT	Time: 10:00-12:00 Drop in anytime
Website: Postnatal Support Group   Health and Wellbeing (healthandwellbeingwpcn.co.uk)	

<u>Under 5's - Stay & Play</u> Days: Monday & Friday Venue: Gang Warily Recreation Centre, SO45 1GA Time: 10:00-Link: Under 5's Stay & Play | Gang Warily Sports Centre (gang-12:00 warily.co.uk) Cost: £2 per Tel no: 02380 893603 child **<u>Little Footprints Parent & Baby Group</u> Day:** Monday (term time) Venue: St Annes Community Centre, Warrys Close, Hythe, SO45 **Time:** 13:00-14:30 3QR **Tel No:** 02380 844336 Cost: Free Email: families@stjohnshythe.org **Smarties Day:** Monday (term time) Venue: St Johns Hall, Hythe **Time:** 9:30-11:00 **Tel No:** 02380 893379 Cost: Not known **Little Stars** Days; Monday (term time) Venue: Parish Hall, Hythe **Times:** 9:30-11:00 Tel No: 02380 843147 Cost: Not known.

Toddler Rhyme Time  Venue; Hythe Library  Website: https://www.hants.gov.uk/librariesandarchives/library  Tel No: 0300 555 1387	Days: Monday and Thursday  Times: 10:30–11:30 14:00–14:30  Cost: Free
Toddle Winks  Venue: St Annes Community Centre, Warrys Close, Hythe, SO45	<b>Day:</b> Tuesday (term time)
3QR  Tel No:02380 844336  Email: families @sticknebuths.org	Time: 13:00- 14:30
Email: families@stjohnshythe.org	Cost: £1 per child
<u>Dibden Minis</u> Venue: St Andrews Church, Dibden Purlieu	<b>Days:</b> Tuesday & Thursdays (term time)
<b>Tel No:</b> 02380 844336	Times: 10:00- 11:30 Cost: £1 per
	child

Stay & Play	Day: Tuesday
Venue: Hythe Library	<b>Times:</b> 14:00-
Website:	13.55
https://www.hants.gov.uk/librariesandarchives/library	Cost: Free
<b>Tel No:</b> 0300 555 1387	
Story Time	Day:
<b>Venue:</b> Hythe Library	Wednesday
volide. Try the Library	<b>Times:</b> 10:30-
Website:	11:30
https://www.hants.gov.uk/librariesandarchives/library	
<b>Tel No:</b> 0300 555 1387	Cost: Free
Postnatal Support Group	Day:
	Wednesday
Venue: Hythe Library	
Website: Postnatal Support Croup   Health and Wellbeing	<b>Times:</b> 11:00-13:00
Website: Postnatal Support Group   Health and Wellbeing (healthandwellbeingwpcn.co.uk)	13.00
The state of the s	Cost: Free
Parent and Toddler Group	Day:
raientana roddier orodp	Wednesday
<b>Venue:</b> Cornerstone Church, New Road, Hythe, SO45 6BR	(term time)
<b>Tel No:</b> 02380 843584	<b>Times:</b> 10:00-
	11:30
	Cost: Not known

<u>Little Acorns</u>	<b>Days:</b> Wednesday & Friday (term
Venue: Lighthouse Church, Hardley, SO45 3NZ	time)
<b>Tel No:</b> 02380 243306	<b>Times:</b> 10:00–11:30
	Cost: £1 Per child
Baby Play	<b>Day:</b> Thursday
Venue: Hythe Library	<b>Times:</b> 10:00-11:00
Website: <a href="https://www.hants.gov.uk/librariesandarchives/library">https://www.hants.gov.uk/librariesandarchives/library</a>	Cost: Free
<b>Tel No:</b> 0300 555 1387	
Construction Club	<b>Day:</b> Saturday
Venue: Hythe library	<b>Time:</b> 10:00-12:00
Link: https://www.hants.gov.uk/librariesandarchives/library	Cost: Free
Other Useful Websites	
Southern Health <a href="https://www.southernhealth.nhs.uk/services/child-health-services/health-visiting/access-to-health-visiting-services/child-health-clinics/">https://www.southernhealth.nhs.uk/services/child-health-services/child-health-services/child-health-visiting-services/child-health-clinics/</a> Services/child-health-clinics/	
Families Online <a href="https://www.familiesonline.co.uk/local/south-west-hampshire/clubs-and-classes/baby-toddler">https://www.familiesonline.co.uk/local/south-west-hampshire/clubs-and-classes/baby-toddler</a>	

Hampshire County Council Family Information Services Hub <a href="https://fish.hants.gov.uk/kb5/hampshire/directory/home.page">https://fish.hants.gov.uk/kb5/hampshire/directory/home.page</a>

Mums Net

https://www.mumsnet.com

Netmums

https://www.netmums.com

Music Bugs

http://www.musicbugs.co.uk/southampton/classes/

Jiggy Wrigglers

https://www.jiggywrigglers.com/category/news/locationsnews/page/2/

**Baby Sensory** 

www.babysensory.com

Jo Jingles Music & Movement for Babies

<u>Jo Jingles - Music & Movement classes & parties for babies & under 5's. - Jo Jingles</u>

<sup>\*</sup> Most groups are term time only – check with provider for more details\* If you notice a change to a group listed please let us know so that we can keep this list updated.