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| **MONDAY WK 1** | **TUESDAY WK 1** | **WEDNESDAY WK 1** | **THURSDAY WK 1** | **FRIDAY WK 1** | **SATURDAY WK 1** | **SUNDAY WK 1** |
| LUNCH  Sweet & Sour Pork & rice with Prawn Crackers  ***Or***  Chicken Stew & Dumplings | LUNCH  Homemade Lasange with garlic bread & seasonal vegetables  ***Or***  Poached Haddock in a cheese sauce with mashed potatoes & seasonal vegetables | LUNCH  Roast Chicken, Stuffing & Gravy  ***Or***  Cod in Parsley Sauce  All served with Roast Potatoes and seasonal Vegetables | LUNCH  Minced Beef & Onion Pie in gravy  ***Or***  Sausage Casserole  Served with creamed potatoes & vegetables | LUNCH  Battered Cod, Chips & Mushy Peas served with Tartare Sauce  ***Or***  Ham Egg and Chips | LUNCH  Shepards Pie & gravy  ***Or***  Chicken Kiev, Jacket Wedges & Peas & Sweetcorn | LUNCH  Roast Turkey with Bacon rolls and stuffing  ***Or***  Cod in Butter Sauce  Served with potatoes and vegetables |
| DESSERT  Rhubarb & Apple Crumble with Ice Cream  ***Or***  Semolina | DESSERT  Syrup Sponge  ***Or***  Bakewell Tart  (both with custard) | DESSERT  Ginger Pudding with custard  ***Or***  Pears & Cream | DESSERT  Sticky Toffee Pudding  ***Or***  Fruit Crumble | DESSERT    Jam Roly Poly  ***Or***  Bananas  All served with Custard | DESSERT  Bread & Butter Pudding  ***Or***  Blueberry Muffin served with Custard | DESSERT  Lemon Meringue Pie  ***Or***  Apricots & Cream |
| TEA    Mac ‘ n ‘ Cheese  ***Or***  Selection of Sandwiches | TEA  Homemade Quiche  ***O***r  Soup & a roll | TEA  Jacket Potato with Cheese & Beans  ***Or***  Hot dog & Onions | TEA  Pork Pie with Salad & Coleslaw  ***Or***  Scrambled eggs on Toast | TEA  Or Pasties served with Baked Beans  ***Or***  Savoury Bread & Butter Pudding with Cheese | TEA  Baked Omelette  ***Or***  Sausage Roll  Both served with Salad | TEA  Homemade Soup with Crusty Roll  ***Or***  Cold Sausage Sandwiches |
| DESSERT  Jam Doughnut  ***Or***  Fruit Fool | DESSERT  Rice Pudding with Jam & Cream  ***Or***  Cheese & Biscuits | DESSERT  Yoghurt  ***Or***  Victoria Sponge | DESSERT  Angel Delight with Peaches  ***Or***  Carrot Cake | DESSERT  Trifle  ***Or***  Viennese Whirl | DESSERT  Eaton mess  ***Or***  Mousse | DESSERT  Jelly, fruit & Ice Cream  ***Or***  Chocolate Brownie |
| **MONDAY WK 2** | **TUESDAY WK 2** | **WEDNESDAY WK 2** | **THURSDAY WK 2** | **FRIDAY WK 2** | **SATURDAY WK 2** | **SUNDAY WK 1** |
| LUNCH  Chicken & Vegetable Casserole  ***Or***  Beef Burger, Potatoes & vegetables | LUNCH  Sausage, Bacon Lardons, Mushrooms, Tomatoes, Saute Potatoes Egg & Beans  ***Or***  Salmon Fillet in a Cheese Sauce with Saute Potatoes, Baked Tomatoes & Peas. | LUNCH  Roast Chicken, Stuffing & Gravy  ***Or***  Lamb Grill Steaks, with Potatoes, Broccoli & Cauliflower | LUNCH  Slow Cooked Beef Stew & Dumplings  ***Or***  Chicken Korma with Boiled Rice & Naan Bread | LUNCH    Battered Fish Fillet, Chips & Mushy Peas with tartare Sauce  ***Or***  Gammon, Egg Chips, Peas & Pineapple | LUNCH  Homemade Fish Pie  With seasonal Vegetables  ***Or***  Toad in the Hole with Onion Gravy | LUNCH  Roast pork with Apple Sauce, Stuffing & Gravy  ***Or***  Apricot chicken  All served with Roast Potatoes & Seasonal Vegetables |
| DESSERT  Chocolate Sponge  ***Or***  Egg Custard Tart | DESSERT  Pineapple Pudding  ***Or***  Pancakes with Chocolate Sauce or Maple Syrup & Cream | DESSERT  Cherry Crumble  ***Or***  Prunes  Both served with Custard | DESSERT  Bread & Butter Pudding  ***Or***  Mixed fruit cocktail with Cream | DESSERT  Lemon Pudding with Custard  ***Or***  Pears & Cream | DESSERT  Blueberry Muffin & Custard  ***Or***  Bananas in Custard | DESSERT  Treacle Tart with Custard  ***Or***  Peaches & Cream |
| TEA    Tuna Pasta Bake with sweetcorn  ***Or***  Pate on Toast | TEA  Corn Beef Hash  ***Or***  Selection of Sandwiches | TEA  Sausage & cheese Puff Pastry Parcel  **O*r***  Baked Omelette | TEA  Mac ‘n’ Cheese  ***Or***  Smoked mackerel salad | TEA  Pasties & Baked Beans  ***Or***  Selection of Sandwiches | TEA  Homemade Pizza  ***Or***  Ham & Cheese Pancake | TEA  Homemade Soup with Crusty Bread Roll  ***Or***  Fish Finger Sandwich |
| DESSERT  Golden Flapjack  ***Or***  Mousse | DESSERT  Yoghurt  ***Or***  French Fancies | DESSERT  Homemade Cookie  ***Or***  Cheese & Crackers | DESSERT  Ice Cream Sundae with wafer and sauce  ***Or***  Fresh cream cake | DESSERT  Rice Pudding Jam & Cream  ***Or***  Mousse | DESSERT  Cheesecake  ***Or***  Yoghurt | DESSERT  Angel Delight with Fruit Pieces  ***Or***  Chocolate Muffin |