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| **MONDAY WK 1** | **TUESDAY WK 1** | **WEDNESDAY WK 1** | **THURSDAY WK 1** | **FRIDAY WK 1**  | **SATURDAY WK 1** | **SUNDAY WK 1** |
| LUNCHSweet & Sour Pork & rice with Prawn Crackers***Or***Chicken Stew & Dumplings  | LUNCHHomemade Lasange with garlic bread & seasonal vegetables***Or***Poached Haddock in a cheese sauce with mashed potatoes & seasonal vegetables | LUNCHRoast Chicken, Stuffing & Gravy***Or***Cod in Parsley SauceAll served with Roast Potatoes and seasonal Vegetables | LUNCHMinced Beef & Onion Pie in gravy***Or***Sausage CasseroleServed with creamed potatoes & vegetables | LUNCHBattered Cod, Chips & Mushy Peas served with Tartare Sauce***Or***Ham Egg and Chips  | LUNCHShepards Pie & gravy***Or***Chicken Kiev, Jacket Wedges & Peas & Sweetcorn | LUNCHRoast Turkey with Bacon rolls and stuffing***Or***Cod in Butter SauceServed with potatoes and vegetables |
| DESSERTRhubarb & Apple Crumble with Ice Cream ***Or*** Semolina | DESSERTSyrup Sponge***Or***Bakewell Tart (both with custard) | DESSERTGinger Pudding with custard***Or*** Pears & Cream | DESSERTSticky Toffee Pudding***Or***Fruit Crumble | DESSERT Jam Roly Poly***Or*** Bananas All served with Custard | DESSERTBread & Butter Pudding***Or*** Blueberry Muffin served with Custard | DESSERTLemon Meringue Pie***Or*** Apricots & Cream |
| TEA Mac ‘ n ‘ Cheese***Or***Selection of Sandwiches | TEAHomemade Quiche***O***r Soup & a roll | TEAJacket Potato with Cheese & Beans***Or*** Hot dog & Onions | TEAPork Pie with Salad & Coleslaw***Or***Scrambled eggs on Toast | TEAOr Pasties served with Baked Beans***Or***Savoury Bread & Butter Pudding with Cheese | TEABaked Omelette***Or***Sausage Roll Both served with Salad | TEAHomemade Soup with Crusty Roll***Or***Cold Sausage Sandwiches |
| DESSERTJam Doughnut***Or***Fruit Fool | DESSERTRice Pudding with Jam & Cream***Or***Cheese & Biscuits | DESSERTYoghurt***Or***Victoria Sponge | DESSERTAngel Delight with Peaches***Or***Carrot Cake | DESSERTTrifle***Or***Viennese Whirl | DESSERTEaton mess***Or***Mousse | DESSERTJelly, fruit & Ice Cream***Or*** Chocolate Brownie |
| **MONDAY WK 2** | **TUESDAY WK 2** | **WEDNESDAY WK 2** | **THURSDAY WK 2** | **FRIDAY WK 2**  | **SATURDAY WK 2** | **SUNDAY WK 1** |
| LUNCHChicken & Vegetable Casserole***Or***Beef Burger, Potatoes & vegetables | LUNCHSausage, Bacon Lardons, Mushrooms, Tomatoes, Saute Potatoes Egg & Beans***Or*** Salmon Fillet in a Cheese Sauce with Saute Potatoes, Baked Tomatoes & Peas. | LUNCHRoast Chicken, Stuffing & Gravy***Or***Lamb Grill Steaks, with Potatoes, Broccoli & Cauliflower | LUNCHSlow Cooked Beef Stew & Dumplings***Or***Chicken Korma with Boiled Rice & Naan Bread | LUNCH Battered Fish Fillet, Chips & Mushy Peas with tartare Sauce***Or***Gammon, Egg Chips, Peas & Pineapple | LUNCHHomemade Fish PieWith seasonal Vegetables***Or*** Toad in the Hole with Onion Gravy | LUNCHRoast pork with Apple Sauce, Stuffing & Gravy***Or***Apricot chicken All served with Roast Potatoes & Seasonal Vegetables |
| DESSERTChocolate Sponge***Or***Egg Custard Tart | DESSERTPineapple Pudding***Or*** Pancakes with Chocolate Sauce or Maple Syrup & Cream | DESSERTCherry Crumble***Or*** PrunesBoth served with Custard | DESSERTBread & Butter Pudding***Or***Mixed fruit cocktail with Cream | DESSERTLemon Pudding with Custard***Or***Pears & Cream  | DESSERTBlueberry Muffin & Custard***Or*** Bananas in Custard  | DESSERTTreacle Tart with Custard ***Or***Peaches & Cream |
| TEA Tuna Pasta Bake with sweetcorn***Or***Pate on Toast | TEACorn Beef Hash***Or***Selection of Sandwiches | TEASausage & cheese Puff Pastry Parcel **O*r*** Baked Omelette | TEAMac ‘n’ Cheese ***Or***Smoked mackerel salad | TEAPasties & Baked Beans***Or***Selection of Sandwiches | TEAHomemade Pizza ***Or*** Ham & Cheese Pancake | TEAHomemade Soup with Crusty Bread Roll***Or***Fish Finger Sandwich |
| DESSERTGolden Flapjack***Or***Mousse | DESSERTYoghurt***Or***French Fancies | DESSERTHomemade Cookie***Or***Cheese & Crackers | DESSERTIce Cream Sundae with wafer and sauce***Or***Fresh cream cake | DESSERTRice Pudding Jam & Cream***Or***Mousse | DESSERTCheesecake***Or***Yoghurt | DESSERTAngel Delight with Fruit Pieces***Or***Chocolate Muffin |