

GDPR

The Fitness Studio LTD is committed to the safety, storage, processing and collection of all clients personal details and in line with current GDPR regulations .

Personal Information and Processing

- Process personal information in a lawful, fair and transparent manner.
- Information collected will be done so for a specific and stated purpose.
- It will be explained to the client, the reason for collection and what it will be used for.
- Information collected will be relevant to a specific task, minimising the amount of information collected where possible.
- Personal information will need to be kept up to date and accurate.
- Information will be stored no longer than necessary and will always be stored securely.

Consent

All clients will be asked to give consent and complete relevant medical and consent forms to protect their interests and ensure their ability to exercise safely.

All consent will be clear and simple, giving genuine choice and freedom to withdraw and clear consent for sensitive information.

Personal information is also required to perform a contract or enter into a contract.

Processing is necessary for legitimate interest.

All information will not be shared with any third party unless an explanation and prior consent given by the client.

All information can be requested for return or be destroyed by the client at any time.

Consent will be requested for permission for contact between clients and The Fitness Studio LTD for relevant information only and can withdraw this permission at any time.