

# PROJECT TIMELINE - SILENT MIND



#SILENT MIND

START DATE	END DATE	ACTIVITY OR TASK	TASK LEAD
<a href="#">11/1/19</a>  5-8 pm Every Friday Itchen Sixth Form College	<a href="#">11/1/19</a>	<a href="#">Introductory session and start of rehearsals</a> <a href="#">Introduction to Abby Oakley from 'Heads Up' at Solent Mind charity</a> <a href="#">Workshop in anxiety management with Solent Mind</a>  AUDITIONS FOR MAIN SPEAKING PARTS	<a href="#">Michelle Smith (Artistic Director) and Abby Oakley</a>  Dawn Hitchcock
<a href="#">18/1/19</a>	<a href="#">18/1/19</a>	<a href="#">Drama Therapy and improvisation workshop with Marta Paglioni</a>	<a href="#">Marta Paglioni</a>
<a href="#">25/1/19</a>	<a href="#">25/1/19</a>	<a href="#">Equity UK workshop on Mental Health Awareness and working safely in the arts</a>	<a href="#">Addam Merali - Younger (Mental Health and Bullying Harassment Support Assistant)</a>

1/2/19	1/2/19	Devising Theatre workshop with Amber O'Connell in Physical Theatre	Amber O'Connell
8/2/19	8/2/19	<a href="#">Drama Therapy and improvisation workshop with Marta Paglioni</a>	<a href="#">Marta Paglioni</a>
12/2/19	12/2/19	5.30 - 8.30 pm - National Youth Theatre preparation workshop (Please bring one monologue of choice)	National Youth Theatre
15/2/19	15/2/19	Devising Theatre workshop with Michelle Smith and Dawn Hitchcock Solent Mind (Abby Oakley)	Michelle Smith
22/2/19	22/2/19	Devising Theatre workshop with Amber O'Connell in Physical Theatre	Amber O'Connell
25/2/19	25/2/19	4 pm - 10 pm Experiment Scratch Night at Nuffield Theatre	Michelle Smith & Dawn Hitchcock
1/3/19	1/3/19	Devising Theatre workshop with Michelle Smith and Dawn Hitchcock Solent Mind (Abby Oakley)	Michelle Smith
<a href="#">8/3/19</a>	<a href="#">8/3/19</a>	<a href="#">Music Therapy and Songwriting session with Anna Tyrell from Nordoff Robbins Music Therapy Charity</a>	<a href="#">Anna Tyrell</a>
15/3/19	15/3/19	Devising Theatre workshop with Amber O'Connell in Physical Theatre	Amber O'Connell
16/3/19	16/3/19	National Youth Theatre Auditions Day (Please bring one monologue of choice) 10 am - 6 pm	National Youth Theatre
22/3/19	22/3/19	<a href="#">Music Therapy and Songwriting session with Anna Tyrell from Nordoff Robbins Music Therapy Charity</a>	<a href="#">Anna Tyrell</a>
29/3/19	29/3/19	Devising Theatre with Yoga with Clare Mc Call	Clare Mc Call
5/4/19	5/4/19	Scriptwriting workshop with Fay Rusling	Fay Rusling
12/4/19	12/4/19	Devising Theatre workshop with Michelle Smith and Dawn Hitchcock Solent Mind (Abby Oakley)	Michelle Smith
26/4/19	26/4/19	Scriptwriting workshop with Fay Rusling	Fay Rusling
3/5/19	3/5/19	Devising Theatre workshop with Amber O'Connell in Physical Theatre	Amber O'Connell

10/5/19	10/5/19	5- 8 pm Dress rehearsal for scratch performances of 'Silent Mind' during Mental Health Awareness week at Itchen Sixth Form College	Michelle Smith Cams Denton Ollie Pope
14/5/19	14/5/19	4-9 pm Technical rehearsal for 'Silent Mind' at Itchen Sixth Form College Theatre	Michelle Smith and Cams Denton (Company Stage Manager) Ollie Pope
15/5/19	16/5/19	7-9 pm Scratch Performances of 'Silent Mind' Post Performance Q&A and questionnaires for audience feedback / development	Michelle Smith Cams Denton Ollie Pope
17/5/19	17/5/19	'Silent Square' one day Mental Health Awareness event 10 am - 8 pm 2 Communal Performances in Guildhall Square, Southampton 1 performance in John Hansard Art Gallery?	Louise Quinlan (Project Manager) Cams Denton
19/5/19	19/5/19	2-10 pm - 'Silent Mind' performance at Plaza Theatre, Romsey Post Performance Q&A and questionnaires for audience feedback / development	Michelle Smith and Cams Denton (Company Stage Manager) Richard Budd Photos Ollie Pope
24/5/19	17/6/19	Development period for 'Silent Mind' using audience feedback 5-8 pm rehearsals every Friday at Itchen Sixth Form College	Michelle Smith and Dawn Hitchcock
17/6/19	18/6/19	Technical and dress rehearsals for 'Silent Mind' VENUE: NST City Studio 11 am - 10 pm	Michelle Smith and Cams Denton (Company Stage Manager) Ollie Pope
19/6/19	21/6/19	NST City Studio 2 pm - Matinee 7.45 pm - Evening  11 am - 10 pm	Michelle Smith and Cams Denton (Company Stage Manager) Ollie Pope
14/9/19	14/9/19	All in the Mind Festival  TIMES TBC	Michelle Smith and Cams Denton (Company Tour Manager)? Ollie Pope?

