

## ... more about Auspicious Thoughts, Propitious Mind.

“**Auspicious Thoughts, Propitious Mind**” by Richard Camden is a captivating and thought-provoking book that delves into the complexities of human existence. Let me share some insights about this remarkable work:

**Genre:** The genre of this book defies easy categorization. It blends elements of philosophy, spirituality, and practical wisdom. [While some might label it as non-fiction, it transcends traditional boundaries, inviting readers to explore life’s deeper questions with an open mind.](#)

### **Overview:**

The title itself provides a glimpse into the book’s essence. “Auspicious” and “Propitious” signify favourable conditions, suggesting that the thoughts explored within its pages lead to positive outcomes.

**Beautiful Prose:** Camden’s writing is enchanting and enticing. His vocabulary dances between satire, allegory, similes, and metaphors. Each sentence carries weight, inviting readers to reflect on life’s meaning and purpose.

**Wide-Ranging Topics:** The book covers a vast array of subjects:

**Origins of Life:** From the origins of life itself to our tribal ancestry’s influence on modern humanity.

**Spirituality and Rational Understanding:** Camden encourages awareness of our spirituality and a rational grasp of emotions. He emphasizes responsibility for our actions.

**Love and Mortality:** Discussions on love, mortality, aging, and the human condition.

**Faith and Ethics:** Matters of faith, religion, morals, and ethics are thoughtfully explored.

**Relationships and Interdependence:** Camden highlights our interconnectedness as individuals and nations.

**Honouring Our Physical Bodies:** A reminder to care for our bodies and wealth.

**The Pursuit of Happiness:** The book aims to guide readers toward a fulfilled and happy life.

**Studied, Not Rushed:** This isn’t a book to be hurried through. Each paragraph contains a point, and each of the forty chapters stands as a subject in itself. Camden’s insights encourage introspection and contemplation.

In summary, *Auspicious Thoughts, Propitious Mind* invites us to ponder life’s mysteries, embrace our shared humanity, and strive for personal growth. [It’s a journey worth taking—one that nourishes both heart and mind](#)

AI Summary of ‘Auspicious Thoughts, Propitious Mind.’ You can also find the book on platforms like [Waterstones](#) or [Amazon23](#). Happy reading!

**This book is a commentary on life's challenges and mysteries,** and on our very human, natural desire for achievement, contentment and understanding. It questions our existence; meaning what is suspected, but unknown and if there is a purpose to life. Using a simple life-philosophy, the author looks at the role of society and the way we live, our relationships, our ambitions and doubts, and he addresses such matters as the strengths and weaknesses of human qualities; how often ideals of morals and ethics subtly compete with the yearning for more money, and for sex, as thoughts and feelings take control, interfere and misdirect our lives.

**The material for this book has been presented in seven parts,** each with a title that suggests that part's content. There is an introduction with a preface that help set the tone of what is to follow but without being too specific.

**In Part One 'A Forceful Life,' the author expounds upon the origins of life on earth** and evolution of our own species, homo sapiens. He introduces readers to the notion of there being a meaning and purpose to life, but many may yearn for something better, as at first glance the answer given may seem simplistic. Also discussed are the forces that act on the world and on us, some better understood than others, as well as the deity question.

**Part Two is titled 'In The Mood' and sets out to explore our attitudes and moods** that are often infectious to others, suggesting that we are interconnected in some way. There is emphasis on how water is the stuff of life, ingrained in our social habits, what we drink, which then influences moods, such as alcohol. The author finishes this part with the concept that life can be likened to going sea in command of our own vessel, and how this can make us aware of a better way to look at life and its foibles.

**Part Three –'All That We Are' is exactly that.** It is about our decisions, our relationships and bonding with others, individually but also in bigger ways, nationally and internationally, and including exceptional people who rank as genius. There is a chapter that looks back much later at those things that didn't go so well for us, old feelings and emotions to be dealt with.

**Part Four. In 'Our Number Has Come Up,' the author turns the reader's attention** to the thorny matters of morals, ethics, conduct, behaviour, and spirituality. He points out that there are certain 'vital' numbers that represent a line of thinking, deeds and misdeeds, and then we can use the numbers as an aide-memoire as we go along and in times of need. They act as our guide to how we want to behave at all times.

**Part Five – 'What Happened Along The Road' looks at the other end** of the spectrum of behaviours, the bad side, how challenging human behaviour can become, and then looks at others who rise up as people we can admire, or even want to emulate, while others rise up to lead us, not always onto to better things.

**Part Six – 'Can We Spare A Moment?' This part takes an encouraging tone** for the willing candidate to pause in life to get in touch with their inner self, their soul, and to see what others do to fulfil their spiritual needs.

**Part Seven – In his final part, ‘Would That We Were,’ the author looks at some basic elements** in our life, at young adult experiences, and building on them for a better understanding of the values in life. He makes observations about the role of financial health and body health so that a life will be worthy to look back on, with things to cherish and some thoughts to leave undisturbed.

**The book’s title words are almost synonymous,** and indicate that resolve, that ‘psychology-of-self,’ that leads to a sense of well-being, sound judgement, fulfilment and contentment, because a person’s disposition comes from their inherent qualities of mind and character. Our character is determined by our moral values, and our personality reveals to the world what we are like as an individual.

**When in sound mind we are competent to make a useful contribution to society,** meaning we have the capacity to think, to reason, and to understand for oneself. When in sound mind, there is a proper, appropriate, whole, right, and correct way of thinking for the good of self and others and with a cogent grasp of information that will be widely reckoned an acceptable perspective.

Adults by nature are considered in general to be in sound mind, but, sadly, some, through certain circumstances, are not in sound mind, which brings a loss of percipience. As sentient creatures, we all are capable of a useful degree of perception, which can be heightened by informed contemplation that can then create a propitious mind, and that bodes well.

**Society has its habits and customs and they reflect our basic animal origins.** It is our primitive tribal instincts that drive us in everything, including that inborn, primordial instinct that asks, ‘Is there an after-life?’ Beliefs affect lives, and for both believers and non-believers, this book offers a tantalising explanation of what is God. Here is a precise definition of love, and rationalizes some well-known biblical precepts, and says why neither Satan nor fate exist.

Here is down-to-earth food for the soul, a practical philosophy for contentment. It is for anyone with a yearning and enquiring mind on many matters of importance in their life, their relationships, their hopes and fears, and wanting to make their decisions work, and for those asking, ‘How is it some just seem to sail through life?’

This book is beautifully presented in [hard cover](#), and in [e-book](#) format.

## Auspicious Thoughts, Propitious Mind – The Parts and Their Chapters

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Author's comment: -

*I hope you like my website for 'Auspicious Thoughts, Propitious Mind,' and found it interesting and intriguing enough to want to read the book and perhaps own a copy for yourself, for the uplift and encouragement it can give.*

*The book comes as a traditional bound copy and there is also an e-book version. The former has an eye-catching cover and is a delightful book to hold in the hand and to have in any book collection. The e-book can be used more easily for referencing using the search facility.*

*Please scroll down to see the book's seven parts and forty chapter titles.*

*Thank you for your interest in my book.  
Richard Camden*

## Readers' Reviews

### Reviews on Amazon Book Sales

<https://www.amazon.co.uk/Auspicious-Thoughts-Propitious-Richard-Camden/dp/1839520574>



#### **4.0 out of 5 stars A deeply thought out and insightful book**

9 November 2019

Wow! This book is an eye opening read about life and our existence here. Whatever your views about the world this looks at life in an open and honest way breaking down self-set beliefs and behaviours as well as looking at what life and death really mean. This book at times is a heavy read but also fascinating and you can see a lot of work and research has gone into it. The final words of the book are: -

Look after your teeth and look after your feet you'll need them both and always, always guard your tongue, it's the rudder that steers your course through life - I think that is the way I am going to live my life now and everything else can take care of itself.



#### **4.0 out of 5 stars An amazing book**

30 December 2019

I have never read such a book before. So thought provoking especially as one gets on in life. What is the purpose of life?-only to produce more life? Where is one's soul? Are all gods the same? I suggest you read this book to find the answers to life's questions.



[4.0 out of 5 stars](#) **Provocative vignettes that scaffold internal and external dialogue**

1 February 2020

Verified Purchase

Topics challenged me to analyse and debate my core beliefs and values.



Amazon Customer

[5.0 out of 5 stars](#) **A unique book that rewards the reader**

Reviewed in the United Kingdom on 16 July 2020

Verified Purchase

I would say that any author who is brave enough to attempt to define the meaning and purpose of life for us and define what love really is, deserves to be read and this book is well worth the effort to read - it doesn't just give you answers on a plate, it's thought provoking and combines the philosophical with the practical life experience of the author.

The introduction is long but get into the chapters and its very rewarding!



[5.0 out of 5 stars](#) **Entertaining, thought provoking & insightful**

Reviewed in the United Kingdom on 18 August 2020

This came to me as a present, and perhaps it was meant as a subtle message. It is not my preferred type of reading and I can't pretend I agree with all the author says, but I can see the wealth of experience within the pages and it is a good book that can help many who are looking for direction, guidance and development in their life. This book is quality and well worth the effort.



### **Independent bookshop sales and Social Media**

#### **By a Counsellor (MSc Psych).**

There is an honesty in this book which I found refreshing, of where we have possibly gone wrong in today's society, and I liked the subtle rebelliousness on today's political correctness. It is thought provoking, but not too heavy either, and I have often chuckled out loud at some of the humorous comments.

It has a completely fresh take on what makes us tick, how to be happy etc. Instead of addressing one basic topic of how we can improve our well-being, it explores a wide range of factors that can ultimately improve who we are, and how all these factors collectively impact on our happiness.

Another thing I liked about the book is its unpredictability - I couldn't gauge what would be discussed next. It continued to spark my curiosity and drew me back again and again to wanting to read more - so important in a book, and often the downfall of many writers.

Genuinely a good thought-provoking read, and an applaudable literary style.



Official Review: *Auspicious Thoughts, Propitious Mind*

by Christeeee » 31 Dec 2020, 15:20 [www.OnlineBookClub.org](http://www.OnlineBookClub.org)

In a world where peace seems elusive and negativity plagues a lot of us, *Auspicious Thoughts, Propitious Mind* by Richard Camden is an insightful work of nonfiction that can help us achieve maximum success by simplifying our thoughts. Maximum success, in this context, is not fast cars, mansions, and a fat bank account; it is peace of mind. The author presented, in 500 pages, so many ideas and words of wisdom that cut across religion, finance management, politics, and even exercising our bodies.

The author's primary message is that there is a God, and this God is the force for goodness in all of mankind. He summarized this in the quote: "In Omnibus Deum." The book, which is divided into seven parts, has messages in each part built upon this primary "fact." The author also presents good examples of everyday life, especially life in the UK, to help impress his points regarding life, religion, and spirituality. You should not read this piece in a rush. You must calmly analyse it and absorb it.

With 500 pages, there is a lot that this book contains that cannot be unpacked in even 1000 words. The author did a thorough job in compiling such complex thoughts about life in a relatively simplified manner. The author presented examples from history, the Bible, countries' relations with each other over the years. By using these examples, his messages were understandable and relatable. I must confess that it took me a while to get into the feel of this book, but once I got into it, I started thinking about the author's messages all the time! My favourite part was Part Four that talked about important numbers. For example, Number Three is good because it stands for the Trinity: God the Father, the Son, and the Holy Spirit.

I learned so much from this book that I'm glad to recommend it to anyone who wants to learn more about life and improve their thoughts. I always knew that watching my thoughts is important because they shape my mind, which in turn shapes my life. But this book showed me a different perspective on positive thinking and "goodliness." A message that stuck with me was about God being a force for good, and every good in the world comes from that force. The editing team also did an exceptional job, as I did not find any errors, which is an incredible feat considering its 210,000 words.

My rating for *Auspicious Thoughts, Propitious Mind* is 3 out of 4 stars. I removed a star because, while I loved the author's overall message, I did not like his tendency to make the sentences too wordy; this made me often lose sight of the point, and I had to reread many sentences to understand them. This problem affected my reading flow significantly. I suggest this piece to open-minded people that love to think critically about life and spirituality. You don't have to agree with all of the author's opinions.

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*Auspicious Thoughts, Propitious Mind*

View: [on Bookshelves](#)

